

G.9.1.18 Adapted mindfulness program

Quality assessment						No of participants		Effect estimate	Quality
No of studies	Design	Risk of bias	Indirectness	Inconsistency	Imprecision	Adapted mindfulness	Usual care	Summary of results Mean difference (95% CI)	
Cognition (MMSE) higher values favour intervention									
1 Churcher Clarke (2017)	RCT	Very serious ¹	Not serious	N/A	Serious ²	20	8	MD 1.65 (-2.52, 5.82)	Very low
Quality of life (QOLAD) higher values favour intervention									
1 Churcher Clarke (2017)	RCT	Very serious ¹	Not serious	N/A	Not serious	20	8	MD 4.14 (0.46, 7.82)	Low
Depression (CSDD) lower values favour intervention									
1 Churcher Clarke (2017)	RCT	Very serious ¹	Not serious	N/A	Serious ²	20	8	MD 1.58 (-3.12, 6.28)	Very low
1. Single blind, limited reporting pilot study 2. Non-significant result									