Chart 3. How to manage a choking infant



- Lay the infant on your arm or thigh in a head-down position.
- Give five blows to the middle of the infant's back with the heel of the hand.
- If obstruction persists, turn the infant over and give five chest thrusts with two fingers on the lower half of the sternum.



Chest thrusts

- If obstruction persists, check infant's mouth for any obstruction that can be removed.
- If necessary, repeat sequence with back slaps.