

Table O.26: Behavioural therapy versus any control

Quality assessment							Summary of findings				
Participants (studies) Follow up	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Overall quality of evidence	Study event rates (%)		Relative effect (95% CI)	Anticipated absolute effects	
							With Any control	With Behavioural therapy		Risk with Any control	Risk difference with Behavioural therapy (95% CI)
Targeted behaviour that challenges (severity) – post-treatment (Better indicated by lower values)											
61 (1 study)	serious ¹	no serious inconsistency	no serious indirectness	very serious ²	undetected	⊕⊕⊕⊕ VERY LOW ^{1,2} due to risk of bias, imprecision	30	31	-		The mean targeted behaviour that challenges (severity) – post-treatment in the intervention groups was 0.47 standard deviations lower (0.98 lower to 0.04 higher)
Targeted behaviour that challenges (severity) – follow-up (Better indicated by lower values)											
63 (1 study) 78 weeks	serious ¹	no serious inconsistency	no serious indirectness	very serious ²	undetected	⊕⊕⊕⊕ VERY LOW ^{1,2} due to risk of bias, imprecision	30	33	-		The mean targeted behaviour that challenges (severity) – follow-up in the intervention groups was 0.33 standard deviations lower (0.85 lower to 0.19 higher)
¹ Crucial limitation for one criterion or some limitations for multiple criteria sufficient to lower ones confidence in the estimate of effect											
² Optimal information size not met; small, single study											