

## E.1 Telemonitoring and in person follow up vs in person follow up – severe OSAHS

Figure 2: Systolic blood pressure – morning

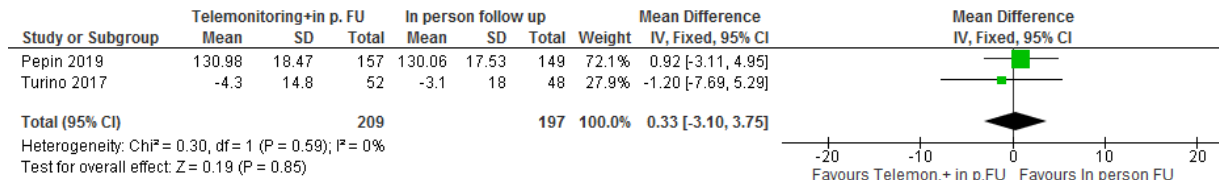


Figure 3: Adherence – hours per day

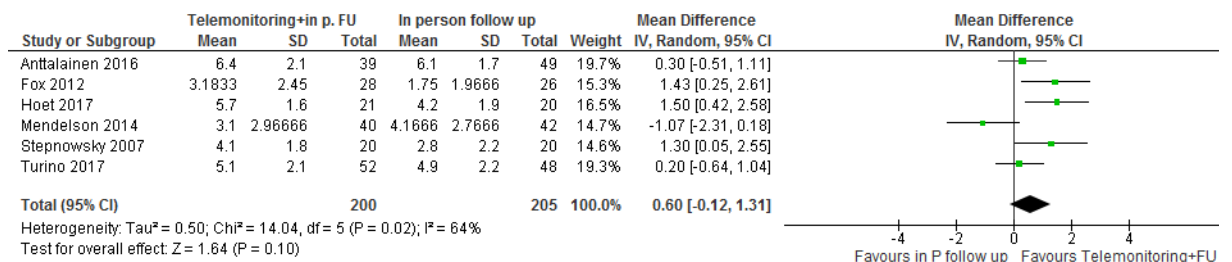


Figure 4: Adherence – on nights PAP used – hours per day

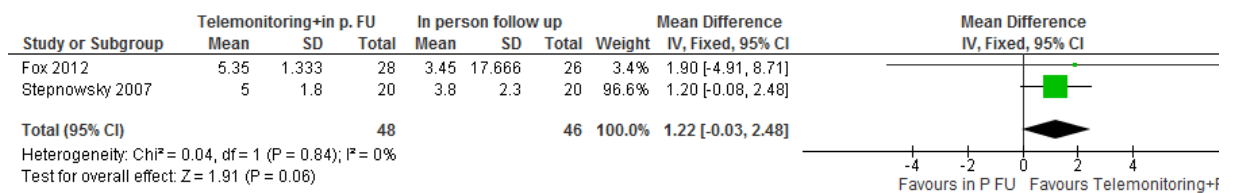
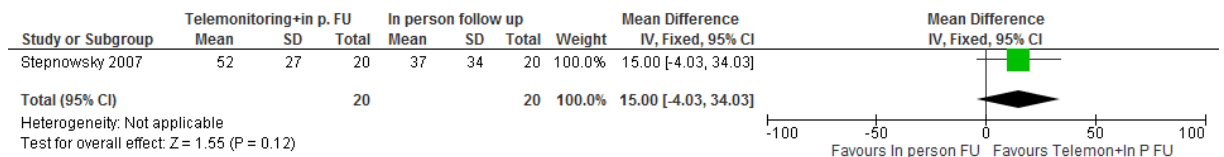
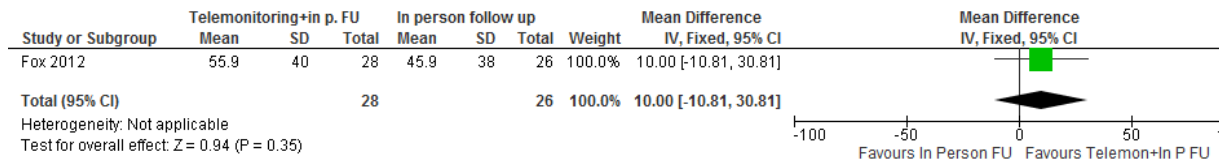


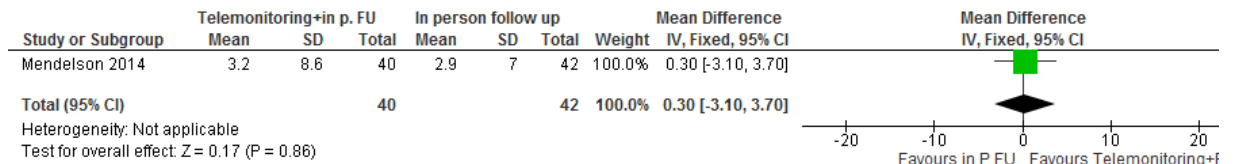
Figure 5: Mean % nights CPAP use >4 hours (adherence)



