

**Table 42: Clinical evidence profile: Comparison 3.3. Colistin versus tobramycin**

| Quality assessment  |                   |                           |                          |                         |                      |                      | No of patients |            | Effect            |   | Quality  | Importance |
|---|-------------------|---------------------------|--------------------------|-------------------------|----------------------|----------------------|----------------|------------|-------------------|---|----------|------------|
| No of studies   | Design            | Risk of bias              | Inconsistency            | Indirectness            | Imprecision          | Other considerations | Colistin       | Tobramycin | Relative (95% CI) | Absolute                                  |          |            |
| <b>Lung function: mean % change in FEV<sub>1</sub> % predicted (follow-up: 1 to 3 months; range of scores: 0-100; Better indicated by higher values) [COLI nebulised versus TOBI nebulised]</b> |                   |                           |                          |                         |                      |                      |                |            |                   |   |          |            |
| 1 (Hodson 2002)   | randomised trials | very serious <sup>1</sup> | no serious inconsistency | no serious indirectness | serious <sup>2</sup> | none                 | 59             | 50         | -                 | MD 6.33 lower (12.7 lower to 0.04 higher) | VERY LOW | CRITICAL   |
| <b>Lung function: mean % change in FEV<sub>1</sub> % predicted (follow-up: 4 weeks; range of scores: 0-100; Better indicated by higher values) [COLI DPI versus TOBI nebulised]</b>             |                   |                           |                          |                         |                      |                      |                |            |                   |   |          |            |
| 1 (COLO/D PI/02/06)   | randomised trials | serious <sup>3</sup>      | no serious inconsistency | no serious indirectness | serious <sup>2</sup> | none                 | 183            | 191        | -                 | MD 1.67 lower (5.43 lower to 2.09 higher) | LOW      | CRITICAL   |
| <b>Lung function: mean % change in FEV<sub>1</sub> % predicted (follow-up: 12 weeks; range of scores: 0-100; Better indicated by higher values) [COLI DPI versus TOBI nebulised]</b>            |                   |                           |                          |                         |                      |                      |                |            |                   |   |          |            |
| 1 (COLO/D PI/02/06)   | randomised trials | serious <sup>3</sup>      | no serious inconsistency | no serious indirectness | serious <sup>2</sup> | none                 | 183            | 191        | -                 | MD 2.63 lower (6.67 lower to 1.41 higher) | LOW      | CRITICAL   |
| <b>Lung function: mean % change in FEV<sub>1</sub> % predicted (follow-up: 24 weeks; range of scores: 0-100; Better indicated by higher values) [COLI versus TOBI]</b>                          |                   |                           |                          |                         |                      |                      |                |            |                   |   |          |            |

