Hematopoietic stem cell trafficking

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Abstract

Hematopoiesis is sustained by a renewable pool of stem cells that interacts with distinct, sequential and specific microenvironments during normal development and throughout adult life. Hematopoietic stem cells (HSCs) are unique in their ability to migrate to various sites, ensuring the safety and integrity of their regenerative potential. This review is focused on the guidance cues and molecular pathways regulating HSC trafficking throughout the lifetime of the organism. We examine and discuss recent findings that shed new light into the molecular connections that feed a complex network between stem cells and their microenvironment, implicating parallel mechanisms for non-hematopoietic stem cells.

Hematopoietic stem cell (HSC) migration throughout life is believed to be central to hematopoiesis under homeostasis. Blood circulation enables regulated trafficking of HSCs from specific embryonic and extra-embryonic sites to the fetal liver, ending their developmental journey in the bone marrow (BM) where most of the definitive

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lifelong hematopoiesis is maintained (Orkin and Zon, 2008). However, HSCs continue to traffic throughout postnatal life for reasons that are not yet clear. Circulating HSCs can "home" to the bone marrow and lodge into specific microenvironments termed "niche" (French word for dog house), that allow their survival, self-renewal and regulated proliferation (Martinez-Agosto et al., 2007; Morrison and Spradling, 2008). Conversely, BM HSCs egress constitutively into the bloodstream by a reverse phenomenon. Clinical HSC transplantation exploits this natural phenomenon through the enforced release of stem cells (referred to as "mobilization") by cytokines, such as G-CSF, and/or chemotherapy to facilitate their collection in blood by leukapheresis. A simple intravenous infusion of HSCs/progeniors can reconstitute the BM hematopoietic reservoir after myeloablative therapy, significantly improving the clinical outcome of patients with a variety of diseases, especially in Oncology. Here, we review recent advances in our understanding of HSC trafficking during ontogeny and postnatal life. We suggest that mechanistic insight in HSC migration may serve as a template for other stem cells, particularly in cancer.

1. Trafficking of hematopoietic stem cells during embryogenesis and fetal development

"To win a race, the swiftness of a dart availed not without a timely start."

Jean de La Fontaine

1.1. HSC migration during the embryonic period

1. From the extraembryonic mesoderm to the embryo proper

The site of initial emergence of definitive HSCs among mammals has been controversial for over 30 years. Early erythroid, myeloid and lymphoid progenitor activity was found in the extraembryonic mesoderm of the yolk sac around embryonic day 7 (Moore and Metcalf, 1970; Palis et al., 1999; Samokhvalov et al., 2007). However, other studies provide convincing evidence that definitive HSCs originate, by E8.5, from an intraembryonic site near the aorta, named the para-aortic splanchnopleura (P-Sp) which becomes the aorta-gonad-mesonephros (AGM) region (Godin and Cumano, 2002). In addition, recent reports point to a third hematopoietic site, the allantoic mesoderm of the placenta, generating autonomously *in situ* a large pool of pluripotent HSCs in the mouse embryo between E8.5 and E9.5 (Alvarez-Silva et al., 2003; Gekas et al., 2005; Ottersbach and Dzierzak, 2005) Although most studies have focused on the mouse system, the zebrafish model shares some notable similarities (Orkin and Zon, 2008). For example, the site of initiation of definitive HSCs has been identified as a cluster of cells between the dorsal aorta and the posterior cardinal vein, anatomically homologous to the AGM region of mammals (Zhang and Rodaway, 2007). The zebrafish AGM HSCs migrate to the caudal hematopoietic tissue (CHT) that mirrors the functions of both fetal liver and placenta in mammals, providing transient niche to support definitive HSC expansion and differentiation. Later these HSCs continue their migration toward the kidney serving, like the mammalian BM, as the definitive site of hematopoiesis for the adult life (Murayama et al., 2006).

The development of a cardio-vascular network is probably as important for HSC trafficking as the invention of the wheel was for human travelling. In the mouse the first blood vessels are generated between embryonic days 6.5 to 9.5, a beating heart by E8.5, but a functional circulatory system is not achieved until E10, delaying the blood dispersal of HSCs into the embryo proper until E10.5 (Cumano et al., 2001; McGrath et al., 2003). Recent studies in heartbeat deficient $Ncx1^{-/-}$ embryos, which do not survive beyond E10.5 due to the absence of functional circulatory system becomes operative, definitive HSCs and myeloerythroid progenitors are capable to migrate from the embryonic hematopoietic sites through the circulation, starting their migratory journey by colonizing fetal liver at E10.5 (Mikkola and Orkin, 2006).

2. Trafficking mechanisms in the embryo

Little is known, however, about the molecular mechanisms mediating HSC/progenitor trafficking during embryonic hematopoiesis. It appears that a microenvironment of mesenchymal origin already exists in the AGM, similar to that

