Table 15: Multimodal telemonitoring versus usual care – severe OSAHS

10.010	Table 16. Mattimodal telemonitoring versus usual care severe control											
	Quality as	No of patient	s	Effect		Quality	Importance					
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Multimodal telemonitoring	Usual care	Relative (95% CI)	Absolute		
Adherence (follow-up mean 6 months; range of scores: 0-8; Better indicated by higher values)												
	randomised trials	very serious ¹	no serious inconsistency	no serious indirectness	serious ²	None	117	122	-	MD 0.53 higher (0.07 lower to 1.13 higher)	⊕000 VERY LOW	IMPORTANT
Sleepiness ESS (follow-up mean 6 months; range of scores: 0-24; Better indicated by lower values)												

trials serious¹ inconsistency indirectness imprecision to 0.46 lower) LOW uality of life-SF12-Physical (follow-up mean 6 months; range of scores: 0-100; Better indicated by higher values) randomised trials very serious¹ inconsistency indirectness serious² None 117 122 - MD 1.5 higher (0.14 to 2.86 higher) VERY LOW uality of life-SF12 - Mental (follow-up mean 6 months; range of scores: 0-100; Better indicated by higher values) randomised very trials very serious¹ inconsistency indirectness indirectness no serious inconsistency indirectness indirectness no serious imprecision randomised very serious¹ inconsistency indirectness indirectness indirectness indirectness serious² None 117 122 - MD 0.3 higher (0.88 lower to 1.48 higher) ⊕⊕OO LOW pstolic blood pressure (follow-up mean 6 months; Better indicated by lower values) randomised very serious¹ inconsistency indirectness indirectness serious² None 117 122 - MD 0.92 higher (3.65 ⊕OOO lower to 5.49 higher) VERY LOW lower to 5.49 higher) VERY LOW lower to 5.49 higher) VERY LOW lordality													
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uality of life-SF12 - Mental (follow-up mean 6 months; range of scores: 0-100; Better indicated by higher values) randomised trials very serious¹ no serious inconsistency no serious imprecision no serious indirectness no serious inconsistency no serious indirectness None 117 122 - MD 0.92 higher (3.65 ⊕OOO IMPORTA VERY LOW VERY LOW CRITICA		trials	serious'	inconsistency	indirectness						to 2.86 higher)		
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¹ Downgraded by 1 increment if the majority of the evidence was at high risk of bias, and downgraded by 2 increments if the majority of the evidence was at very high risk of bias

² Downgraded by 1 increment if the confidence interval crossed one MID or by 2 increments if the confidence interval crossed both MIDs; MID for machine usage (adherence)-1 hour; MID for Systolic and Diastolic BP – 5 mm hg. Established MIDs for SF-36 physical/mental- 2/3; ESS- 2.5; GRADE default MID (0.5XSD)used for all other continuous outcomes.