| Quality assessment   |                   |                           |                          |                         |                           |                      | No of patients |            | Effect            |   | Quality  | Importance |
|--|-------------------|---------------------------|--------------------------|-------------------------|---------------------------|----------------------|----------------|------------|-------------------|---|----------|------------|
| No of studies  | Design            | Risk of bias              | Inconsistency            | Indirectness            | Imprecision               | Other considerations | Colistin       | Tobramycin | Relative (95% CI) | Absolute                                    |          |            |
| 2<br>(COLO/D PI/02/06, Schuster 2013)  | randomised trials | very serious <sup>4</sup> | no serious inconsistency | no serious indirectness | No serious imprecision    | none                 | 306            | 352        | -                 | MD 0.99 lower (0.95 to 1.03 higher)         | LOW      | CRITICAL   |
| <b>Number of patients with 1 or more exacerbations</b>   |                   |                           |                          |                         |                           |                      |                |            |                   |   |          |            |
| NMA outcome  |                   |                           |                          |                         |                           |                      |                |            |                   |   |          |            |
| <b>Time to next pulmonary exacerbation: time to first additional anti-pseudomonal treatment (Better indicated by higher values) [COLI DPI versus TOBI nebulised]</b>       |                   |                           |                          |                         |                           |                      |                |            |                   |   |          |            |
| 1<br>(COLO/D PI/02/06)   | randomised trials | serious <sup>3</sup>      | no serious inconsistency | no serious indirectness | very serious <sup>5</sup> | none                 | 183            | 191        | -                 | MD 3.49 higher (5.14 lower to 12.12 higher) | VERY LOW | CRITICAL   |
| <b>Suppression of the organism: change in sputum PA density Log10 CFU/ml (follow-up 4 weeks; Better indicated by higher values) [COLI nebulised versus TOBI nebulised]</b> |                   |                           |                          |                         |                           |                      |                |            |                   |   |          |            |
| 1<br>(Hodson 2002)   | randomised trials | very serious <sup>1</sup> | no serious inconsistency | no serious indirectness | no serious imprecision    | none                 | 37             | 42         | -                 | MD 0.32 higher (0.32 lower to 0.96 higher)  | LOW      | IMPORTANT  |
| <b>Nutritional status: BMI change (follow-up 24 weeks; measured with: kg; Better indicated by higher values)</b>   |                   |                           |                          |                         |                           |                      |                |            |                   |   |          |            |
| 1<br>(COLO/D PI/02/06)   | randomised trials | serious <sup>3</sup>      | no serious inconsistency | no serious indirectness | serious <sup>6</sup>      | none                 | 183            | 191        | -                 | MD 0.09 lower (0.26 lower to 0.88 higher)   | LOW      | IMPORTANT  |

| Quality assessment  |                      |                      |                             |                            |                                |                      | No of patients |            | Effect            |   | Quality      | Importance    |
|---|----------------------|----------------------|-----------------------------|----------------------------|--------------------------------|----------------------|----------------|------------|-------------------|---|--------------|---------------|
| No of studies   | Design               | Risk of bias         | Inconsistency               | Indirectness               | Imprecision                    | Other considerations | Colistin       | Tobramycin | Relative (95% CI) | Absolute                                |              |               |
| <b>Quality of life: change in CFQ-R physical (follow-up 24 weeks; range of scores: 0-100; Better indicated by higher values) [COLI DPI versus TOBI nebulised]</b>         |                      |                      |                             |                            |                                |                      |                |            |                   |   |              |               |
| 1<br>(COLO/D<br>PI/02/06)   | randomised<br>trials | serious <sup>3</sup> | no serious<br>inconsistency | no serious<br>indirectness | Not<br>calculable <sup>7</sup> | none                 | 183            | 191        | P=0.353           | MD 1.82<br>higher (0<br>to 0<br>higher) | MODE<br>RATE | IMPORT<br>ANT |
| <b>Quality of life: change in CFQ-R vitality (follow-up 24 weeks; range of scores: 0-100; Better indicated by higher values) [COLI DPI versus TOBI nebulised]</b>         |                      |                      |                             |                            |                                |                      |                |            |                   |   |              |               |
| 1<br>(COLO/D<br>PI/02/06)   | randomised<br>trials | serious <sup>3</sup> | no serious<br>inconsistency | no serious<br>indirectness | Not<br>calculable <sup>7</sup> | none                 | 183            | 191        | P=0.293           | MD 2.27<br>higher (0<br>to 0<br>higher) | MODE<br>RATE | IMPORT<br>ANT |
| <b>Quality of life: change in CFQ-R emotion (follow-up 24 weeks; range of scores: 0-100; Better indicated by higher values) [COLI DPI versus TOBI nebulised]</b>          |                      |                      |                             |                            |                                |                      |                |            |                   |   |              |               |
| 1<br>(COLO/D<br>PI/02/06)   | randomised<br>trials | serious <sup>3</sup> | no serious<br>inconsistency | no serious<br>indirectness | Not<br>calculable <sup>7</sup> | none                 | 183            | 191        | P=0.244           | MD 1.75<br>higher (0<br>to 0<br>higher) | MODE<br>RATE | IMPORT<br>ANT |
| <b>Quality of life: change in CFQ-R eating (follow-up 24 weeks; range of scores: 0-100; Better indicated by higher values) [COLI DPI versus TOBI nebulised]</b>           |                      |                      |                             |                            |                                |                      |                |            |                   |   |              |               |
| 1<br>(COLO/D<br>PI/02/06)   | randomised<br>trials | serious <sup>3</sup> | no serious<br>inconsistency | no serious<br>indirectness | Not<br>calculable <sup>7</sup> | none                 | 181            | 191        | P=0.925           | MD 0.19<br>lower (0<br>to 0<br>higher)  | MODE<br>RATE | IMPORT<br>ANT |
| <b>Quality of life: change in CFQ-R treatment burden (follow-up 24 weeks; range of scores: 0-100; Better indicated by higher values) [COLI DPI versus TOBI nebulised]</b> |                      |                      |                             |                            |                                |                      |                |            |                   |   |              |               |
| 1<br>(COLO/D<br>PI/02/06)   | randomised<br>trials | serious <sup>3</sup> | no serious<br>inconsistency | no serious<br>indirectness | Not<br>calculable <sup>7</sup> | none                 | 183            | 191        | P=0.091           | MD 2.87<br>higher (0<br>to 0<br>higher) | MODE<br>RATE | IMPORT<br>ANT |