of the fetal liver or BM, since early mesodermal precursors have been isolated in the embryonic dorsal aorta (Mendes et al., 2005; Minasi et al., 2002). The placental vessels may also provide a unique environment, as a vascular niche enriched in growth factors and cytokines, where HSCs may expand and differentiate prior to seeding the fetal liver (Rhodes et al., 2008). Previous studies have found that the integrin α 2b (GPIIb, CD41) marks HSCs in the embryo (Corbel and Salaun, 2002). The $\alpha 2b\beta 3$ integrin heterodimer is a major receptor of fibrinogen on platelets. It role on HSCs is not clear since it appears to be dispensable for embryonic HSC adhesion, migration and proliferation; indeed, no overt developmental hematopoietic defects was noted in β 3-deficient mice, which lack both α 2b β 3 and α V β 3 (Hodivala-Dilke et al., 1999). A possible role for VE-cadherin, an endothelial adhesion molecule, is also suggested by its expression on FLK1+ cells that contain definitive hematopoietic potential (Fraser et al., 2002). VE-cadherin is downregulated when HSCs transit from embryonic sites to the fetal liver. Its downregulation does not appear to require contact with fetal liver cells, but may depend on the developmental stage (Taoudi et al., 2005). The emergence of the circulation empowers HSCs to traffic among the embryonic sites and also colonize the fetal liver (see Figure 1). However, none of the knockout animals deficient in a single molecule mediating adhesion events of HSCs/progenitors under flow during fetal or adult life (e.g. selectins and α 4 integrins, see below) has obvious deficits in fetal liver colonization, suggesting redundancy of adhesion mechanisms mediating embryonic HSC migration (Arroyo et al., 1999). Consistent with this possibility, HSCs deficient in all β 1 integrins exhibit profound, cell autonomous defects in the colonization of the liver and spleen but no hematopoietic defect in the yolk sac and AGM (Potocnik et al., 2000). β 1 integrin forms 12 distinct heterodimers with α 1–11 and α V, but only three β 1 integrins (α 4 β 1, α 5 β 1 and α 6 β 1) are highly expressed on HSCs. The critical role of these integrins for cell migration on extracellular matrix, combined with the normal emergence of HSC activity in the yolk sac and AGM regions despite their absence, suggest that HSCs may be independently generated in these embryonic sites. This possibility is supported by recent studies in embryos that have no functional circulation (Rhodes et al., 2008).

1.2. HSC migration during the fetal period

1. From the fetal liver to the bone marrow

In the course of ontogeny, the switch between sites of hematopoiesis is mediated by the migration of HSCs via the bloodstream. The liver, the primary fetal hematopoietic site, does not generate HSCs *in situ* but serves as a remarkable organ for expansion of HSCs that have migrated from embryonic sites (Johnson and Moore, 1975). In parallel, during the third week of mouse gestation, mesenchymal progenitor cells that have the capacity to differentiate into cells of osteogenic, adipogenic and chondrogenic lineages, establish a unique microenvironment ideally suited for the colonization of the BM by HSCs from E17.5 (Mendes et al., 2005). Shortly before birth, functional HSCs exit the fetal liver to migrate into the BM, when its environment is able to support their engraftment and self-renewal.

2. Trafficking mechanisms in the fetus

The microenvironmental cues involved in the shift of hematopoietic sites are not well understood. Among the possible regulatory factors derived from the microenvironment, stromal-derived factor-1 (SDF-1), more recently called CXCL12, and its cognate receptor CXCR4, have emerged as a master regulatory pathway of both HSC migration and retention in the bone marrow, during ontogeny and adult life (McGrath et al., 1999). Indeed, myeloid progenitors are reduced in the BM and fetal liver of mice deficient in CXCR4 (Ma et al., 1998). Similar defects were observed in the BM of CXCL12-deficient mice (Nagasawa et al., 1996), suggesting that the CXCL12/CXCR4 axis is critical for fetal hematopoiesis. CXCL12 is expressed broadly during development and after birth, raising interesting questions about why it appears to be so specifically important for homing to fetal and adult hematopoietic sites. However, *in situ* hybridization studies of CXCL12 have revealed expression levels in the fetal liver and bone marrow that are concordant with the recruitment waves in these organs (McGrath et al., 1999). In parallel, the CXCR4-dependent migratory capacity of progenitors also seems to follow a developmental switch (Aiuti et al., 1999).

Fetal HSCs express high levels of c-kit on their surface and its ligand stem cell factor (SCF) is expressed in zones associated with migratory pathways of HSCs (Matsui et al., 1990). SCF exerts both chemokinetic and chemotactic activites on HSCs/progenitors (Kim and Broxmeyer, 1998; Okumura et al., 1996). In addition, it has been suggested that the chemotactic response to SCF is higher for fetal liver HSCs than adult BM HSCs, and that CXCL12 and SCF have synergistic effects on fetal liver HSC migration (Christensen et al., 2004).

The integrins are the only family of adhesion molecules shown to be necessary for fetal hematopoiesis. As mentioned, $\alpha 4$ and $\beta 1$ integrin expression is required for the colonization of the fetal liver and, consequently, of the fetal bone marrow. It is likely that the defect in the fetal BM originates from the impaired trafficking since conditional ablation of $\beta 1$ integrins in adult HSCs abrogated the reconstitution of adult spleen and bone marrow (Potocnik et al.,



2000). Recent results implicate $\alpha 6$ integrin as a BM homing receptor for fetal liver progenitors, but not HSCs, whereas $\alpha 4$ integins displays a critical role in the migration of long-term repopulating HSCs in the adult BM (Qian et al., 2007).

2. Post-natal HSC migration to bone marrow

The ability of HSC/progenitor to migrate continuously to the bone marrow was demonstrated decades ago in experiments in which shielding of the spleen allowed mice to recover from a lethal dose of irradiation (Jacobson et al., 1949). These studies and others in the following decade (Barnes et al., 1956; Lorenz et al., 1951) clearly demonstrated that splenic HSCs could spontaneously "home" to and repopulate the bone marrow, and paved the way toward the clinical use of bone marrow transplantation (Thomas, 1995). Although the word "homing" has been used relatively loosely in the literature, it should refer to the initial interactions and migration of HSC/progenitors to the organ. "Lodgement" has often been used interchangeably with "homing", but it implies a more definitive settling of stem cells in their niche. "Engraftment" refers to the ability of HSCs to proliferate, self-renew and give rise to multilineage progeny. HSC migration is a complex process involving a cascade of molecular events that are regulated centrally by the nervous system and enabled by the vasculature that permeates the bone marrow (see Plate 1). Each of the key steps has obvious consequences for successful clinical stem cell transplantation procedures. We will review below some of the mechanisms.

