

G.9.1.4 Self-management groups

Number of RCTs	Risk of bias	Inconsistency	Indirectness	Imprecision	Sample size	Effect size (95% CI)	Quality
Cognition: all measures (post-intervention) – higher numbers favour intervention							
1 (Laakonen 2016)	Not serious	N/A	Not serious	Serious ²	134	SMD -0.28 (-0.62, 0.06)	Moderate
Depression: all measures (post-intervention) – lower numbers favour intervention							
1 (Logsdon 2010)	Serious ⁴	N/A	Not serious	Serious ²	134	SMD -0.26 (-0.62, 0.10)	Low
Depression: all measures (follow-up) – lower numbers favour intervention							
1 (Quinn 2016)	Not serious	N/A	Not serious	Very Serious ³	23	SMD 0.30 (-0.52, 1.12)	Low
Quality of life: QoL-AD (post-intervention) – higher numbers favour intervention							
1 (Logsdon 2010)	Serious ⁴	N/A	Not serious	Serious ¹	134	MD 1.67 (-0.44, 3.78)	Low
Quality of life: EQ-5D (post-intervention) – higher numbers favour intervention							
1 (Quinn 2016)	Not serious	N/A	Not serious	Serious ¹	23	MD 0.05 (-0.04, 0.14)	Moderate
Quality of life: EQ-5D (follow-up) – higher numbers favour intervention							
1 (Quinn 2016)	Not serious	N/A	Not serious	Serious ¹	23	MD -0.04 (-0.15, 0.07)	Moderate
Quality of life: all measures (post-intervention) – higher numbers favour intervention							
3	Not serious	Not serious	Not serious	Serious ²	291	SMD 0.24 (-0.00, 0.47)	Moderate
Quality of life: all measures (follow-up) – higher numbers favour intervention							

Number of RCTs	Risk of bias	Inconsistency	Indirectness	Imprecision	Sample size	Effect size (95% CI)	Quality
1 (Quinn 2016)	Not serious	N/A	Not serious	Very Serious ³	23	SMD -0.29 (-1.11, 0.54)	Low
<ol style="list-style-type: none"> 1. Non-significant result 2. 95% CI crosses 1 line of a defined MID interval 3. 95% CI crosses 2 lines of a defined MID interval 4. Outcomes assessors not blinded 							