

### G.11.1.3 Psychoeducation and skills training

Quality assessment						No of patients		Effect estimate	Quality
No of studies	Design	Risk of bias	Indirectness	Inconsistency	Imprecision	Intervention	Usual care	Summary of results	
<b>Carer burden (lower values favour intervention)</b>									
10	RCT	Not serious	Not serious	Serious <sup>1</sup>	Serious <sup>2</sup>	595	551	SMD -0.30 (-0.49, -0.10)	Low
<b>Carer depression (lower values favour intervention)</b>									
14	RCT	Not serious	Not serious	Not serious	Serious <sup>2</sup>	1,102	929	SMD -0.25 (-0.33, -0.16)	Moderate
<b>Carer anxiety (lower values favour intervention)</b>									
6	RCT	Not serious	Not serious	Not serious	Serious <sup>2</sup>	606	483	SMD -0.26 (-0.39, -0.14)	Moderate
<b>Carer stress (lower values favour intervention)</b>									
6	RCT	Not serious	Not serious	Not serious	Serious <sup>2</sup>	323	323	SMD -0.21 (-0.37, -0.06)	Moderate
<b>Carer quality of life (higher values favour intervention)</b>									
5	RCT	Not serious	Not serious	Serious <sup>1</sup>	Serious <sup>2</sup>	334	324	SMD 0.11 (-0.11, 0.33)	Low
<b>Carer self-efficacy (higher values favour intervention)</b>									
7	RCT	Not serious	Not serious	Serious <sup>1</sup>	Serious <sup>2</sup>	503	470	SMD 0.20 (-0.01, 0.42)	Low
<b>Revised memory and behaviour problems checklist – severity (lower values favour intervention)</b>									
3	RCT	Not serious	Not serious	Serious <sup>1</sup>	Very serious <sup>3</sup>	115	92	SMD -0.11 (-0.52, 0.30)	Very low
<b>Revised memory and behaviour problems checklist – reaction (lower values favour intervention)</b>									
2	RCT	Not serious	Not serious	Serious <sup>1</sup>	Serious <sup>2</sup>	211	172	SMD -0.24 (-0.54, 0.07)	Low
<b>Behavioural and psychological symptoms of dementia – severity (lower values favour intervention)</b>									

Quality assessment						No of patients		Effect estimate	Quality
No of studies	Design	Risk of bias	Indirectness	Inconsistency	Imprecision	Intervention	Usual care	Summary of results	
7	RCT	Not serious	Not serious	Serious <sup>1</sup>	Serious <sup>2</sup>	295	289	SMD -0.27 (-0.53, -0.02)	Low
<b>Behavioural and psychological symptoms of dementia – reaction (lower values favour intervention)</b>									
3	RCT	Not serious	Not serious	Not serious	Serious <sup>2</sup>	68	74	SMD -0.23 (-0.56, 0.10)	Moderate
<b>Activities of daily living – person living with dementia (higher values favour intervention)</b>									
3	RCT	Not serious	Not serious	Not serious	Serious <sup>2</sup>	128	133	SMD -0.07 (-0.31, 0.18)	Moderate
<b>Proportion entering long stay care (lower values favour intervention)</b>									
3	RCT	Not serious	Not serious	Not serious	Serious <sup>2</sup>	265	195	RR 1.47 (0.91, 2.37)	Moderate
1. $i^2 > 40\%$ 2. Crosses one line of a defined MID 3. Crosses two lines of a defined MID									