2.1. Initial interactions: homing

The extravasation of circulating HSCs within the BM requires a set of molecular interactions that mediates the recognition of circulating HSCs by the endothelium of BM sinusoids. Early work by Tavassoli and colleagues suggested that membrane lectin-carbohydrate interactions, notably involving galactosyl specificities, were involved between circulating HSCs and endothelium (Tavassoli and Hardy, 1990). Integrins (e.g. $\alpha 4\beta 1$) were then found to mediate the attachment of lymphoid progenitors to BM stromal cells (Miyake et al., 1991). Papayannopoulou developed a seminal progenitor homing assay in adult mice and showed in 1995 that homing was significantly reduced (\sim 50%) by the inhibition of α 4 integrins or VCAM-1 function (Papayannopoulou et al., 1995; see Figure 2). The possible roles for lectins re-emerged when selectins were shown to be critical for the recruitment of mature leukocytes to inflamed sites (Frenette et al., 1996; Labow et al., 1994). Indeed, in the absence of both endothelial selectins, E- and P-selectins, progenitor homing was compromised, particularly when VCAM-1 function was simultaneously inactivated (Frenette et al., 1998). Intravital microscopy of adult bone marrow vasculature was developed at the same time, showing that $\alpha 4\beta 1/VCAM$ -1 and endothelial selectins contribute to the initial rolling interactions of progenitors on BM endothelium whereas $\alpha 4\beta 1/VCAM$ -1 is also involved in the arrest of progenitor cells (Mazo et al., 1998). These studies revealed similarities between the multistep paradigm described for leukocytes and that of progenitors in that both roll on selectins prior to arrest on integrins and their immunoglobulin superfamily counter-receptors. However, further studies have revealed notable differences. For example, E-selectin closely collaborates with P-selectin in neutrophil recruitment to inflamed sites, whereas E-selectin cooperates with $\alpha 4$ integrins in the homing of long-term repopulating stem cells (Katayama et al., 2003). The critical role of E-selectin ligands and α 4 integrins in HSC homing is consistent with the constitutive expression of their counter-receptors, VCAM-1 and E-selectin, on bone marrow endothelium (Schweitzer et al., 1996). Interestingly, recent studies using advanced imaging technologies have revealed that E-selectin colocalized with CXCL12 into specific microdomains in bone marrow venules where cancerous and HSC/progenitor cells extravasate (Sipkins et al., 2005).

Analyses of selectin ligand expression and function have uncovered developmental regulation of key glycosylation enzymes that synthesize selectin ligands. For example, analyses of human CD34+ cell behavior by intravital microscopy have revealed reduced selectin mediated rolling of neonate (cord blood)-derived CD34+ progenitors compared to adult CD34+ cells obtained from the BM or peripheral blood after G-CSF stimulation (Hidalgo et al., 2002). This deficiency is due to reduced fucosyltransferase activity in neonatal CD34+ cells (Hidalgo and Frenette, 2005; Xia et al., 2004). Although enforced fucosylation can clearly enhance progenitor homing, whether this translates in improved engraftment is controversial, with one study providing positive results (Xia et al., 2004) and one negative study (Hidalgo and Frenette, 2005). The difference may be due to the variability of NOD/SCID mouse engraftment by human SCID-repopulating cells, or alternatively to the possible toxicity of Mn^{2+} exposure during the fucosylation protocol (Sackstein et al., 2008). Enforced fucosylation using a Mn^{2+} -free protocol endowed mesenchymal progenior cells with BM homing ability by converting CD44 into a bona fide E-selectin ligand (Sackstein et al., 2008). CD44 is widely expressed in various tissues but is unable to bind to E-selectin unless properly fucosylated. CD44 expressed on HSC/progenitor cells (Dimitroff et al., 2001) and mature myeloid cells (Katayama et al., 2005), is able to bind to E-selectin. CD44 may also contribute to progenitor homing by interacting with hyaluronic acid (Avigdor et al., 2004; Vermeulen et al., 1998). In addition to collaborating with E-selectin, α 4 integrins synergize with β 2 integrins during



