

G.11.1.13 Psychotherapy versus psychoeducational interventions

No of studies	Design	Quality assessment				No of patients		Effect estimate	Quality
		Risk of bias	Indirectness	Inconsistency	Imprecision	Psychotherapy	Psychoeducation	Summary of results	
Carer burden (lower values favour intervention)									
2	RCT	Not serious	Not serious	Not serious	Very serious ¹	30	30	SMD 0.16 (-0.34, 0.67)	Low
Carer depression (lower values favour intervention)									
3	RCT	Not serious	Not serious	Not serious	Serious ²	63	64	SMD -0.29 (-0.64, 0.06)	Moderate
Carer anxiety (lower values favour intervention)									
1 (Gonyea 2016)	RCT	Serious ³	Not serious	N/A	Very serious ¹	33	34	SMD -0.02 (-0.50, 0.46)	Very low
Carer self-efficacy (higher values favour intervention)									
1 (Gonyea 2016)	RCT	Serious ³	Not serious	N/A	Very serious ¹	33	34	SMD 0.10 (-0.38, 0.58)	Very low
Behavioural and psychological symptoms of dementia – severity (lower values favour intervention)									
1 (Gonyea 2016)	RCT	Serious ³	Not serious	N/A	Very serious ¹	33	34	SMD -0.20 (-0.68, 0.28)	Very low
Behavioural and psychological symptoms of dementia – reaction (lower values favour intervention)									
1 (Gonyea 2016)	RCT	Serious ³	Not serious	N/A	Very serious ¹	33	34	SMD -0.26 (-0.74, 0.22)	Very low

Quality assessment						No of patients		Effect estimate	Quality
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<ol style="list-style-type: none"> 1. Crosses two lines of a defined MID 2. Crosses one line of a defined MID 3. Unclear reporting of methods 									