Comparison: RMC intervention compared with usual practice (no RMC intervention)

Source: Downe S, Lawrie TA, Finlayson K, Oladapo OT. Effectiveness of respectful care policies for women using intrapartum care services. Reprod Health. 2018 (in press).

| | | (| Quality assessmen | nt¹ | | No. of participants | | | Cartainte | |
|---|--|---|-------------------|--------------|---|--|---|--|----------------------|------------|
| Outcome | Design (no. of studies) | Risk of bias³ | Inconsistency | Indirectness | Imprecision | RMC policy | Usual practice | Relative effect ² | Certainty (GRADE) | Importance |
| Birth experie | nce | | | | | | | | | |
| Respectful care | cluster- randomized controlled trial (cRCT) (1) observational (2) | serious: cRCT had two arms only; other data were from observational studies | not serious | not serious | not serious | 2983 (total no. for RCT) 149 and 2469 (observational) | 2983 (total no. for RCT) 70 and 2000 (observational) | The effect estimate for the cRCT was aOR 3.44 (2.45-4.84). Both observational studies showed higher ratings of "respect" in the RMC arms (22.8% vs 0% in one study and 94.7% vs 89.7% in the other study). | ⊕⊕⊕⊝ MODERATE | critical |
| Satisfaction (very satisfied with birth) | cRCT (1) observational (1) | serious: cRCT had two arms only; other data were from observational study | not serious | not serious | serious: wide range of effect across the two studies | 2983 (total no. for RCT) 149 (observational) | 2983 (total no. for RCT) 70 (observational) | The effect estimate for the cRCT was aOR 0.98 (0.91-1.06). The observational study showed higher satisfaction with RMC (75.8%) than control (12.9%). | ⊕⊕⊝⊝ LOW | critical |
| Good quality of care (rated good or excellent) | cRCT (1) observational (1) | serious: cRCT had two arms only; other data were from an observational study | not serious | not serious | not serious | 2983 (total no. for RCT) 149 (observational) | 2983 (total no. for RCT) 70 (observational) | The effect estimate for the cRCT was aOR 6.19 (4.29-8.94). The observational study also showed higher rating of quality of care with 63.1% vs 2.9% in RMC and control reporting this outcome. | ⊕⊕⊕⊝ MODERATE | critical |

¹ Publication bias could not be assessed due to few included studies.

² A single pooled estimate is not available and only a narrative synthesis of the evidence was provided in the review.

Assessment of risk of bias: All of the observational studies were assessed as having "serious risk" of bias, due to lack of allocation concealment and blinding, lack of randomization and use of self-reported measures for some or all outcomes. Both cluster-RCTs were also assessed as having "serious risk" of bias, due to lack of allocation concealment and blinding, and use of self-reported measures for some outcomes.

| Outcome | | (| Quality assessmer | nt¹ | | No. of pa | rticipants | Relative effect ² | Certainty (GRADE) | Importance |
|---|----------------------------------|--|--|--------------|---|--|--|---|----------------------|------------|
| | Design (no. of studies) | Risk of bias³ | Inconsistency | Indirectness | Imprecision | RMC policy | Usual practice | | | |
| Experience o | f mistreatment | | | | | | | | | |
| Any disrespectful or abusive care | cRCT (1) observational (2) | serious: cRCT had two arms only; other data were from observational studies | not serious | not serious | not serious | 2983 (total no. for RCT) 149 and 728 (observational) | 2983 (total no. for RCT) 64 and 641 (observational) | The effect estimate for the cRCT was aOR 0.34 (95% CI: 0.21–0.58) (3.2% vs 15.8% in RMC and control, respectively). The observational studies showed similar substantial reductions – 1 study from 70% to 18% and the other reporting an aOR of 0.6 (95% CI: 0.4–0.8) and rates of 13.2% vs 20.1% for RMC and control, respectively). | ⊕⊕⊕ MODERATE | critical |
| Non-consent | observational (2) | serious: data were from observational studies | serious: direction of effect differed across the included studies | not serious | serious: size of effect very different between studies | 523 and 359 (observational) | 677 and 208 (observational) | One study reported an increase [aOR 3.43 (95% CI: 2.52-4.66)] with the intervention (80% vs 60.6%) and the other reported a reduction from 85.1% to 0% (all observed events). | ⊕⊝⊝⊝ VERY LOW | critical |
| Lack of privacy/ confidential- ity | cRCT (1) observational (2) | serious: cRCT had two arms only; other data were from observational studies | serious: direction of effect differed across the included studies and there were different measures within studies | not serious | serious: effect size very different between studies and different measures used | various numbers for the different studies and measures | various numbers for the different studies and measures | The effect estimate for the cRCT was aOR 0.25 (95% CI: 0.05-1.23). The observational studies reported various measures with estimates including a range of effects between and within studies. | ⊕⊖⊝ Very Low | critical |