by endothelial cells of the bone marrow. P-selectin glycoprotein ligand-1 (PSGL-1) has been shown to be the major selectin ligand on HSCs but other ligands, such as CD44, contribute. HSC express high levels Plate 1. Main events of the journey of HSCs into the bone marrow during the adult life. Representative illustration of the events related to the hematopoietic trafficking occurring during the adulthood. HSCs circulate in the peripheral blood and enter into the bone marrow parenchyma through sinusoids and collecting venules via a cascade of molecular events commonly referred to as "homing" (Click on Box 1). After transmigration, HSCs/progenitors migrate through the extracellular matrix and the stromal elements to settle in specific niches near the vasculature and the endosteum (Click on Box 2). HSC/progenitors continuously egress into the blood stream in a circadian manner orchestrated by the sympathetic nervous system that regulates rhythmic fluctuation of CXCL12 expression in the bone marrow (Click on Box 3). Box 1. Molecular basis of HSC/progenitor homing to bone marrow. A. HSCs are captured by and roll on E-selectin, P-selectins and Vascular cell adhesion molecule-1 (VCAM-1) which are constitutively expressed of a4B1 and also some a4B7, both which can mediate rolling on VCAM-1. B. Rolling interactions allow HSC to sample the chemokine CXCL12 presented in microdomains on the endothelial surface. CXCL12 can activate HSC through the G-protein coupled receptor CXCR4, leading to high affinity integrin-mediated arrest. C. Various adhesion molecules likely contribute to transendothelial and parenchymal migration. including $\alpha 6\beta1$ (laminin receptor), $\alpha 5\beta1$ (fibronectin recptor), CD99, CD31 and CD44 (as a hyaluronan receptor). CXCL12 may translocate from the endothelial cells to the parenchyma, affecting the migration of HSCs throughout BM. FLt3 may collaborate with CXCL12 to enhance migration of HSCs through the bone marrow matrix. Box 2. Lodgement and retention of HSCs in the bone marrow niches. Within the bone marrow, HSCs are attracted to CXCL12 rich regions near blood vessels and the endosteum where they lodge into niches that maintain their self-renewal and regenerative potential. To retain HSCs, the niches expression cell adhesion molecules (e.g., VCAM-1), matrix proteins (e.g. osteopontin) and grown factors (e.g., stem cell factor; angiopotein-1), and chemokine (e.g., CXCL12) that regulate stem cell quiescence and attraction to the niche. The CXCL12/CXCR4 axis is under the control of a noradrenergic signals (NE) originating from sympathetic nerves modulating the synthesis of CXCL12 by stromal cells via the adrenergic receptor. Box 3. Circadian release of HSCs in the peripheral circulation. HSCs follow a physiologically regulated rhythmic release. Circadian HSC trafficking is orchestrated in central nervous system following inputs of light patterns that are processed in the suprachiasmatic nucleus (SCN), and entrained by the expression of core genes of the molecular clock. These signals are transmitted locally to bone marrow niches by rhythmic secretion of noradrenaline from nerve terminals that regulate HSC attraction through activation of the β 3-adrenergic receptor (Adr β_3), degradation of Sp1, and downregulation of Cxcl12 transcription

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Figure 2. Molecular basis of HSC/progenitor homing to bone marrow. A. HSCs are captured by and roll on E-selectin, P-selectins and Vascular cell adhesion molecule-1 (VCAM-1) which are constitutively expressed by endothelial cells of the bone marrow. P-selectin glycoprotein ligand-1 (PSGL-1) has been shown to be the major selectin ligand on HSCs but other ligands, such as CD44, contribute. HSC express high levels of $\alpha 4\beta 1$ and also some $\alpha 4\beta 7$, both which can mediate rolling on VCAM-1. **B.** Rolling interactions allow HSC to sample the chemokine CXCL12 presented in microdomains on the endothelial surface. CXCL12 can activate HSC through the G-protein coupled receptor CXCR4, leading to high affinity integrin-mediated arrest. **C.** Various adhesion molecules likely contribute to transendothelial and parenchymal migration, including $\alpha 6\beta 1$ (laminin receptor), $\alpha 5\beta 1$ (fibronectin receptor), CD99, CD31 and CD44 (as a hyaluronan receptor). CXCL12 may translocate from the endothelial cells to the parenchyma, affecting the migration of HSCs throughout BM. FLt3 may collaborate with CXCL12 to enhance migration of HSCs through the bone marrow matrix.

the initial endothelial capture of HSCs to the BM (Papayannopoulou et al., 2001). Further studies into the receptors have revealed that both α 4 integrins, α 4 β 1 and α 4 β 7, are expressed on HSCs and contribute equally to progenitor homing (Katayama et al., 2004). A recent study also suggests that α 4 integrins can act synergistically *in vivo* with α 6 integrins as HSCs homing receptors (Qian et al., 2006). Since α 6 integrins are laminin receptors, it is likely that they participate at later steps of the homing cascade, during or after transmigration (see Figure 2).

The coordinated action of these adhesion molecules is triggered by the chemokine CXCL12 presented at the surface of endothelial cells. Blockade of its receptor, CXCR4, was shown to inhibit human CD34+CD38- immature human progenitor homing and engraftment in NOD/SCID mice (Peled et al., 1999). CXCL12 mediates activation of $\alpha L\beta 2$ (Lymphocyte function-associated antigen-1, LFA-1 or CD11a/CD18), $\alpha 4$ and $\alpha 5\beta 1$ (VLA-5 or CD49e/CD29) integrins, converting the rolling of CD34+ cells into stable arrest on the endothelium (Peled et al., 2000). Downstream

signals from CXCR4 involve the activation of PI-PLC and PI3K, that activate PKC- ζ which in turn, will induce Pyk2 and ERK activation, leading to adhesion and chemotaxis of progenitors (Bonig et al., 2004; Petit et al., 2005). In addition, the CXCL12/CXCR4 axis crosstalks with other pathways that may enhance the migration of HSCs. For example, the combination of Flt3 and CXCL12 acts synergistically in the migration of CD34+ cells. In contrast, prolonged exposure to Flt3 may down-regulate CXCR4 expression and impair the migration of CD34+ cells toward CXCL12 (Fukuda et al., 2005). Following firm adhesion, CXCL12 induces an integrin-dependent transmigration of progenitors across the endothelial lining, a phenomenon referred to as diapedesis. Adhesion molecules, such as platelet-endothelial cell adhesion molecule-1 (CD31/PCAM-1; Yong et al., 1998) and CD99 (Imbert et al., 2006), expressed on HSCs, may be involved in diapedesis in response to CXCL12. Although the site of transmigration has never been documented, it is possible that HSCs may use endothelial fenestration to enter the bone marrow parenchyma. Such transcellular migration has been described for the egress of mature blood cells from the marrow (Chamberlain and Lichtman, 1978).

