

G.11.1.5 Respite care

| Quality assessment | | | | | | No of patients | | Effect estimate | Quality |
|--|--------|--------------|----------------------|---------------|---------------------------|----------------|------------|-------------------------|---------|
| No of studies | Design | Risk of bias | Indirectness | Inconsistency | Imprecision | Intervention | Usual care | Summary of results | |
| Carer burden versus usual care (lower values favour intervention) | | | | | | | | | |
| 1 (Wishart 2000) | RCT | Not serious | Not serious | N/A | Very serious ¹ | 11 | 10 | SMD -0.67 (-1.55, 0.22) | Low |
| Carer depression versus usual care (lower values favour intervention) | | | | | | | | | |
| 1 (Grant 2003) | RCT | Not serious | Not serious | N/A | Very serious ¹ | 32 | 23 | SMD -0.03 (-0.56, 0.51) | Low |
| Carer depression versus polarity therapy (lower values favour intervention) | | | | | | | | | |
| 1 (Korn 2009) | RCT | Not serious | Serious ² | N/A | Serious ³ | 18 | 20 | SMD 0.66 (0.01, 1.32) | Low |
| Carer anxiety versus usual care (lower values favour intervention) | | | | | | | | | |
| 1 (Grant 2003) | RCT | Not serious | Not serious | N/A | Very serious ¹ | 32 | 23 | SMD 0.01 (-0.53, 0.54) | Low |
| Carer stress versus polarity therapy (lower values favour intervention) | | | | | | | | | |
| 1 (Korn 2009) | RCT | Not serious | Serious ² | N/A | Serious ³ | 18 | 20 | SMD 0.82 (0.15, 1.48) | Low |

1. Crosses two lines of a defined MID
2. Polarity therapy not a relevant comparator for the UK
3. Crosses one line of a defined MID