

Table 31: Clinical evidence profile: People with hypertension vs control

Quality assessment							No of patients		Effect		Quality	Importance
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Hypertensives	Control	Relative (95% CI)	Absolute		
apnoea index (Better indicated by lower values)												
1	observational studies	serious ¹	no serious inconsistency	no serious indirectness	no serious imprecision	None	46	34	-	MD 6.7 higher (5.99 to 7.41 higher)	⊕000 VERY LOW	CRITICAL
hypopnoea index (Better indicated by lower values)												
1	observational studies	serious ¹	no serious inconsistency	no serious indirectness	no serious imprecision	None	46	34	-	MD 2.5 higher (1.95 to 3.05 higher)	⊕000 VERY LOW	CRITICAL

¹ Risk of bias was assessed using the QUIPS checklist. Downgraded by 1 increment if the majority of the evidence was at high risk of bias, and downgraded by 2 increments if the majority of the evidence was at very high risk of bias