2.2. Mechanisms of lodgement and retention in the stem cell niche

1. Lodgement in bone marrow niches

Once crossed the endothelial sinusoids, HSCs migrate through the ECM within the BM parenchyma to lodge in a suitable location for survival, proliferation and differentiation. Given the inherent difficulties in tracking HSC/progenitor in the BM microenvironment, little is known about the mechanism of migration in the parenchyma. One study addressed this issue by evaluating the differential engraftment of human CD34+CD38- stem cells injected either directly in the marrow or intravenously, and found that the CXCR4 receptor was necessary for SCID-repopulating cell engraftment even when the homing step was bypassed by intra-marrow injection (Yahata et al., 2003). The precise spatial localization of HSCs is controversial (Kiel and Morrison, 2008; also see Figure 3). Serial sections of fluorescently labelled lineage negative cells have indicated that progenitors tend to localize near the endosteum (Nilsson et al., 2001). This observation was consistent with earlier studies suggesting that CFU-S lodged predominantly in the endosteal region of femoral bones (Gong, 1978; Lord et al., 1975). More recent studies using BrdU labelling have suggested that label-retaining slow-cycling stem cells were localized near spindle-shaped N-cadherin expressing osteoblasts, and that an increase in the osteoblast (OB) activity, such as the conditional inactivation of BmprIa or the administration of parathyroid hormone (PTH), could increase the number of HSCs in bone marrow (Calvi et al., 2003; Zhang et al., 2003). PTH has been reported to increase the expression of CXCL12 by osteoblasts, which may retain HSCs in their endosteal niches (Jung et al., 2006). HSC may sense extracellular calcium-ion concentration through the calcium receptor (CaR), whose expression is important for localization in the endosteum (Adams et al., 2006). Other studies suggest that the transmembrane form of stem cell factor (tm-SCF) plays an important role in the lodgement into the endosteal niche (Driessen et al., 2003). A role for OB activity in the regulation of HSC behavior is further supported by the fact that cultured OBs can expand the number of HSCs in vitro and in vivo (El-Badri et al., 1998; Taichman et al., 1996), and by the specific ablation of OBs through a suicide gene strategy which dramatically affects BM hematopoiesis (Visnjic et al., 2004). OBs secrete angiopoietin-1 which can induce HSC quiescence through its receptor Tie2 (Arai et al., 2004), thus providing a molecular explanation for the relative quiescence in the OB niche. However, BrdU retention as a stem cell marker and the role of N-cadherin are controversial (Kiel et al., 2007; Kiel et al., 2007). Recent follow-up studies suggest that the levels of N-cadherin may distinguish two HSC populations that are primed to migrate out of the niche (low expression levels) or be kept in "reserve" (intermediate levels; Haug et al., 2008). The role of OBs has been challenged with the analyses of mice lacking *biglycan* which are reported to have fewer OBs, but exhibit no changes in the number of stem cells (Kiel et al., 2007). It is possible that the difference between these studies may originate from the models and the stage of OB differentiation since HSCs are extremely rare and therefore must be associated with a small subset of OBs.

The identification of novel stem cell markers by SLAM expression (CD150+CD48- cells) has revealed that \sim 70% of CD150+CD48- HSCs were found near blood vessels (Kiel et al., 2005; also see Figure 3). Like OBs, previous studies have indicated that cultured endothelial cells support hematopoiesis and increase the repopulating ability of BM CD34+ cells in NOD/SCID mice (Chute et al., 2002; Davis et al., 1995; Li et al., 2004). Interaction with sinusoidal endothelium at the vascular niche has been suggested to induce hematopoietic cell expansion, differentiation *in vitro* and *in vivo* and egress of mature progenitors (Kopp et al., 2005). For example, the growth factor thrombopoietin (TPO) is known to stimulate the early development of hematopoietic lineage and megakaryopoiesis (Kaushansky, 1995). Targeting this gene or the gene coding for its receptor (*c-mpl*) induces thrombocytopenia (Gurney et al., 1994). CXCL12 and FGF-4 can restore thrombopoiesis in TPO- or c-mpl-deficient mice by stimulation of VE-Cadherin-, VLA-4/VCAM-1-mediated localization of CXCR4+ megakaryocyte progenitors to the vascular niche (Avecilla et al., 2004). Additional studies have demonstrated that the tyrosine kinase Tie2 receptor expressed on endothelium and on hematopoietic cells is implicated in the assembly and remodelling of BM neovessels after myelosuppression. Inhibition



Figure 3. Lodgement and retention of HSCs in the bone marrow niches (= box 3). Within the bone marrow, HSCs are attracted to CXCL12 rich regions near blood vessels and the endosteum where they lodge into niches that maintain their self-renewal and regenerative potential. To retain HSCs, the niches expression cell adhesion molecules (e.g. VCAM-1), matrix proteins (e.g. osteopontin) and grown factors (e.g. stem cell factor, angiopoietin-1), and chemokine (e.g. CXCL12) that regulate stem cell quiescence and attraction to the niche. The CXCL12/CXCR4 axis is under the control of a noradrenergic signals (NE) originating from sympathetic nerves modulating the synthesis of CXCL12 by stromal cells via the adrenergic receptor.

of Tie2 impairs neoangiogenesis, leading to a delay in hematopoietic recovery. Conversely, Angiopoietin-1 stimulates hematopoiesis in TPO-deficient mice (Kopp et al., 2005). The vascular niche could thus be viewed as a dynamic scaffold that allows rapid hematopoietic cell production. Active proliferation of progenitors around the vascular niche has led to the suggestion that HSCs localized near blood vessels might be proliferative whereas HSC in the endosteum are quiescent. Although progenitors are clearly proliferating near the vasculature, there is currently no experimental evidence supporting the notion that vessel-associated HSCs are less quiescent than those located near the endosteum.

