

Economic evidence profiles for review question: What is the effectiveness of pelvic floor muscle training (including Kegel exercises, biofeedback, weighted vaginal cones, and electrical stimulation) for improving symptoms of pelvic floor dysfunction?

Table 54: Economic evidence profiles for

Study and country	Limitations	Applicability	Other comments	Incremental costs	Incremental effects	ICER	Uncertainty
Panman, C. M. C. R., Wieggersma, M., Kollen, B. J., Berger, M. Y., Lisman-Van Leeuwen, Y., Vermeulen, K. M., Dekker, J. H., Two-year effects and cost-effectiveness of pelvic floor	Potentially serious limitations ¹	Partially applicable ²	Type of economic analysis: cost utility analysis Time horizon: 2 years Primary measure of outcome: QALYs	Additional cost for Pelvic Floor Muscle Training (vs Watchful waiting): €239	Additional QALYs for Pelvic Floor Muscle Training (vs watchful waiting): 0.008	ICUR (of Pelvic Floor Muscle Training vs watchful waiting): €31,983	Deterministic sensitivity analyses: none undertaking PSA: 55% located in the north west quadrant, 45% located in the north east quadrant

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muscle training in mild pelvic organ prolapse: a randomised controlled trial in primary care, BJOG: An International Journal of Obstetrics and Gynaecology, 124, 511-520, 2017 The Netherlands							Bootstrapping: 5,000 iterations

1. *ICER very sensitive to small changes in utilities*
2. *Women over 55 in the Netherlands*