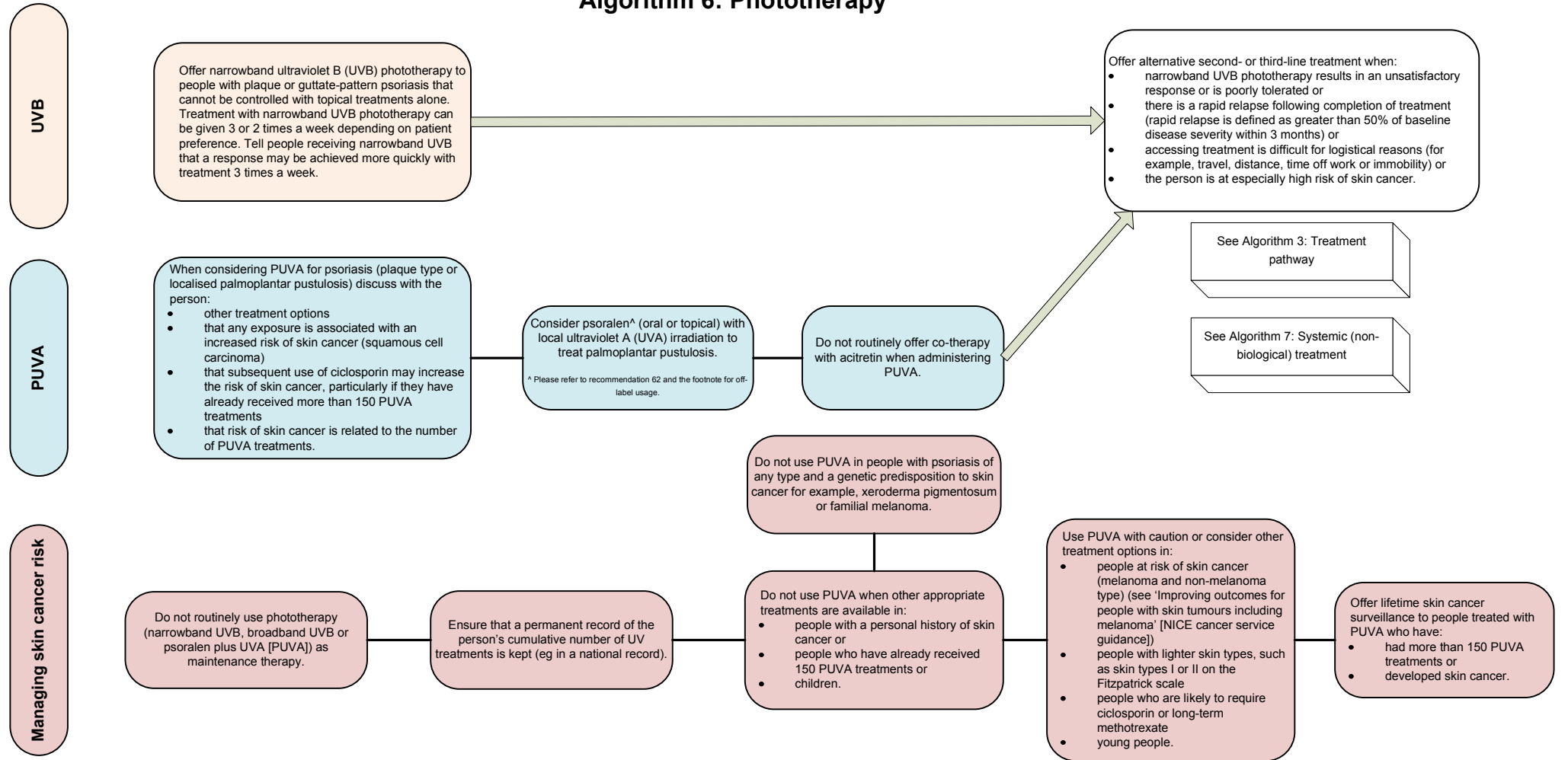


# Algorithm 6: Phototherapy



## General points

### Optimising efficacy

- Consider topical adjunctive therapy in people receiving phototherapy with broadband or narrowband UVB who:
- have plaques at sites that are resistant or show an inadequate response (eg the lower leg) to phototherapy alone, or at difficult-to-treat or high-need, covered sites (eg flexures and the scalp), and/or
  - do not wish to take systemic drugs or in whom systemic drugs are contraindicated.

### Optimising safety

Ensure that all phototherapy equipment is safety-checked and maintained in line with local and national policy.

Healthcare professionals who are giving phototherapy should be trained and competent in its use and should ensure an appropriate clinical governance framework is in place to promote adherence to the indications for and contraindications to treatment, dosimetry and national policy on safety standards for phototherapy.