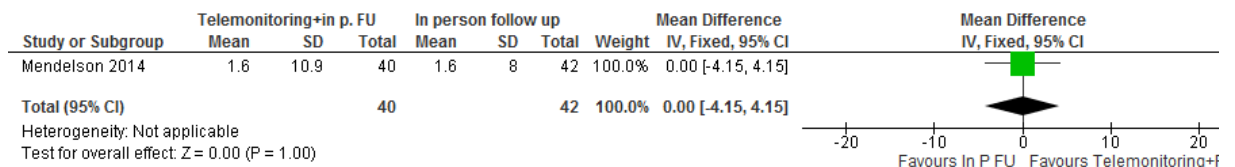
**Figure 6: Mean % days CPAP used (adherence)**



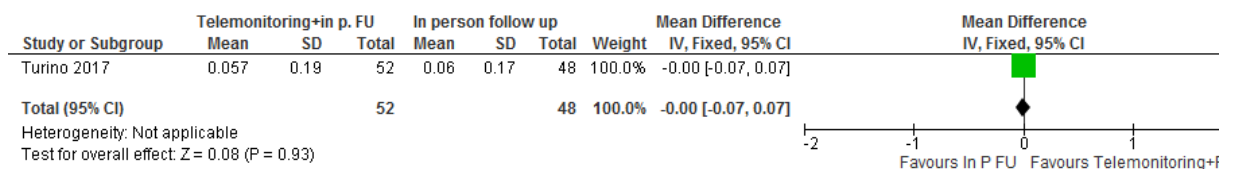
**Figure 7: Quality of life – physical composite (change score), 0-100, higher is better**



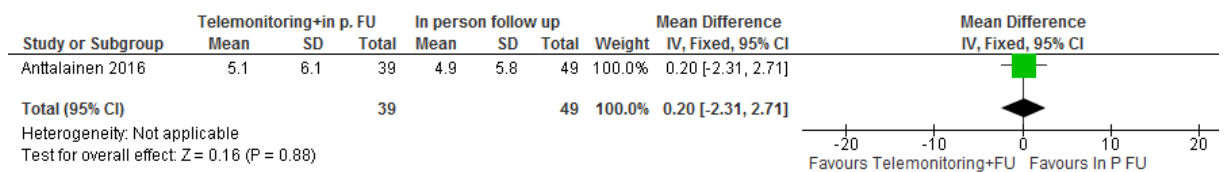
**Figure 8: Quality of life – mental composite (change score), 0-100, higher is better**



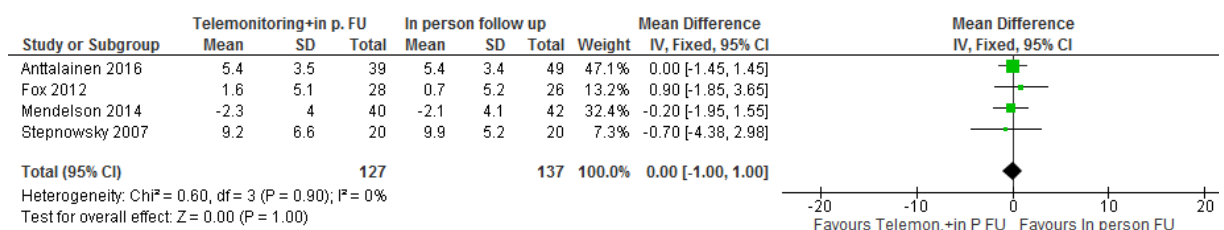
**Figure 9: Quality of life – EQ5D, 0-1, higher is better**



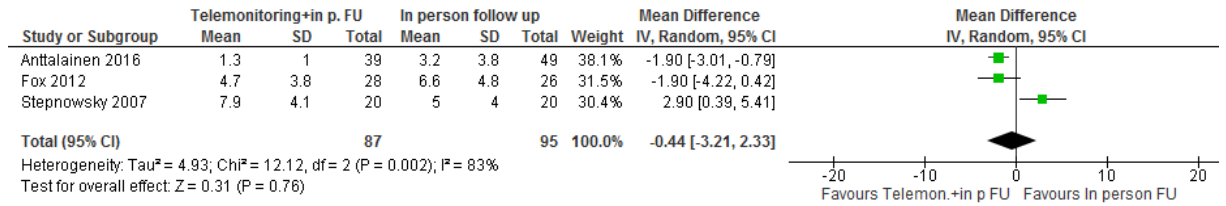
**Figure 10: Quality of life – GHQ12, 0-12, higher is worse**



**Figure 11: Sleepiness (ESS), 0-24, higher is worse**



**Figure 12: Apnoea-hypopnea index (AHI) events per hour (lower is better)**



**Figure 13: Functional outcome of sleep, 5-20, higher is better**

