

Practice headed paper

Dear

You are being sent this letter as part of your participation in the **Start 2quit** project.

I recommend that you consider stopping smoking, and invite you to contact the Stop Smoking Services to arrange to see an advisor.

The service is available free to offer information, advice and support to all smokers interested in giving up, and also offers advice on the use of medications such as Nicotine Replacement Therapy and Champix.

You can arrange to join a group, or get individual advice in a one-to-one session, to help you stop smoking and stay stopped. For more information or to speak to a specialist advisor please call the <name of Local> Stop Smoking Service on <Local SSS telephone number>.

Yours sincerely

GP signature