

Quality assessment							Number of patients		Effect		Quality	Importance
Number of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Exercise	painting control	Relative (95% CI)	Absolute (95% CI)		
Depressive symptoms (mild to moderate learning disabilities) (follow up: mean 12 weeks; assessed with: Zung Self-rating Depression Scale)												
1	randomised trials	very serious ¹	not serious	not serious	serious ²	none	14	13	-	MD 6.06 fewer (7.25 fewer to 4.87 fewer)	⊕○○○ VERY LOW	CRITICAL
Quality of life – not reported												
-	-	-	-	-	-	-					-	CRITICAL
Community participation and meaningful occupation – not reported												
-	-	-	-	-	-	-					-	CRITICAL

1. Risk of selection, performance and detection bias
2. Sample size less than optimal information size (<400 for continuous outcomes or <300 for dichotomous outcomes).