



ASSESSMENT

» Explore other explanations for the symptoms

- **EVALUATE FOR MEDICAL CONDITIONS**
e.g. rule out delirium, medications and metabolic abnormalities
- **EVALUATE FOR OTHER RELEVANT MNS CONDITIONS**

» Assess for acute manic episode

» Evaluate if the person has psychosis



MANAGEMENT

» Management Protocols

1. Bipolar disorder – manic episode
2. Psychosis
3. Special populations: women who are pregnant or breast-feeding, adolescents, and older adults

» Psychosocial Interventions

» Pharmacological Interventions

1. Psychosis: initiation of antipsychotics
2. Manic episode: initiation of mood stabilizer or antipsychotic; avoid antidepressants



FOLLOW-UP