

**Table 43: MID for continuous outcomes (0.5 x SD): Antidepressants versus graded exercise**

Outcomes	MID
Fatigue: 14-item Chalder fatigue scale Scale from: not reported	5.45
Psychological status: HADS depression Scale from: 0 to 21	1.75
Exercise performance measure: VO2 max (mL O2/kg/min)	2.87