

MHLD CONSENSUS QUESTIONNAIRE

Name:	Date:
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The literature review did not find evidence on the use of social and physical environmental interventions for either the prevention (RQ2.2) or treatment/management (Q3.2) of mental health problems that was of sufficient methodological quality, as outlined in the review protocols, to include in the review.

It will be possible to cross-refer to existing guidelines that have recommendations in these areas. However, statements regarding adaptations to social and physical environment for people with LD have been developed to be assessed by the group through the nominal group technique.

Statements are split into two sections; Prevention of mental health problems in people with LD (p. 2) and Treatment or management of mental health problems in people with LD (p. 3). Please ensure you have checked both sides of each sheet of paper, so that no items are missed.

For each of the statements please indicate your agreement as to their appropriateness and utility by circling one number in each row. The scale works as follows:

Number 1: Strongly disagree with this adaptation.

Number 5: Neither agree nor disagree.

Number 9: Strongly agree that this is a useful and appropriate adaptation.

There is also room to provide comments, if you wish.

Prevention									
Statements relating to social and physical environmental adaptations that may help prevent the development of mental health problems in people with learning disabilities.	Scale								
	Strongly disagree						Strongly agree		
1. Social relationships may help prevent the development of mental health problems in people with a learning disability.	1	2	3	4	5	6	7	8	9
Comments:									
2. Support to develop and maintain fulfilling social relationships, including intimate relationships, may help prevent the development of mental health problems in people with a learning disability.	1	2	3	4	5	6	7	8	9
Comments:									
3. Additional support for people with a learning disability to develop and maintain fulfilling social relationships may be provided by families and carers, or through formal educational programs.	1	2	3	4	5	6	7	8	9
Comments:									
4. People with a learning disability should be offered social opportunities that will allow them to develop meaningful social relationships.	1	2	3	4	5	6	7	8	9
Comments:									
5. People with a learning disability should not be subject to frequent changes of environment.	1	2	3	4	5	6	7	8	9
Comments:									
6. When changes to the care setting of a person with a learning disability are required, the details should be explained and consent should be obtained.	1	2	3	4	5	6	7	8	9
Comments:									
7. When changes to the environment of people with a learning disability are necessary, the change should be planned in advance.	1	2	3	4	5	6	7	8	9
Comments:									

8. Where possible, people with a learning disability and their families and carers should be provided with the support necessary to allow them to live at home, and as independently as possible.	1	2	3	4	5	6	7	8	9
Comments:									

Content									
Statements relating to social and physical environmental adaptations that may help in the treatment or management of mental health problems in people with learning disabilities.	Scale								
	Strongly disagree						Strongly agree		
1. Social relationships can help people with a learning disability manage mental health problems.	1	2	3	4	5	6	7	8	9
Comments:									
2. People with a learning disability and mental health problem may require additional support to develop and maintain fulfilling social relationships, including intimate relationships.	1	2	3	4	5	6	7	8	9
Comments:									
3. People with a learning disability and a mental health problem should be supported to develop fulfilling social relationships, including intimate relationships.	1	2	3	4	5	6	7	8	9
Comments:									
4. Additional support for people with a learning disability and mental health problem to develop and maintain fulfilling social relationships can be provided informally by families and carers or through education programmes.	1	2	3	4	5	6	7	8	9
Comments:									
5. People with a learning disability and mental health problem should be offered social opportunities that will allow them to develop meaningful social relationships. People with a learning disability and a mental health problem should not be subject to frequent changes of care setting.	1	2	3	4	5	6	7	8	9

Mental health problems in people with learning disabilities

Appendix T: Nominal group technique questionnaires

Comments:										
6. When changes to the care setting of people with a learning disability and a mental health problem are necessary, the details should be clearly explained and consent should be obtained.	1	2	3	4	5	6	7	8	9	
Comments:										
7. When changes to the environment of people with a learning disability and a mental health problem are necessary, the change should be planned in advance.	1	2	3	4	5	6	7	8	9	
Comments:										
8. Depending upon their individual needs, people with a learning disability and a mental health problem should be able to live at home with varying degrees of independence, as needed; removal to institutionalised care should be the exception rather than the rule.	1	2	3	4	5	6	7	8	9	
Comments:										

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