

Economic evidence tables for review question: What is the effectiveness of pelvic floor muscle training (including Kegel exercises, biofeedback, weighted vaginal cones, and electrical stimulation) for improving symptoms of pelvic floor dysfunction?

Table 53: Economic evidence tables for

Study country and type	Intervention and comparator	Study population, design and data sources	Costs and outcomes (descriptions and values)	Results	Comments
<p>Panman, C. M. C. R., Wieggersma, M., Kollen, B. J., Berger, M. Y., Lisman-Van Leeuwen, Y., Vermeulen, K. M., Dekker, J. H., Two-year effects and cost-effectiveness of pelvic floor muscle training in mild pelvic organ prolapse: a randomised controlled trial in primary care, <i>BJOG: An International Journal of Obstetrics and Gynaecology</i>, 124, 511-520, 2017</p> <p>Cost utility analysis</p>	<p><i>Intervention:</i> Pelvic Floor Muscle Training</p> <p><i>Comparator:</i> Watchful waiting</p>	<p>Women aged 55+</p> <p>Alongside a Randomised Control Trial</p> <p>Source of baseline data: Randomised Control trial (N=287)</p> <p>Source of effectiveness data: Randomised Control Trial (N=287)</p> <p>Source of cost data: Randomised Control Trial (N=287)</p> <p>Source of unit cost data: Dutch tariffs</p>	<p>Costs (type): Physical therapy, medical appointments, adsorbent pads.</p> <p>Mean cost per participant (2 years): Intervention: €330 Control: €91 Difference: €239</p> <p>Primary measure of outcome (if remission how defined; if based on scale, what that scale is; if QALYs method of eliciting health valuations):</p> <p>Mean outcome per participant:</p>	<p>ICERs: €31,983</p> <p>Sensitivity analysis: Bootstrap analysis (5000 iterations)</p>	<p>Currency: Euros</p> <p>Cost year: 2013</p> <p>Time horizon: 2 Years</p> <p>Discounting: Not mentioned</p> <p>Applicability: Partially applicable</p> <p>Limitations: very serious limitations</p>

Study country and type	Intervention and comparator	Study population, design and data sources	Costs and outcomes (descriptions and values)	Results	Comments
Funded by: The Netherlands Organisation for Health Research and Development			Intervention: -0.061 Control: -0.067 Difference: 0.008		