

| Quality assessment | | | | | | | Number of participants | | Effect | | Quality | Importance |
|--|------------------|---------------------------|--------------------------|-------------------------|---------------------------------------|----------------------|-------------------------------------|--------------------|-------------------------|--|----------|------------|
| No of studies | Design | Risk of bias | Inconsistency | Indirectness | Imprecision | Other considerations | Multicomponent intervention package | Typical transition | Relative (95% CI) | Absolute | | |
| Progress into employment as measured by participation in a paid or unpaid community based work (follow-up approximately 8 weeks; better indicated by higher values) | | | | | | | | | | | | |
| 1 (Carter 2009) | randomised trial | very serious ¹ | no serious inconsistency | no serious indirectness | no serious imprecision | none | 25/38 (65.8%) | 5/27 (18.5%) | RR 3.55 (1.56 to 8.10) | 472 more per 1,000 (from 104 more to 1,000 more) | LOW | CRITICAL |
| Progress into employment as measured by held paid competitive jobs (follow-up approximately 8 weeks; better indicated by higher values) | | | | | | | | | | | | |
| 1 (Carter 2009) | randomised trial | very serious ¹ | no serious inconsistency | no serious indirectness | no serious imprecision | none | 17/38 (44.7%) | 3/27 (11.1%) | RR 4.03 (1.31 to 12.39) | 337 more per 1,000 (from 34 more to 1,000 more) | LOW | CRITICAL |
| Progress into employment as measured by held unpaid jobs (follow-up approximately 8 weeks; better indicated by higher values) | | | | | | | | | | | | |
| 1 (Carter 2009) | randomised trial | very serious ¹ | no serious inconsistency | no serious indirectness | very serious imprecision ² | none | 8/38 (21.1%) | 2/27 (7.4%) | RR 2.84 (0.65 to 12.35) | 136 more per 1,000 (from 26 fewer to 841 more) | VERY LOW | CRITICAL |
| Progress into employment as measured by those that exclusively held sheltered jobs (follow-up approximately 8 weeks; better indicated by higher values) | | | | | | | | | | | | |
| 1 (Carter 2009) | randomised trial | very serious ¹ | no serious inconsistency | no serious indirectness | very serious imprecision ² | none | 3/38 (7.9%) | 3/27 (11.1%) | RR 0.71 (0.16 to 3.26) | 32 fewer per 1,000 (from 93 fewer to 251 more) | VERY LOW | CRITICAL |
| Progress into employment as measured by those that did not work at any point during the summer (follow-up approximately 8 weeks; better indicated by lower values) | | | | | | | | | | | | |

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|--------------------|------------------|---------------------------|--------------------------|-------------------------|------------------------|----------------------|-------------------------------------|--------------------|------------------------|---------------|---------|------------|
| No of studies | Design | Risk of bias | Inconsistency | Indirectness | Imprecision | Other considerations | Multicomponent intervention package | Typical transition | Relative (95% CI) | Absolute | | |
| 1 (Carter 2009) | randomised trial | very serious ¹ | no serious inconsistency | no serious indirectness | no serious imprecision | none | 10/38 (26.3%) | 19/27 (70.4%) | RR 0.37 (0.21 to 0.67) | 10/38 (26.3%) | LOW | CRITICAL |

CI: confidence interval; MID: minimal important difference; ROB 2: Cochrane risk of bias tool version 2; RR: risk ratio

¹Evidence downgraded by 2 due to high risk of bias in one domain (randomisation process) as per RoB 2

²Evidence downgraded by 2 due to 95% CI crossed 2 MIDs (Default MIDs for dichotomous outcomes = 0.80 and 1.25)