



### Alcohol Use Disorders Identification Test-C (AUDIT-C)

**Resource summary:** The AUDIT-C is a much shorter version of the AUDIT that can help you identify alcohol misuse in your clients. It contains only three questions, which add up to a total score of 0–12. A higher score usually means the client is engaging in more hazardous alcohol use. The AUDIT-C is scored as follows:

- For Questions 1 and 3, assign 0 points to response a, 1 point to response b, 2 points to response c, 3 points to response d, and 4 points to response e.
- For Question 2, assign 0 points to responses a and b, 1 point to response c, 2 points to response d, 3 points to response e, and 4 points to response f.

A total score of 3 or higher for women and 4 or higher for men means problematic alcohol use. In such cases, you should assess further (or refer for formal assessment) to learn more about the client’s drinking habits and determine whether AUD is present. Learn more about the AUDIT-C, including how to score and interpret results, at [www.queri.research.va.gov/tools/alcohol-misuse/alcohol-faqs.cfm#top](http://www.queri.research.va.gov/tools/alcohol-misuse/alcohol-faqs.cfm#top).

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**Patient Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**1. How often do you have a drink containing alcohol?**

- a. Never
- b. Monthly or less
- c. 2-4 times a month
- d. 2-3 times a week
- e. 4 or more times a week

**2. How many drinks containing alcohol did you have on a typical day when you were drinking in the past year?**

- a. 0 drinks
- b. 1 or 2
- c. 3 or 4
- d. 5 or 6
- e. 7 to 9
- f. 10 or more

**3. How often do you have six or more drinks on one occasion?**

- a. Never
- b. Less than monthly
- c. Monthly
- d. Weekly
- e. Daily or almost daily

*Adapted from material in the public domain.<sup>1455,1456</sup>*