| Quality assessment   |                   |                      |                          |                         |                             |                      | No of patients |            | Effect            |                                | Quality   | Importance |
|--|-------------------|----------------------|--------------------------|-------------------------|-----------------------------|----------------------|----------------|------------|-------------------|--------------------------------|-----------|------------|
| No of studies  | Design            | Risk of bias         | Inconsistency            | Indirectness            | Imprecision                 | Other considerations | Colistin       | Tobramycin | Relative (95% CI) | Absolute                       |           |            |
| <b>Quality of life: change in CFQ-R health perception (follow-up 24 weeks; range of scores: 0-100; Better indicated by higher values) [COLI DPI versus TOBI nebulised]</b> |                   |                      |                          |                         |                             |                      |                |            |                   |                                |           |            |
| 1 (COLO/D PI/02/06)  | randomised trials | serious <sup>3</sup> | no serious inconsistency | no serious indirectness | Not calculable <sup>7</sup> | none                 | 183            | 191        | P=0.159           | MD 2.96 higher (0 to 0 higher) | MODE RATE | IMPORTANT  |
| <b>Quality of life: change in CFQ-R social (follow-up 24 weeks; range of scores: 0-100; Better indicated by higher values) [COLI DPI versus TOBI nebulised]</b>            |                   |                      |                          |                         |                             |                      |                |            |                   |                                |           |            |
| 1 (COLO/D PI/02/06)  | randomised trials | serious <sup>3</sup> | no serious inconsistency | no serious indirectness | Not calculable <sup>7</sup> | none                 | 183            | 191        | P=0.153           | MD 0.92 higher (0 to 0 higher) | MODE RATE | IMPORTANT  |
| <b>Quality of life: change in CFQ-R body image (follow-up 24 weeks; range of scores: 0-100; Better indicated by higher values) [COLI DPI versus TOBI nebulised]</b>        |                   |                      |                          |                         |                             |                      |                |            |                   |                                |           |            |
| 1 (COLO/D PI/02/06)  | randomised trials | serious <sup>3</sup> | no serious inconsistency | no serious indirectness | Not calculable <sup>7</sup> | none                 | 183            | 191        | P=0.385           | MD 1.85 higher (0 to 0 higher) | MODE RATE | IMPORTANT  |
| <b>Quality of life: change in CFQ-R role (follow-up 24 weeks; range of scores: 0-100; Better indicated by higher values) [COLI DPI versus TOBI nebulised]</b>              |                   |                      |                          |                         |                             |                      |                |            |                   |                                |           |            |
| 1 (COLO/D PI/02/06)  | randomised trials | serious <sup>3</sup> | no serious inconsistency | no serious indirectness | Not calculable <sup>7</sup> | none                 | 183            | 191        | P=0.607           | MD 1.22 lower (0 to 0 higher)  | MODE RATE | IMPORTANT  |
| <b>Quality of life: change in CFQ-R weight (follow-up 24 weeks; range of scores: 0-100; Better indicated by higher values) [COLI DPI versus TOBI nebulised]</b>            |                   |                      |                          |                         |                             |                      |                |            |                   |                                |           |            |
| 1 (COLO/D PI/02/06)  | randomised trials | serious <sup>3</sup> | no serious inconsistency | no serious indirectness | Not calculable <sup>7</sup> | none                 | 183            | 191        | P=0.461           | MD 2.81 higher (0 to 0 higher) | MODE RATE | IMPORTANT  |

