

Quality assessment							Number of patients		Effect		Quality	Importance
Number of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	psychodynamic psychotherapy (8 sessions)	psychodynamic psychotherapy (12 or 24+ sessions)	Relative (95% CI)	Absolute (95% CI)		
Mental health (follow up: ?; assessed with: SCL-90-R)												
1	observational studies	very serious <sup>1</sup>	not serious	not serious	serious <sup>2</sup>	none	No statistically significant differences were found between arms with differing lengths of treatment				⊕○○○ VERY LOW	CRITICAL
Quality of life – not reported												
-	-	-	-	-	-	-					-	CRITICAL

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Number of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	psychodynamic psychotherapy (8 sessions)	psychodynamic psychotherapy (12 or 24+ sessions)	Relative (95% CI)	Absolute (95% CI)		
Community participation and meaningful occupation – not reported												
-	-	-	-	-	-	-					-	CRITICAL
Interpersonal problems (follow up: ?; assessed with: Inventory of Interpersonal Problems-32)												
1	observational studies	very serious <sup>1</sup>	not serious	not serious	serious <sup>2</sup>	none	No statistically significant differences were found between arms with differing lengths of treatment				⊕○○○ VERY LOW	IMPORTANT

1. Risk of selection, detection and performance bias.
2. Sample size less than optimal information size (<400 for continuous outcomes or <300 for dichotomous outcomes).