

G.11.1.6 Psychotherapy

Quality assessment						No of patients		Effect estimate	Quality
No of studies	Design	Risk of bias	Indirectness	Inconsistency	Imprecision	Intervention	Usual care	Summary of results	
Carer burden (lower values favour intervention)									
2	RCT	Not serious	Not serious	Not serious	Not serious	57	50	SMD -0.82 (-1.22, -0.42)	High
Carer depression (lower values favour intervention)									
14	RCT	Serious ¹	Not serious	Serious ²	Not serious	491	543	SMD -0.55 (-0.85, -0.26)	Low
Carer anxiety (lower values favour intervention)									

Quality assessment						No of patients		Effect estimate	Quality
No of studies	Design	Risk of bias	Indirectness	Inconsistency	Imprecision	Intervention	Usual care	Summary of results	
3	RCT	Serious ¹	Not serious	Not serious	Serious ³	106	122	SMD -0.43 (-0.70, -0.17)	Low
Carer stress (lower values favour intervention)									
3	RCT	Serious ¹	Not serious	Not serious	Serious ³	158	140	SMD -0.17 (-0.40, 0.06)	Low
Carer quality of life (higher values favour intervention)									
2	RCT	Not serious	Not serious	Not serious	Serious ³	85	87	SMD 0.35 (0.05, 0.66)	Moderate
Carer self-efficacy (higher values favour intervention)									
4	RCT	Not serious	Not serious	Serious ²	Serious ³	82	87	SMD 1.03 (0.05, 2.01)	Low
Revised memory and behaviour problems checklist – severity (lower values favour intervention)									
2	RCT	Not serious	Not serious	Serious ²	Very serious ⁴	82	91	SMD -0.14 (-0.63, 0.34)	Very low
Revised memory and behaviour problems checklist – reaction (lower values favour intervention)									
3	RCT	Not serious	Not serious	Not serious	Serious ³	167	161	SMD -0.28 (-0.50, -0.07)	Moderate
<ol style="list-style-type: none"> 1. Unclear reporting of methods 2. $i^2 > 40\%$ 3. Crosses one line of a defined MID 4. Crosses two lines of a defined MID 									