2. Factors contributing to HSC retention and quiescence

Following the lodgement into a suitable niche, HSCs may undergo a series of symmetrical division to expand their numbers, but then HSC must transition from active cycling to quiescence while maintaining a delicate balance between self-renewal and lineage commitment. The matrix product of osteoblasts osteopontin (Opn), which can interact with CD44 and β 1 integrins on HSCs, has been suggested to regulate negatively the proliferation and differentiation of HSCs in the niche. *Opn*^{-/-} mice exhibit markedly enhanced cycling of HSCs (Nilsson et al., 2005; Stier et al.,

2005). The receptor tyrosine kinase Tie2 expressed on HSCs interacts with its ligand angiopoietin-1 expressed by OBs. This interaction maintains long-term repopulating activity of HSCs *in vivo*, inducing HSCs quiescence and adhesion to the niche (Arai et al., 2004). Similarly, adhesive contacts through N-cadherin or c-kit/SCF interactions may also hold HSCs anchored to the endosteal niche, promoting their quiescence (Arai et al., 2004; Driessen et al., 2003; Haylock and Nilsson, 2005). A recent study suggests that CXCR4/CXCL12 signaling is critical for HSC quiescence under homeostasis (Nie et al., 2008). Upon ablation of c-Myc, a cell intrinsic regulator of quiescence, HSCs remained quiescent, undifferentiated and anchored to the niche as adhesion molecule expression increased on their surface. Conversely, enforced c-Myc expression in HSCs downregulates N-cadherin and integrins, leading of a loss of self-renewal at the expense of differentiation (Wilson et al., 2004).

The role for $\alpha 4$ integrins ($\alpha 4$ is encoded by *Itga4*) and their ligand VCAM-1 in HSC retention was evaluated with mice conditionally deficient in either *Itga4* or *Vcam1*. *Itga4*-deficiency induced by Mx.*cre* deletion rapidly increased the number of circulating progenitors in blood suggesting a role in BM retention (Scott et al., 2003). Similar results were noted in mice in which *Vcam1* was deleted by *Tie2*-driven cre transgene (Ulyanova et al., 2005). Downstream signals from the Rho GTPases Rac1 and Rac2, regulating actin assembly and motility, are critical in HSC retention as their levels are increased in the circulation in deficient animals (Cancelas et al., 2005). In these models, however, it is difficult to distinguish the contributions of each molecule in the retention versus homing to the bone marrow since HSCs continually recirculate in blood (see below). Other integrins may also participate in retention. For example, $\alpha M\beta 2$ which is expressed on progenitors and activated HSCs (Morrison et al., 1997), appears to retain progenitors in situations where the egress is enforced (Hidalgo et al., 2004).

Among the factors that contribute to HSC retention in their niches, CXCL12 has emerged has a critical regulator. Although previous studies have indicated that OBs and endothelial cells synthesize CXCL12, studies using Cxcl12 gene knockin have indicated that the stromal cells expressing the highest levels of CXCL12 are reticular cells (Tokoyoda et al., 2004). These CXCL12-abundant reticular (CAR) cells are scattered throughout the bone marrow and surrounds sinusoidal endothelial cells (Sugiyama et al., 2006). Recently, CD146+ human stromal progenitors were identified and defined as generating adventitial reticular cells and osteoblast progenitors and then are capable to establish a unique hematopoietic microenvironment in vivo (Sacchetti et al., 2007). In the absence of the CXCL12 receptor CXCR4, progenitors are released prematurely in the blood of adult mice (Foudi et al., 2006; Ma et al., 1999). Desensitization of the receptor using a N-terminal methionine analog of CXCL12 increased the number of circulating Lineage- Thy-1^{low} Sca-1+ c-kit+ cells in blood (Shen et al., 2001). Under hypoxic microenvironment, CXCL12 can be regulated by hypoxia inducible factor-1 (HIF-1; Ceradini et al., 2004). HSC have been suggested to localize in relatively hypoxic areas (Parmar et al., 2007). However, the location of CAR cells near blood vessels (an area presumably adequately oxygenated), suggests that HIF-1 may play a more prominent role in pathological situation, and that other transcription factors may regulate physiological CXCL12 expression. Notably, the Cxcl12 promoter has several highly conserved Sp binding sites (Garcia-Moruja et al., 2005). Recent studies indeed suggest that circadian degradation of the transcription factor Sp1 is under the control of β 3-adrenergic signalling which regulates CXCL12 expression (Mendez-Ferrer et al., 2008). A reduction of CXCL12 expression within the BM microenvironment has been associated with virtually all methods of HSC mobilization that are discussed in the next section.

3. Egress of bone marrow HSCs to the periphery

The constitutive presence of HSCs in the circulation, or egress from sites of hematopoiesis, was inferred several decades ago through studies of parabiotic mice (partners that share the blood circulation) in which the lethally irradiated partner could survive a lethal dose of irradiation (Brecher and Cronkite, 1951; Warren et al., 1960). The detection of progenitor cell activity was further substantiated with the development of assays in secondary recipient or directly in culture (Goodman and Hodgson, 1962; McCredie et al., 1971). It was soon noted that circulating progenitors were significantly mobilized into the bloodstream from chemotherapy (Richman et al., 1976). This observation, combined with the development of leukopheresis techniques, propagated the use of peripheral blood stem cells for transplantation. During the analyses of recombinant hematopoietic cytokines to support hematopoiesis during cancer therapy, it was noted that granulocyte colony-stimulating factor (G-CSF) increased significantly the number of progenitors in the circulation (Duhrsen et al., 1988). The potential of G-CSF to elicit circulating stem cells for transplantation was demonstrated in the early 1990's (Molineux et al., 1990), and soon adopted as the most powerful and safe stem cell mobilizer in the clinic. However, in a significant subset of patients, particularly those that have previously received cytotoxic or radiation therapy, HSCs recovery from the blood may not be sufficient for autologous transplantation. This underscores the importance of understanding the natural mechanisms of HSC egress and the pathways implicated in the therapeutic mobilization of HSCs to the circulation.