| Quality assessment   |                   |                           |                          |                         |                             |                      | No of patients |              | Effect                 |   | Quality  | Importance |
|--|-------------------|---------------------------|--------------------------|-------------------------|-----------------------------|----------------------|----------------|--------------|------------------------|---|----------|------------|
| No of studies  | Design            | Risk of bias              | Inconsistency            | Indirectness            | Imprecision                 | Other considerations | Colistin       | Tobramycin   | Relative (95% CI)      | Absolute                                      |          |            |
| <b>Quality of life: change in CFQ-R respiratory (follow-up 24 weeks; range of scores: 0-100; Better indicated by higher values) [COLI DPI versus TOBI nebulised]</b> |                   |                           |                          |                         |                             |                      |                |              |                        |   |          |            |
| 1 (COLO/D PI/02/06)  | randomised trials | serious <sup>3</sup>      | no serious inconsistency | no serious indirectness | Not calculable <sup>7</sup> | none                 | 183            | 191          | P=0.756                | MD 0.53 lower (0 to 0 higher)                 | MODERATE | IMPORTANT  |
| <b>Quality of life: change in CFQ-R digestion (follow-up 24 weeks; range of scores: 0-100; Better indicated by higher values) [COLI DPI versus TOBI nebulised]</b>   |                   |                           |                          |                         |                             |                      |                |              |                        |   |          |            |
| 1 (COLO/D PI/02/06)  | randomised trials | serious <sup>3</sup>      | no serious inconsistency | no serious indirectness | Not calculable <sup>7</sup> | none                 | 183            | 191          | P=0.077                | MD 3.22 higher (0 to 0 higher)                | MODERATE | IMPORTANT  |
| <b>Minor adverse events: sputum (follow-up 4 weeks) [COLI nebulised versus TOBI nebulised]</b>   |                   |                           |                          |                         |                             |                      |                |              |                        |   |          |            |
| 1 (Hodson 2002)  | randomised trials | very serious <sup>1</sup> | no serious inconsistency | no serious indirectness | very serious <sup>8</sup>   | none                 | 8/62 (12.9%)   | 6/53 (11.3%) | RR 1.14 (0.42 to 3.08) | 16 more per 1000 (from 66 fewer to 235 more)  | VERY LOW | IMPORTANT  |
| <b>Minor adverse events: pharyngitis (follow-up 4 weeks) [COLI nebulised versus TOBI nebulised]</b>  |                   |                           |                          |                         |                             |                      |                |              |                        |   |          |            |
| 1 (Hodson 2002)  | randomised trials | very serious <sup>1</sup> | no serious inconsistency | no serious indirectness | very serious <sup>8</sup>   | none                 | 3/62 (4.8%)    | 7/53 (13.2%) | RR 0.37 (0.1 to 1.35)  | 83 fewer per 1000 (from 119 fewer to 46 more) | VERY LOW | IMPORTANT  |
| <b>Minor adverse events: cough (follow-up 4 weeks) [COLI nebulised versus TOBI nebulised]</b>  |                   |                           |                          |                         |                             |                      |                |              |                        |   |          |            |
| 1 (Hodson 2002)  | randomised trials | very serious <sup>1</sup> | no serious inconsistency | no serious indirectness | very serious <sup>8</sup>   | none                 | 11/62 (17.7%)  | 5/53 (9.4%)  | RR 1.88 (0.7 to 5.07)  | 83 more per 1000 (from 28 fewer to 384 more)  | VERY LOW | IMPORTANT  |

