Mental health problems in people with learning disabilities Appendix T: Nominal group technique questionnaires

N A I I I I	-	UESTIONNAIRE
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Name:	Date:

The literature review did not find evidence on the use of social and physical environmental interventions for either the prevention (RQ2.2) or treatment/management (Q3.2) of mental health problems that was of sufficient methodological quality, as outlined in the review protocols, to include in the review.

It will be possible to cross-refer to existing guidelines that have recommendations in these areas. However, statements regarding adaptations to social and physical environment for people with LD have been developed to be assessed by the group through the nominal group technique.

Please ensure you have checked both sides of each sheet of paper, so that no items are missed.

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For each of the statements please indicate your agreement as to their appropriateness and utility by circling one number in each row. The scale works as follows:

Number 1: Strongly <u>disagree</u> with this adaptation.

Number 5: Neither agree nor disagree.

Number 9: Strongly <u>agree</u> that this is a useful and appropriate adaptation.

There is also room to provide comments, if you wish.



	Scale								
	Strongly disagree					Strongly agree			
 People with a learning disability and mental health problem should be assisted to live independently if they wish to do so. 	1	2	3	4	5	6	7	8	9
Comments:									
People with a learning disability and mental health problem should be assisted to live within their family home.	1	2	3	4	5	6	7	8	9
Comments:									
 If people with a learning disability and mental health problem are unable to live either independently or with their family they should be offered a place that is close to important members of their social and support network. 	1	2	3	4	5	6	7	8	9
Comments:									
 The person with a learning disability and mental health problem should be empowered to make a decision about living environment that is right for them and their needs. 	1	2	3	4	5	6	7	8	9
Comments:									
 Provide a positive educational environment for a person with a learning disability and mental health problem. 	1	2	3	4	5	6	7	8	9
Comments:									
Provide consistent physical healthcare for a person with a learning disability and mental health problem.	1	2	3	4	5	6	7	8	9
Comments:									
 Where a person with a learning disability and mental health problem is cared for by their family within the family home, alternatives should be considered as the parents approach later life. 	1	2	3	4	5	6	7	8	9
Comments:									

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 Care should be taken when arranging foster or other care placements for children for children and young people with a learning disability and mental health problem, to minimise the risk of placement breakdown. 	1	2	3	4	5	6	7	8	9
Comments:									
Opportunities to participate in a range of social activities of interest to the individual should be offered.	1	2	3	4	5	6	7	8	9
Comments:									
 Opportunities to participate in community activities of interest to the individual should be offered. 	1	2	3	4	5	6	7	8	9
Comments:									
11. When mental health difficulties emerge or worsen, consider the possibility that environmental or social factors have contributed to these.	1	2	3	4	5	6	7	8	9
Comments:									
12. When mental health difficulties emerge or worsen, consider the possibility that changes to social relationships may alleviate these.	1	2	3	4	5	6	7	8	9
Comments:									
13. In people with a severe or profound learning disability, consider that the nature and quality of the physical environment can have a significant positive or negative impact upon their health and wellbeing.		2	3	4	5	6	7	8	9
Comments:									
14. In people with a severe or profound learning disability and mental health problems careful consideration should be given to the physical environment.	1	2	3	4	5	6	7	8	9
Comments:									