3.1. Physiological HSC egress into the bloodstream

The presence of circulating HSCs in blood under homeostasis suggests a turnover in BM niches. Decades old parabiotic techniques were elegantly resurrected with modern HSC markers to assess this issue (Wright et al., 2001). These studies revealed that following 7 weeks of parabiosis, $\sim 5-10\%$ of HSCs are derived from the partner. That and the fact that isolated HSCs injected in wild-type recipients are cleared very rapidly from the circulation, suggested a high steady-state HSC trafficking in blood. However, it is possible that the ex vivo manipulation of HSCs may have accelerated their clearance and potentially overestimated the actual turnover. HSC release in the circulation follow a circadian pattern where blood HSCs reach a peak in mice 5h after the onset of light and then reach a nadir 5h after darkness (Mendez-Ferrer et al., 2008). Remarkably, blood HSCs fluctuate in antiphase with CXCL12 expression in the bone marrow environment, which is regulated at the mRNA level by rhythmic release of noradrenaline by nerve terminals of the sympathetic nervous system. Under physiological conditions, adrenergic signals, transduced specifically by the β 3 adrenoreceptor, play a major role in controlling *Cxcl12* expression in the bone marrow microenvironment by regulating the degradation of the transcription factor Sp1 in the nucleus of stromal cells (see Figure 4). Although the role of circulating HSC in physiology is unclear at the moment, the peak release during the murine resting period argues for a role in the regeneration of the niche. HSC have been recovered in peripheral tissues like muscles (McKinney-Freeman et al., 2002). HSCs also traffic in extramedullary sites such as the lymph, suggesting that they might contribute to immune cells in situ (Massberg et al., 2007). Further studies are needed to determine whether the natural rhythm of HSCs release might be exploited in humans to optimize the yield and facilitate HSC collection for transplantation.

3.2. Mechanisms of G-CSF-induced mobilization

G-CSF, the most commonly used agent in the clinical arena, can elicit robust mobilization in 5–10 days. Owing to its widespread use, mobilization by G-CSF has served as the prototype to obtain mechanistic insights into this phenomenon. Predictably, mice deficient in the G-CSF receptor (encoded by Csf3r) are unresponsive to G-CSF treatment; $Csf3r^{-/-}$ HSCs can be mobilized by G-CSF in chimeric mice harboring mixtures of $Csf3r^{+/+}$ and $Csf3r^{-/-}$ hematopoietic cells. This suggests that expression of the CSF3R on HSCs is not required for G-CSF-mediated mobilization and support a model in which CSF3R-dependent signals act in trans (Liu et al., 2000). Subsequent studies have suggested that metallo- and/or serine proteases may represent the soluble "signal" released in G-CSF mobilization. Indeed, G-CSF induces the activation of various proteases, most notably neutrophil elastase and cathepsin G, which were shown to cleave VCAM-1 in the BM microenvironment (Levesque et al., 2001). Further studies revealed that CXCL12 and CXCR4 were also targeted by BM proteolytic activity (Levesque et al., 2003; Petit et al., 2002; Semerad et al., 2002), and an elastase inhibitor blocked G-CSF mobilization (Petit et al., 2002). The release of membrane bound SCF through metalloproteinase-9 (MMP-9) activity was proposed to contribute to G-CSF mobilization since it was inhibited in $Mmp9^{-7-}$ mice (Heissig et al., 2002). Others studies, however, have found no defect in G-CSF-induced mobilization in $Mmp^{9^{-/-}}$ mice (Papayannopoulou et al., 2003; Pelus et al., 2004). Another class of protease, dipeptidylpeptidase IV (CD26), expressed on a subset of HSCs and capable of cleaving the functional N-terminal segment of CXCL12, was also proposed to mediate CXCL12 inactivation and mobilization (Christopherson et al., 2003). In parallel, concentrations of Serpin1 and Serpin3 in the BM dramatically drop following G-CSF administration, shifting the balance between proteases and their inhibitors (Winkler et al., 2005). However, G-CSF-induced mobilization was normal in mice lacking virtually all neutrophil serine protease activity (dipeptidase-I-deficient), even when combined with a broad metalloproteinase inhibitor, suggesting that other mechanisms must be involved (Levesque et al., 2004).

Recent studies using various pharmacologic and genetic models have revealed that signals emanating from the sympathetic nervous system are critical for G-CSF-induced mobilization (Katayama et al., 2006). Indeed, CXCL12 expression was dysregulated following G-CSF administration in mice that have severe abnormalities in nerve conduction (ceramide galactosyltransferase-deficient or $Cgt^{-/-}$). CXCL12 is stored in the bone matrix and its rapid downregulation by both translational and posttranslational mechanisms is critical for optimal egress of HSCs from the BM. Bone CXCL12 is not downregulated in $Cgt^{-/-}$ mice following G-CSF administration suggesting that it may act like a magnet retaining HSCs and progenitors in the BM microenvironment. The sympathetic branch of the nervous system plays an important role because its disruption significantly impaired the effect of G-CSF. Although the administration of a $\beta 2$ adrenergic agonist enhances mobilization induced by G-CSF, it is not sufficient to mobilize by itself, suggesting the contribution of other signals. As mentioned, adrenergic signalling through the $\beta 3$ receptor is sufficient to regulate Cxcl12 mRNA expression under physiological steady-state (Mendez-Ferrer et al., 2008). The involvement of the sympathetic nervous system in HSC mobilization is consistent with an emerging theme where stress signals can lead to HSC egress. G-CSF may modulate neural activity directly, as suggested by the expression



