

### G.9.2.2 Psychosocial interventions (outcomes in caregivers)

Quality assessment						No of caregivers		Effect estimate	Quality
No of studies	Design	Risk of bias	Indirectness	Inconsistency	Imprecision	Intervention	Control	Summary of results	
<b>Quality of life (QoL-VAS) at 12 months – higher numbers favour intervention</b>									
1 (Waldorff 2012)	RCT	Not serious <sup>1</sup>	Not serious	N/A	Serious <sup>2</sup>	128	144	MD -0.51 (-4.46, 3.44)	Moderate
<b>Quality of life (QoL-VAS) at 36 months – higher numbers favour intervention</b>									
2 (Koivisto 2016, Phung 2013)	RCT	Not serious <sup>1</sup>	Not serious	Serious <sup>3</sup>	Serious <sup>2</sup>	247	319	MD 0.25 (-5.81, 6.30)	Low
<b>Quality of life (QoL-15D) at 36 months – higher numbers favour intervention</b>									
1 (Koivisto 2016)	RCT	Not serious <sup>1</sup>	Not serious	N/A	Serious <sup>2</sup>	84	152	MD 0.00 (-0.04, 0.03)	Moderate
<b>Psychological distress during caregiving (GHQ) at 36 months – lower numbers favour intervention</b>									
1 (Koivisto 2016)	RCT	Not serious <sup>1</sup>	Not serious	N/A	Serious <sup>2</sup>	84	152	MD -0.92 (-2.51, 0.67)	Moderate
<b>Orientation to life (SOC) at 36 months – higher numbers favour intervention</b>									
1 (Koivisto 2016)	RCT	Not serious <sup>1</sup>	Not serious	N/A	Serious <sup>2</sup>	84	152	MD 1.53 (-5.71, 8.77)	Moderate
<b>Depression (GDS) at 12 months – lower numbers favour intervention</b>									
1 (Waldorff 2012)	RCT	Not serious <sup>1</sup>	Not serious	N/A	Serious <sup>2</sup>	128	143	MD 0.70 (-0.47, 1.87)	Moderate
<b>Depression (BDI or GDS) at 36 months – lower numbers favour intervention</b>									
2 (Koivisto 2016, Phung 2013)	RCT	Not serious <sup>1</sup>	Not serious	N/A	Serious <sup>2</sup>	247	319	MD 0.07 (-1.85, 1.99)	Moderate

1. Participants in studies not blinded, but not judged to be a serious risk of bias
2. Non-significant result

Quality assessment						No of caregivers		Effect estimate	Quality
No of studies	Design	Risk of bias	Indirectness	Inconsistency	Imprecision	Intervention	Control	Summary of results	
3. $i^2 > 40\%$ Waldorff 2012 and Phung 2013 report the 12-month and 36-month follow-up of the same RCT.									