

Quality assessment							Number of participants		Effect		Quality	Importance
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Before the Career Transition Liaison Project	After the Career Transition Liaison Project	Relative (95% CI)	Absolute		
Competence as measured by work performance appraisals (follow-up 3 months; range of scores: 1-5; better indicated by higher values)												
1 (Yamatani 2015)	observational study	very serious ¹	no serious inconsistency	serious indirectness ²	serious imprecision ³	none	12	12	-	MD 0.3 higher (0.03 higher to 0.57 higher)	VERY LOW	CRITICAL

CI: confidence interval; EPOC: Effective Practice and Organisation of Care; MD: mean difference; MID: minimal important difference; SD: standard deviation

¹Evidence downgraded by 2 due to high risk of bias in 3 domains (intervention independent of other changes, knowledge of the allocated interventions adequately prevented during the study, and other risks of bias) as per EPOC risk of bias for interrupted time series studies

²Evidence downgraded by 1 due to 1 indirect aspect of PICO (population)

³Evidence downgraded by 1 due to 95% CI crossed 1 MID ($0.5 \times SD$ of the control group = 0.184)