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| | | (| Quality assessmen | it ¹ | | No. of pa | rticipants | | Certainty (GRADE) | Importance |
|-------------------|----------------------------------|---|-------------------|-----------------|--|--|--|--|----------------------|------------|
| Outcome | Design (no. of studies) | Risk of bias ³ | Inconsistency | Indirectness | Imprecision | RMC policy | Usual practice | Relative effect ² | | |
| Physical abuse | cRCT (2) observational (2) | serious: both cRCTs had methodological limitations and other data were observational | not serious | not serious | not serious | 2983 (total no. for one cRCT) and 1039 for the other cRCT Various numbers were reported in the observational studies for different measures (according to observed or self-reported events and different types of physical abuse). | 2983 (total no. for one cRCT) and 1051 for the other cRCT Various numbers were reported in the observational studies for different measures (according to observed or self-reported events and different types of physical abuse). | The effect estimate for one cRCT was aOR 0.22 (0.05–0.97). The other cRCT did not report a summary effect but showed an average 50% reduction in the RMC arm (from average 2% to 1%) and an increase in the control arm. Reductions in physical abuse were consistently reported across the observational studies for various physical abuse measures. | ⊕⊕⊕⊝ MODERATE | critical |
| Verbal abuse | cRCT (1) observational (2) | serious: risk cRCT had methodological limitations and other data were observational | not serious | not serious | serious: estimates of effect include the possibility of harm | 1039 for the cRCT Various numbers were reported in the observational studies for different measures (according to observed or self-reported). | 1051 for the cRCT Various numbers were reported in the observational studies for different measures (according to observed or self-reported). | cRCT did not report a summary effect but showed little difference at follow-up in RMC and control arms. One observational study reported no clear difference (on self-reported and observed measures) and the other showed an absolute reduction of 49%. | ⊕⊕⊖⊝ LOW | critical |

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| | | (| Quality assessmen | t¹ | | No. of participants | | | | |
|-------------------------|-----------------------------------|---|--|--------------|--|---|--|--|----------------------|------------|
| Outcome | Design (no. of studies) | Risk of bias³ | Inconsistency | Indirectness | Imprecision | RMC policy | Usual practice | Relative effect ² | Certainty (GRADE) | Importance |
| Neglect/ abandonment | cRCTs (2) observational (2) | serious: both cRCTs had methodological limitations and other data were observational | not serious | not serious | serious: estimates of effect include the possibility of harm | 2983 (total no. for one cRCT) and 1039 for the other cRCT 149 and 728 for observational studies | 2983 (total no. for one cRCT) and 1051 for the other cRCT 64 and 641 for observational studies | Effects differed across studies with one cRCT showing a reduction with RMC [aOR 0.36 (95% CI: 0.19-0.71)]. The other cRCT did not report a summary effect but showed an average 33% increase in the RMC arm (from average 12% to 16%). One observational study showed a 38% absolute decrease and the other showed no clear difference. | ⊕⊕⊝ LOW | critical |
| Non- dignified care | cRCT (1) observational (1) | serious: cRCT had two arms only; other data were from an observational study | not serious | not serious | serious: estimates of effect include the possibility of harm | 2983 (total no.) for the cRCT) and 149 for the observational study | 2983 (total no.) for the cRCT and 64 for the observational study | The cRCT showed no difference but direction of effect favoured reduction [aOR 0.58 (95% CI 0.30-1.12)]. The observational study showed an overall reduction in non-dignified care (self-reported) from 54% to 5% and also reductions from baseline in 8/9 submeasures of non-dignified care with RMC arm (observed events); those reductions ranged from 13.5% (mother not told where to go in antenatal ward) to 81.3% (provider did not introduce themselves). | ⊕⊕⊝⊝ LOW | critical |
| Detention | observational (2) | serious: data were from observational studies | serious: the direction of effect across these two studies differed | not serious | serious: estimates of effect include the possibility of harm | 149 and 728 | 64 and 641 | One study showed an absolute decrease of 1% and the other study showed an increase [aOR 1.28 (95% CI: 0.93-1.76)]. | ⊕⊝⊝⊝ VERY LOW | critical |

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| Outcome | | C | Quality assessmen | it ¹ | | No. of pa | rticipants | Relative effect ² | Certainty (GRADE) | Importance |
|--------------------------------|-------------------------|---|-------------------|-----------------|----------------------------|------------|----------------|---|----------------------|------------|
| | Design (no. of studies) | Risk of bias³ | Inconsistency | Indirectness | Imprecision | RMC policy | Usual practice | | | |
| Clinical outco | Clinical outcomes | | | | | | | | | |
| Perineal/ vaginal trauma | cRCT (1) | serious: data from observational study | not serious | not serious | serious: only one study | 1039 | 1051 | This study showed a reduction in episiotomy at follow up (mean rate of 21% at RMC sites vs 39% at control sites; P = 0.02). | ⊕⊕⊝⊝ LOW | critical |

aOR: adjusted odds ratio; CI: confidence interval; cRCT: cluster-randomized controlled trial

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