

Chart 5. How to give oxygen

Give oxygen through nasal prongs or a nasal catheter.

■ NASAL PRONGS

- ▶ Place the prongs just inside the nostrils and secure with tape.



■ NASAL CATHETER

- ▶ Use an 8 French gauge size tube
- ▶ Measure the distance from the side of the nostril to the inner eyebrow margin with the catheter.
- ▶ Insert the catheter as shown in the diagram.
- ▶ Secure with tape.



Start oxygen flow at 1–2 litres/min to aim for an oxygen saturation > 90% (see section 10.7, p. 312).