

Comparison 4: Acupoint massage compared with usual care

Source: Crepinsek MA, Taylor EA, Michener K, Stewart F. Interventions for preventing mastitis after childbirth. Cochrane Database Syst Rev. 2020;(9):CD007239.

Certainty assessment							No of patients		Effect		Certainty (GRADE)	Importance
No of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Acupoint massage	Usual care	Relative (95% CI)	Absolute (95% CI)		
Breast pain												
1	randomized trials	serious ^a	not serious	not serious	not serious	none	10/200 (5.0%)	80/200 (40.0%)	RR 0.13 (0.07 to 0.23)	348 fewer per 1000 (from 372 fewer to 308 fewer)	⊕⊕⊕○ MODERATE	IMPORTANT
Breast engorgement												
1	randomized trials	serious ^a	not serious	not serious	not serious	none	50/200 (25.0%)	102/200 (51.0%)	RR 0.49 (0.37 to 0.65)	260 fewer per 1000 (from 321 fewer to 179 fewer)	⊕⊕⊕○ MODERATE	IMPORTANT
Incidence of mastitis within 6 months postpartum												
1	randomized trials	serious ^a	not serious	not serious	not serious	none	10/200 (5.0%)	26/200 (13.0%)	RR 0.38 (0.19 to 0.78)	81 fewer per 1000 (from 105 fewer to 29 fewer)	⊕⊕⊕○ MODERATE	IMPORTANT
Women's perception of milk supply – moderate or better												
1	randomized trials	serious ^a	not serious	not serious	not serious	none	176/200 (88.0%)	140/200 (70.0%)	RR 1.26 (1.13 to 1.40)	182 more per 1000 (from 91 more to 280 more)	⊕⊕⊕○ MODERATE	IMPORTANT
Exclusive breastfeeding – at 42 days postpartum												
1	randomized trials	serious ^a	not serious	not serious	not serious	none	152/200 (76.0%)	80/200 (40.0%)	RR 1.90 (1.58 to 2.29)	360 more per 1000 (from 232 more to 516 more)	⊕⊕⊕○ MODERATE	IMPORTANT

CI: confidence interval; RR: risk ratio.

a. The pooled effect provided by study "B".