Senior Alcohol Misuse Indicator (SAMI)
Resource summary: SAMI is a tool for assessing older adults who may have at-risk alcohol use. A score of 1 or higher suggests at-risk drinking.

Senior Alcohol Misuse Indicator (SAMI)

1a. Have you recently (in the last few months) experienced problems with any of the following (if yes, please check box):

☐ Changes in sleep? ☐ Changes in appetite or weight? ☐ Dizziness?

☐ Drowsiness? ☐ Difficulty remembering things? ☐ Poor balance?

☐ Falls?

1b. Have you recently (in the last few months) experienced problems with any of the following (if yes, please check box):

☐ Feelings of sadness? ☐ Lack of interest in daily activities? ☐ Feelings of worthlessness?

☐ Loneliness? ☐ Feelings of anxiety?

2. Do you enjoy wine/beer/spirits? Which do you prefer?

_____

3. As your life has changed, how has your use of [selected] wine/beer/spirits changed?

_____

4. Do you find you enjoy [selected] wine/beer/spirits as much as you used to? ☐ Yes ☐ No
(For clinical use. Not included in scoring.)

5. You mentioned that you have difficulties with_____ (from answers to questions 1a and b).
I am wondering if you think that [selected] wine/beer/spirits might be connected? ☐ Yes ☐ No

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SCORING KEY

Single responses (a score of 1 for each response):

Question 2:

I enjoy **all three** of wine/beer/spirits OR

I enjoy **a combination of any two** from wine/beer/spirits ☐

Question 3:
I have **increased** alcohol consumption from when I was younger ☐

Question 5:
Yes, there **may be** a connection between my alcohol use and health ☐

SUBTOTAL 1 = _____ /3

Multiple responses (a score of 1 for each combination of responses):

Question 2 & 3:

Yes, I do enjoy alcohol

There has been **no change** in alcohol consumption

=> If both responses provided, check box => ☐

Question 1, 2 & 3:
Yes, I have experienced **5 or more** symptoms

Yes, I do enjoy alcohol

Indicates any current alcohol consumption (regardless of any change in pattern)

=> If all three responses provided, check box => ☐

SUBTOTAL 2 = _____ /2

TOTAL SCORE = SUBTOTAL 1 + SUBTOTAL 2 = _____