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Table 64: Back 2001<sup>37</sup>

| Study                                      | Back 2001 <sup>37</sup>  |
|--|--|
| Study type                                 | Non-randomised comparative study.  |
| Number of studies (number of participants) | One unit (n=191)   |
| Countries and setting                      | Conducted in United Kingdom; Setting: Palliative care unit.  |
| Line of therapy                            | Not applicable.  |
| Duration of study                          | Other: 11 months in the first period (using Hyoscine Hydrobromide and 9 months in the second (using Glycopyrrolate). |

| Method of assessment of guideline condition | Unclear method of assessment/diagnosis.   |
|---|---|
| Stratum                                     | Overall.  |
| Subgroup analysis within study              | Not applicable.   |
| Inclusion criteria                          | Dying people who developed noisy respiratory secretions.  |
| Exclusion criteria                          | Not explicitly stated.  |
| Age, gender and ethnicity                   | Age - Median (range): Hyoscine Hydrobromide: 71 (33 - 92); Glycopyrrolate: 71 (35 - 89). Gender (M:F): 105/97.<br>Ethnicity:  |
| Extra comments                              | Even though the inclusion criteria were not restricted to people with cancer, almost all participants had a diagnosis of cancer.  |
| Indirectness of population                  | No indirectness.  |
| Interventions                               | (n=129) Intervention 1: Anti-muscarinic - Hyoscine hydrobromide. 0.4 mg subcutaneous bolus, repeated after 30 minutes if noisy breathing persisted. Duration Until no longer clinically indicated or death. Concurrent medication/care: Not explicitly specified. |
|   | (n=75) Intervention 2: Anti-muscarinic - Glycopyrronium bromide. 0.2 mg subcutaneous bolus, repeated after 30 minutes if noisy breathing persisted. Duration Until no longer clinically indicated or death. Concurrent medication/care: Not explicitly specified. |
| Funding                                     | Other (It is described that there were no conflicts of interest).   |
|   |   |

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: HYOSCINE HYDROBROMIDE versus GLYCOPYRRONIUM BROMIDE

Protocol outcome 1: Subjective or objective improvement in respiratory secretions at hours/days.

- Actual outcome: Subjective rating of noisy breathing on a 4 point scale (none to very severe) at 1 hour; Group 1: 59/103, Group 2: 22/55; Risk of bias: Very high; Indirectness of outcome: No indirectness.

- Actual outcome: Subjective rating of noisy breathing on a 4 point scale (none to very severe) at To final score (median time to final score < 2 hours before death); Group 1: 46/103, Group 2: 24/57; Risk of bias: Very high; Indirectness of outcome: No indirectness.

Protocol outcomes not reported by the study Quality of life at hours/days; Hospitalisation at hours/days; Subjective ratings from people on distress related to noisy

breathing /respiratory secretions at hours/days; Sedation (patient-rated, clinician-rated, carer-rated) at hours/days; Adverse events (particularly paradoxical agitation, failure to expectorate, dry mouth at hours/days; Subjective ratings from informal carers' on distress relating to noisy breathing/respiratory secretions at hours/days; Hydration status at hours/days; Length of survival at hours/days; Length of stay at hours/days.