	isCGM			SMBG			Mean Difference		Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Fixed, 95% CI	IV, Fixed, 95% CI
Boucher 2020	0	1.4279	33	0.2	1.4279	31	63.9%	-0.20 [-0.90, 0.50]	<del></del>
Xu 2021	0.23	2.0648	30	0.07	1.45	25	36.1%	0.16 [-0.77, 1.09]	<del></del>
Total (95% CI)			63			56	100.0%	-0.07 [-0.63, 0.49]	
Heterogeneity: Chi² = Test for overall effect				²= 0%					-1 -0.5 0 0.5 1 Favours isCGM Favours SMBG