E.6 Combined antidepressants (fluoxetine) & graded exercise versus graded exercise

Figure 46: Fatigue: 14-item Chalder fatigue scale at 26 weeks

•	Antid	epressa	Placebo				Mean Difference	Mean Difference IV, Fixed, 95% CI					
Study or Subgroup	Mean SD Total			Mean SD To		Total	Weight						IV, Fixed, 95% CI
Wearden 1998	-6	10.43	33	-5.7	10.9	34	100.0%	-0.30 [-5.41, 4.81]		_		-	
Total (95% CI)			33			34	100.0%	-0.30 [-5.41, 4.81]		-			
Heterogeneity: Not applicable Test for overall effect: Z = 0.12 (P = 0.91)									-20 Favou	-10	0 nts Favo	10	20

Figure 47: Psychological status: HADS depression at 26 weeks

	Antidepressants			Placebo				Mean Difference		Mean	ce		
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Fixed, 95% CI		IV, Fi	xed, 95%	CI	
Wearden 1998	-2	3.67	33	-1.2	3.49	34	100.0%	-0.80 [-2.52, 0.92]					
Total (95% CI)			33			34	100.0%	-0.80 [-2.52, 0.92]			•		
Heterogeneity: Not applicable Test for overall effect: Z = 0.91 (P = 0.36)									-20 Fa	-10 yours antidepressant	0 s Favoi	10 urs placebo	20

Figure 48: Exercise performance measure: VO2 max (mL O2/kg/min) at 26 weeks

_	Con	ion	Exercise			Mean Difference			Mean Difference				
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Fixed, 95% CI		IV, Fi	xed, 95% C	:1	
Wearden 1998	2	4.23	33	2.8	5.73	34	100.0%	-0.80 [-3.21, 1.61]		_	_		
Total (95% CI)			33			34	100.0%	-0.80 [-3.21, 1.61]					
Heterogeneity: Not applicable Test for overall effect: Z = 0.65 (P = 0.51)									-20	-10 Favours exercis	0 se Favour	10 s combinatio	20 on