

### G.5.1.2 Interventions for carers

#### New York University Caregiver Intervention

Number of RCTs	Risk of bias	Inconsistency	Indirectness	Imprecision	Sample size	Effect size (95% CI)	Quality
Carer burden (Zarit Burden Index) – lower numbers favour intervention							
1 (Gaugler 2011)	Serious <sup>1</sup>	N/A	Serious <sup>2</sup>	Serious <sup>3</sup>	406	MD -0.77 (-2.81s, 1.27)	Very low
Carer depression (Geriatric Depression Scale) – lower numbers favour intervention							
1 (Gaugler 2011)	Serious <sup>1</sup>	N/A	Serious <sup>2</sup>	Not serious	406	MD -1.71 (-3.02, -0.40)	Low
<ol style="list-style-type: none"> <li>1. Lack of blinding (participants)</li> <li>2. Only outcomes related to carers are reported, not people living with dementia</li> <li>3. Non-significant result</li> </ol>							