

MHLD CONSENSUS QUESTIONNAIRE (case identification)

Name:	Date:
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**Case identification: completed in any setting by anyone (including family or carers) to determine if someone should have a formal assessment for a mental health problem**

The literature review did not find evidence on the **identification of mental health problems in people with learning disabilities** that was of sufficient methodological quality, as outlined in the review protocols, to include in the review. Therefore statements regarding case identification have been developed to be assessed by the group through the nominal group technique.

Statements are split into two sections: general principles for case identification (p2-3) and action following possible identification of a mental health problem (p3-4).

Please ensure you have checked both sides of each sheet of paper, so that no items are missed.

For each of the statements please indicate your agreement as to their appropriateness and utility by circling one number in each row. The scale works as follows:

**Number 1:** Strongly disagree with this adaptation.

**Number 5:** Neither agree nor disagree.

**Number 9:** Strongly agree that this is a useful and appropriate adaptation.

There is also room to provide comments, if you wish.

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<b>Case identification: general principles</b>									
<b>Statements relating to general principles for case identification of mental health problems in people with learning disabilities.</b>	<b>Scale</b>								
	<b>Strongly disagree</b>						<b>Strongly agree</b>		
1. All staff (social care, health care, etc) who come into contact with people with a learning disability should be aware that people with learning disabilities have mental health problems like everyone else but that these problems may develop and present in different ways.	1	2	3	4	5	6	7	8	9
Comments:									
2. One consideration when determining if a mental health problem is present in a person with a learning disability, is what has changed for the individual at the personal or environmental level as it may give an indication of what may have caused a mental health problem.	1	2	3	4	5	6	7	8	9
Comments:									
3. Dependent on their communication ability and level of learning disability, a person with a learning disability should be asked open questions about their current thoughts and feelings, and whether anything has been bothering them recently.	1	2	3	4	5	6	7	8	9
Comments:									

<b>Action following possible identification of a mental health problem</b>									
<b>Statements relating to the action following the possible identification of a mental health problems in people with learning disabilities.</b>	<b>Scale</b>								
	<b>Strongly disagree</b>						<b>Strongly agree</b>		
1. Offer health and social care workers who are doing a mental health assessment in people with a learning disability supervision or consultation with a more qualified and skilled professional, specialising in both learning disabilities and mental health.	1	2	3	4	5	6	7	8	9

Comments:

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