| Quality assessment   |                   |                           |                          |                         |                           |                      | No of patients |                | Effect                  |  | Quality  | Importance |
|--|-------------------|---------------------------|--------------------------|-------------------------|---------------------------|----------------------|----------------|----------------|-------------------------|--|----------|------------|
| No of studies  | Design            | Risk of bias              | Inconsistency            | Indirectness            | Imprecision               | Other considerations | Colistin       | Tobramycin     | Relative (95% CI)       | Absolute                                       |          |            |
| <b>Minor adverse events: productive cough (follow-up 24 weeks) [COLI DPI versus TOBI nebulised]</b>                      |                   |                           |                          |                         |                           |                      |                |                |                         |  |          |            |
| 1 (COLO/D PI/02/06)  | randomised trials | serious <sup>3</sup>      | no serious inconsistency | no serious indirectness | very serious <sup>8</sup> | none                 | 38/187 (20.3%) | 44/193 (22.8%) | RR 0.89 (0.61 to 1.31)  | 25 fewer per 1000 (from 89 fewer to 71 more)   | VERY LOW | IMPORTANT  |
| <b>Minor adverse events: chest discomfort (follow-up 24 weeks) [COLI DPI versus TOBI nebulised]</b>                      |                   |                           |                          |                         |                           |                      |                |                |                         |  |          |            |
| 1 (COLO/D PI/02/06)  | randomised trials | serious <sup>3</sup>      | no serious inconsistency | no serious indirectness | very serious <sup>8</sup> | none                 | 26/187 (13.9%) | 34/193 (17.6%) | RR 0.79 (0.49 to 1.26)  | 37 fewer per 1000 (from 90 fewer to 46 more)   | VERY LOW | IMPORTANT  |
| <b>Minor adverse events: vomiting (follow-up 24 weeks) [COLI DPI versus TOBI nebulised]</b>                              |                   |                           |                          |                         |                           |                      |                |                |                         |  |          |            |
| 1 (COLO/D PI/02/06)  | randomised trials | serious <sup>3</sup>      | no serious inconsistency | no serious indirectness | very serious <sup>8</sup> | none                 | 6/187 (3.2%)   | 8/193 (4.1%)   | RR 0.77 (0.27 to 2.19)  | 10 fewer per 1000 (from 30 fewer to 49 more)   | VERY LOW | IMPORTANT  |
| <b>Serious adverse events: patients with &gt;1 serious AE (follow-up 4 weeks) [COLI nebulised versus TOBI nebulised]</b> |                   |                           |                          |                         |                           |                      |                |                |                         |  |          |            |
| 1 (Hodson 2002)  | randomised trials | very serious <sup>1</sup> | no serious inconsistency | no serious indirectness | very serious <sup>8</sup> | none                 | 7/62 (11.3%)   | 8/53 (15.1%)   | RR 0.75 (0.29 to 1.93)  | 38 fewer per 1000 (from 107 fewer to 140 more) | VERY LOW | IMPORTANT  |
| <b>Serious adverse events: patients withdrawn (follow-up 24 weeks) [COLI DPI versus TOBI nebulised]</b>                  |                   |                           |                          |                         |                           |                      |                |                |                         |  |          |            |
| 1 (COLO/D PI/02/06)  | randomised trials | serious <sup>3</sup>      | no serious inconsistency | no serious indirectness | no serious imprecision    | none                 | 22/187 (11.8%) | 5/193 (2.6%)   | RR 4.54 (1.76 to 11.74) | 92 more per 1000 (from 20 more to 278 more)    | MODERATE | IMPORTANT  |

