

G.9.2.3 Self-management interventions (outcomes in people with dementia)

Quality assessment						No of patients		Effect estimate	Quality
No of studies	Design	Risk of bias	Indirectness	Inconsistency	Imprecision	Intervention	Usual care	Summary of results	
Health-related quality of life (15D) at 9 months – higher favour intervention									
1 (Laakkonen 2016)	RCT	Serious ¹	Not serious	N/A	Serious ²	67	67	MD 0.01 (-0.02, 0.04)	Low
Global assessment (CDR) at 9 months – higher favour intervention									
1 (Laakkonen 2016)	RCT	Serious ¹	Not serious	N/A	Serious ²	67	67	MD 0.53 (-0.09, 1.15)*	Low
Cognitive function (VF) at 9 months – higher favour intervention									
1 (Laakkonen 2016)	RCT	Serious ¹	Not serious	N/A	Not serious	67	67	MD 1.22 (0.31, 2.13)	Moderate
Cognitive function (CDT) at 9 months – higher favour intervention									
1 (Laakkonen 2016)	RCT	Serious ¹	Not serious	N/A	Not serious	67	67	MD 0.54 (0.05, 1.03)	Moderate
1. There was no blinding; baseline characteristics were not balanced between groups; control group received more than usual care; not all outcomes were reported 2. Non-significant result *Results were multiplied by -1 so direction of effect consistent with other cognitive outcomes to be included in a subgroup meta-analysis									