

MHLD CONSENSUS QUESTIONNAIRE

Name:	Date:
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Interventions or adaptations to interventions for people with severe to profound LD

Apart from some very low-quality evidence on the use of relaxation therapy for anxiety, the literature review did not find evidence on interventions for people with **severe to profound learning disabilities** with mental health problems that was of sufficient methodological quality, as outlined in the review protocols, to include in the review. Therefore statements regarding interventions or adaptations to interventions have been developed to be assessed by the group through the nominal group technique.

Recommendations will be informed from the nominal group statements in which there is at least 80% agreement. Draft recommendations will be discussed with the group.

Please ensure you have checked both sides of each sheet of paper, so that no items are missed.

For each of the statements please indicate your agreement as to their appropriateness and utility by circling one number in each row. The scale works as follows:

Number 1: Strongly disagree with this adaptation.

Number 5: Neither agree nor disagree.

Number 9: Strongly agree that this is a useful and appropriate adaptation.

There is also room to provide comments, if you wish.

Interventions or adaptations to interventions for people with severe to profound learning disabilities									
Statements relating to interventions or adaptations to interventions for people with severe to profound learning disabilities and a mental health problems.	Scale								
	Strongly disagree						Strongly agree		
1. For people with severe or profound learning disabilities, it may be particularly useful to help to manage the person's environment to reduce stressors or to help them to manage change.	1	2	3	4	5	6	7	8	9
Comments:									
2. For people with severe or profound learning disabilities with mental health problems, techniques that involve demonstration (such as modelling) are likely to be more beneficial at treating the mental health problem than techniques that involve verbal explanations.	1	2	3	4	5	6	7	8	9
Comments:									
3. For people with severe or profound learning disabilities with mental health problems, psychological or psychosocial interventions should include clear, structured activities and provide support to the person to engage with the activities.	1	2	3	4	5	6	7	8	9
Comments:									
4. For people with severe or profound learning disabilities with phobias and anxiety problems, graded exposure may be useful in supporting the person to deal with these problems.	1	2	3	4	5	6	7	8	9
Comments:									
5. Staff working with people with severe or profound learning disabilities with mental health problems should work with the family members or carers of the person to ensure that their input is consistent and sensitive to the individual.	1	2	3	4	5	6	7	8	9
Comments:									