| Quality assessment  |                   |                           |                          |                         |                           |                      | No of patients |                | Effect                |  | Quality  | Importance |
|---|-------------------|---------------------------|--------------------------|-------------------------|---------------------------|----------------------|----------------|----------------|-----------------------|--|----------|------------|
| No of studies   | Design            | Risk of bias              | Inconsistency            | Indirectness            | Imprecision               | Other considerations | Colistin       | Tobramycin     | Relative (95% CI)     | Absolute                                     |          |            |
| <b>Serious adverse events: haemoptysis (follow-up 24 weeks) [COLI nebulised versus TOBI nebulised]</b>  |                   |                           |                          |                         |                           |                      |                |                |                       |  |          |            |
| 1 (Hodson 2002)   | randomised trials | very serious <sup>1</sup> | no serious inconsistency | no serious indirectness | serious <sup>6</sup>      | none                 | 20/187 (10.7%) | 13/193 (6.7%)  | RR 1.59 (0.81 to 3.1) | 40 more per 1000 (from 13 fewer to 141 more) | VERY LOW | IMPORTANT  |
| <b>Serious adverse events: dyspnoea (follow-up 4 weeks) [COLI nebulised versus TOBI nebulised]</b>  |                   |                           |                          |                         |                           |                      |                |                |                       |  |          |            |
| 1 (Hodson 2002)   | randomised trials | very serious <sup>1</sup> | no serious inconsistency | no serious indirectness | very serious <sup>8</sup> | none                 | 7/62 (11.3%)   | 5/53 (9.4%)    | RR 1.2 (0.4 to 3.55)  | 19 more per 1000 (from 57 fewer to 241 more) | VERY LOW | IMPORTANT  |
| <b>Serious adverse events: dyspnoea (follow-up 24 weeks) [COLI DPI versus TOBI nebulised]</b>   |                   |                           |                          |                         |                           |                      |                |                |                       |  |          |            |
| 1 (COLO/D PI/02/06)   | randomised trials | serious <sup>3</sup>      | no serious inconsistency | no serious indirectness | very serious <sup>8</sup> | none                 | 49/187 (26.2%) | 52/193 (26.9%) | RR 0.97 (0.7 to 1.36) | 8 fewer per 1000 (from 81 fewer to 97 more)  | VERY LOW | IMPORTANT  |
| <b>Emergence of resistant organisms: emergence of highly tobramycin-resistant <i>P aeruginosa</i> (follow-up 24 weeks) [COLI nebulised versus TOBI nebulised]</b> |                   |                           |                          |                         |                           |                      |                |                |                       |  |          |            |
| 1 (Hodson 2002)   | randomised trials | very serious <sup>1</sup> | no serious inconsistency | no serious indirectness | Not calculable            | none                 | 0/62 (0%)      | 0/53 (0%)      | -                     | -  | LOW      | IMPORTANT  |

Abbreviations: CFQ-R: cystic fibrosis questionnaire revised; CI: confidence interval; COLI: colistin; DPI: dry powder for inhalation; FEV<sub>1</sub>: forced expiratory volume in 1 second; MD: mean difference; RR: risk ratio; TOBI: tobramycin

1 The quality of the evidence was downgraded by 2 because this is an open trial, and risk of bias for randomisation and allocation concealment was unclear

2 The quality of the evidence was downgraded by 1 as the 95% CI crossed 1 clinical MID

3 The quality of the evidence was downgraded by 1 because this is an open trial, and risk of bias for randomisation was unclear

4 The quality of the evidence was downgraded by 2 because both studies were open trials, and risk of bias for randomisation and allocation concealment was unclear

5 The quality of the evidence was downgraded by 2, as the 95% CI is very large and crossed the line of no effect

- 6 The quality of the evidence was downgraded by 1 as the 95% CI crossed 1 default MID*
- 7 Not calculable, p-value > 0.05*
- 8 The quality of the evidence was downgraded by 2 as the 95% CI crossed 2 default MIDs*