I.1 Excluded clinical studies

Table 17: Studies excluded from the clinical review

Study	Exclusion reason
Abreu 2013 ¹	Abstract only
Chen 2020 ⁴	Systematic review- screened for relevant references.
Delanote 2018 ⁵	Inappropriate intervention
DeMolles 2004 ⁶	Inappropriate intervention
Fields 2016 ⁹	Inappropriate intervention
Frasnelli 2016 ¹¹	Inappropriate study design – non randomised study without adequate adjustment for confounders.
Gong 2018 ¹²	Systematic review references checked
Hanger 2018 ¹³	Included in adherence review
Hood 2013 ¹⁵	Inappropriate intervention -self monitoring or an attention-control (AC) condition.
Hwang 2018 ¹⁶	Inappropriate intervention. Study included in the adherence evidence review.
Isetta 2014 ¹⁸	Inappropriate intervention
Isetta 2014 ¹⁷	Abstract only
Isetta 2017 ²⁰	Inappropriate study design – non comparative study.
Kotzian 2018 ²²	Protocol only
Kotzian 2019 ²¹	Inappropriate intervention- included in adherence review
Mendelson 2013 ²⁴	Abstract only
Murphie 2019 ²⁷	Systematic review references checked
Nilius 2012 ²⁹	Inappropriate intervention – included in adherence review
Palmer 2004 ³¹	Inappropriate intervention
Parikh 2011 ³²	Inappropriate study design – non randomised study without adequate adjustment for confounders.
Peach 2003 ³⁴	Abstract only
Peach 2006 ³³	Abstract only
Pengo 2018 ³⁵	Inappropriate intervention.
Pepin 2014 ³⁷	Abstract only
Schoch 2019 ³⁸	Inappropriate intervention- included in adherence review
	Inappropriate intervention

Study	Exclusion reason
Taylor 2003 ⁴¹	Thesis unavailable
Wozniak 2014 ⁴³	Systematic review references checked