

## Comparison 1: Cabbage leaf extract cream compared with placebo

Source: Zakarija-Grkovic I, Stewart F. Treatments for breast engorgement during lactation. Cochrane Database Syst Rev. 2020;(9):CD006946.

Certainty assessment							No of patients		Effect		Certainty (GRADE)	Importance
No of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Cabbage leaf extract cream	Placebo	Relative (95% CI)	Absolute (95% CI)		
<b>Breast pain (0–10 VAS; higher score = more pain)</b>												
1	randomized trials	serious <sup>a</sup>	not serious	not serious	very serious <sup>b,c</sup>	none	21	18	-	MD <b>0.4 higher</b> (0.67 lower to 1.47 higher)	⊕○○○ VERY LOW	CRITICAL
<b>Breast engorgement (measured with 6-point engorgement scale)</b>												
1	randomized trials	serious <sup>a</sup>	not serious	not serious	very serious <sup>b,c</sup>	none	21	18	-	MD <b>0.2 higher</b> (0.18 lower to 0.58 higher)	⊕○○○ VERY LOW	CRITICAL

CI: confidence interval; MD: mean difference.

a. The pooled effect provided by study “B”.

b. Wide confidence interval crossing the line of no effect.

c. Small sample size and/or few events.