Figure 4. Circadian release of HSCs in the peripheral circulation (= box 2). HSCs follow a physiologically regulated rhythmic release. Circadian HSC trafficking is orchestrated in central nervous system following inputs of light patterns that are processed in the suprachiasmatic nucleus (SCN), and entrained by the expression of core genes of the molecular clock. These signals are transmitted locally to bone marrow niches by rhythmic secretion of noradrenaline from nerve terminals that regulate HSC attraction through activation of the β_3 -adrenergic receptor (Adr β 3), degradation of Sp1, and downregulation of *Cxcl12* transcription.

of CSF3R on neuron and the effect of G-CSF on neuronal survival (Schneider et al., 2005) and protects dopaminergic neurons in a model of Parkinson's disease (Meuer et al., 2006). However, studies in transplantation chimeras suggest that CSF3R expression on a transplantable hematopoietic cell is required for efficient G-CSF-induced mobilization (Liu et al., 2000). Components of innate immunity may participate in HSC/progenitor retention since mice deficient in C3 or C3a receptor are more sensitive to G-CSF mobilization (Ratajczak et al., 2004). The mechanisms by which G-CSF induces HSC trafficking are thus complex and may involve more than one cellular targets, which have not been clearly defined.

3.3. Mobilization induced by other molecules

Several other compounds or drugs have been shown to trigger HSC egress from the marrow. When known, the mechanisms point, either directly or indirectly, toward the disruption of CXCL12-CXCR4 function. Cytotoxic drugs like cyclophosphamide, the first class of molecules found to mobilize HSCs, also require intact CSF3R expression

(Liu et al., 1997) and lead to increased proteolytic activity and reduced CXCL12 levels in the BM microenvironment (Levesque et al., 2002). Several cytokines have been suggested to increase the number of circulating progenitors in blood, including IL-1, IL-3, IL-6, IL-7, IL-8, IL-11, IL-12, GM-CSF, SCF, Mip-1 α , and Gro β (reviewed in (Cottler-Fox et al., 2003)). Counter-intuitively, both an agonist (Pelus et al., 2005) and an antagonist of CXCR4 (AMD3100) can enhance mobilization when used in combination with G-CSF (Broxmeyer et al., 2005; Devine et al., 2004; Flomenberg et al., 2005; Liles et al., 2003). Increased plasma levels of CXCL12 can also mobilize human progenitors in NOD/SCID mice (Perez et al., 2004). Administration of negatively charged polymers, such as fucoidan, leads to rapid progenitor mobilization (Frenette and Weiss, 2000), likely through changes in membrane-bound CXCL12 (Sweeney et al., 2002). Anti-adhesion therapy against α 4 integrins was recently shown to enhance circulating progenitors in a clinical trial (Bonig et al., 2008). Based on pre-clinical studies, this effect would likely be enhanced by blocking β 2 integrins or both endothelial selectins (Katayama et al., 2003; Papayannopoulou et al., 2001). Thus blocking of homing pathways together with factors that promote egress would represent a powerful strategy to enhance mobilization.

Another strategy would be to modulate the number of functional HSC niches. For example, parathyroid hormone administration for 5 weeks to stimulate bone formation and increase the number of HSC niches, enhanced the number of G-CSF-mobilized HSCs/progenitors (Adams et al., 2007). More acutely, osteoclast activation resulting from a stress (e.g. severe bleed) has been suggested to mobilize progenitors (Kollet et al., 2006). Administration of the biphosphonate pamidronate, which blocks osteoclast-mediated bone destruction, unexpectedly enhances G-CSF-induced HSC mobilization (Takamatsu et al., 1998). It will be interesting to evaluate the role of $\beta 2/\beta 3$ agonists in clinical trials in patients predicted to mobilize HSCs poorly (Katayama et al., 2006; Mendez-Ferrer et al., 2008).

4. Perspectives

HSCs integrate many signals that determine their trafficking, localization and subsequently their function. Under homeostasis, these signals involve the regulation of adhesive interactions, expression of matrix-degrading enzymes, cytoskeletal rearrangements, chemokinesis and chemotaxis, which are tightly regulated. It is not clear whether, and if so, how these different activities are interconnected to maintain a calibrated HSC movement. Recent studies suggest that these signals may work together in a complex network within which the CXCL12/CXCR4 chemotactic axis appears to play a prominent role. Further studies are needed to understand better the differential functions, if any, of the vascular and osteoblastic niches. In addition, little is known about the trafficking inside the bone marrow microenvironment, toward putative lineage-specific or possibly other stem cell niches. Evidence for specialized sous-niches already exits. For example, OB may also play an important role in lymphoid commitment (Katayama et al., 2006; Zhu et al., 2007) whereas the macrophage brings a nurturing environment forming erythroblast islands that provide a scaffold for enucleation (Bessis, 1958; Soni et al., 2006), and megakaryocyte differentiation takes place prominently near blood vessels (Kopp et al., 2005).

Considering the potential parallel between normal and cancer stem cells, it is possible that leukemic stem cells (LSC) settle in HSC niches, and usurp similar trafficking machinery (Ninomiya et al., 2007; Sipkins et al., 2005). G-CSF-mobilized purified HSC fractions are contaminated by leukemic cells, suggesting that they can egress via the same stimuli (Isidori et al., 2007). Mice deficient in the tumor suppressor Pten show an impaired lodgement and increased mobilization of HSCs and proliferation of leukemic stem cells, confirming a close relationship between intrinsic survival pathways and extrinsic cues from the niche (Zhang et al., 2006). A similar parallel may be operative for stem cells of solid tumors, as suggested by the fact that breast carcinoma and prostate cancer, which preferentially metastasize to the bone, use CXCR4/CXCL12 to migrate (Balkwill, 2004). The field of cancer biology may indeed benefit greatly from general advances in stem cell trafficking.

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