

## D.6 Aortic regurgitation – regurgitant fraction and volume on cardiac MRI

Reference	Kockova 2019 <sup>140</sup>
Study type and analysis	Prospective cohort study Multivariable Cox proportional hazards regression model
Number of participants and characteristics	<b>Total n=104</b> 3 failed to complete the MRI because of claustrophobia or spine deformity CMR-derived regurgitant volume <45 (n=?) and ≥45 ml (n=?). CMR-derived regurgitant fraction <34% (n=?) and ≥34% (n=?).

Reference	Kockova 2019 <sup>140</sup>																		
	<p><b>Inclusion criteria</b> (1) severe AR defined by using the integrative 2D ECHO approach; (2) absence of symptoms validated using bicycle ergometry; (3) preserved LVEF (&gt;50%); (4) non-dilated LV end-diastolic diameter (<math>\leq 70</math> mm) and LV end-systolic diameter index (<math>\leq 25</math> mm/m<sup>2</sup>); and (5) sinus rhythm.</p> <p><b>Exclusion criteria</b> Guideline indications for AV intervention, acute AR, aortic dissection, endocarditis, irregular heart rate, associated with more than mild valvular disease, complex congenital heart disease, intracardiac shunt, creatinine clearance &lt;30 mL/min, pregnancy, or contra indication for MRI</p> <p><b>Values listed below are presented as mean (SD), median (IQR) or number (%)</b></p> <p><b>Patient characteristics:</b></p> <table> <tr> <td>Age:</td> <td>44 (13) years</td> </tr> <tr> <td>Male (%)</td> <td>86%</td> </tr> <tr> <td>Smoker (%)</td> <td>13%</td> </tr> <tr> <td>CAD</td> <td>4%</td> </tr> <tr> <td>NYHA class I (%)</td> <td>100%</td> </tr> <tr> <td>Systolic blood pressure, mmHg:</td> <td>136 (16)</td> </tr> <tr> <td>LVEF on 2D echo</td> <td>64 (6)%</td> </tr> <tr> <td>Moderate-to-severe AR</td> <td>54%</td> </tr> <tr> <td>Severe AR</td> <td>46%</td> </tr> </table> <p><b>Population source:</b> Consecutive patients from three tertiary cardiology centres Enrolment from March 2015 to September 2018; follow up assessment every 6 months to 30 September 2018 Median follow-up of 587 days (IQR) 296–901 days, The follow-up data on AV interventions, mortality, and cardiac hospitalizations were obtained in all patients (100%) using population registry, medical files, and contact with referring physicians or family.</p>	Age:	44 (13) years	Male (%)	86%	Smoker (%)	13%	CAD	4%	NYHA class I (%)	100%	Systolic blood pressure, mmHg:	136 (16)	LVEF on 2D echo	64 (6)%	Moderate-to-severe AR	54%	Severe AR	46%
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Prognostic variable	CMR-derived regurgitant volume $\geq 45$ ml vs <45 CMR-derived regurgitant fraction $\geq 34\%$ vs <34																		
Confounders	MRI-derived LV volumes or their indices.																		

Reference	<b>Kockova 2019<sup>140</sup></b>																
Outcomes and effect sizes	<p>Aortic valve surgery</p> <p>0 deaths occurred A total of 20 (19%) individuals underwent AV surgery while the remaining patients were treated conservatively.</p> <p><b>Adjusted hazard ratios for event-free survival</b> 1.03 (1.01–1.04) for RV ≥45 ml vs &lt;45 on CMR 1.05 (1.02–1.08) for RF ≥34% vs &lt;34 on CMR</p>																
Comments	<p>Risk of bias:</p> <table border="0"> <tr> <td>1. Study participation</td> <td>LOW</td> </tr> <tr> <td>2. Study attrition</td> <td>LOW</td> </tr> <tr> <td>3. Prognostic factor measurement</td> <td>LOW</td> </tr> <tr> <td>4. Outcome Measurement</td> <td>HIGH</td> </tr> <tr> <td>5. Study confounding</td> <td>HIGH</td> </tr> <tr> <td>6. Statistical analysis</td> <td>LOW</td> </tr> <tr> <td>7. Other risk of bias</td> <td>LOW</td> </tr> <tr> <td><b>OVERALL RISK OF BIAS</b></td> <td><b>VERY HIGH</b></td> </tr> </table> <p>Indirectness:</p> <ul style="list-style-type: none"> <li>None identified</li> </ul>	1. Study participation	LOW	2. Study attrition	LOW	3. Prognostic factor measurement	LOW	4. Outcome Measurement	HIGH	5. Study confounding	HIGH	6. Statistical analysis	LOW	7. Other risk of bias	LOW	<b>OVERALL RISK OF BIAS</b>	<b>VERY HIGH</b>
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Reference	<b>Myerson 2012<sup>191</sup></b>
Study type and analysis	<p>Retrospective cohort study Multivariable Cox proportional hazards regression model and multiple logistic regression</p>
Number of participants	<p><b>Total n=113</b> Aortic regurgitant fraction measured by CMR ≤33% (n=74) and &gt;33% (n=39), (scan with highest regurgitant fraction used as the baseline).</p>

Reference	Myerson 2012 <sup>191</sup>																		
and characteristics	<p>CMR-derived regurgitant volume <math>\leq 42</math> (n=?) and <math>&gt;42</math> ml (n=?).</p> <p><b>Inclusion criteria</b> Patients at least 18 years of age, asymptomatic with moderate or severe chronic AR on echocardiography by standard (semi-quantitative) assessment</p> <p><b>Exclusion criteria</b> Presence of other significant valve disease or clinical or angiographic evidence for coronary disease</p> <p><b>Values listed below are presented as mean (SD), median (IQR) or number (%)</b></p> <p><b>Patient characteristics:</b></p> <table border="1"> <thead> <tr> <th></th> <th>Conservative Mx</th> <th>Requiring surgery</th> </tr> </thead> <tbody> <tr> <td>Age:</td> <td>50.8 (16.8) years</td> <td>45.7 (18.7)</td> </tr> <tr> <td>Systolic blood pressure, mmHg:</td> <td>132.9 (19.3)</td> <td>134.2 (16.0)</td> </tr> <tr> <td>LVEF:</td> <td>63.6 (8.7) %</td> <td>62.9 (6.4)%</td> </tr> <tr> <td>Regurgitant volume (ml):</td> <td>27.5 (15.5)</td> <td>74.7 (28.5)</td> </tr> <tr> <td>Regurgitant fraction (%)</td> <td>21.8 (9.8)</td> <td>42.0 (9.5)</td> </tr> </tbody> </table> <p><b>Population source:</b> 4 high-volume CMR centres in Oxford, London, Leeds (United Kingdom), and Auckland (New Zealand). Time frame for sampling unclear Follow up was up to 9 years (mean <math>2.6 \pm 2.1</math> years) In Oxford, patients participated in a research study, with annual CMR scans, and clinical decisions were made without knowledge of the CMR data. In the other 3 centres study patients were identified from the clinical CMR databases (although they were initially diagnosed with echocardiography) and clinicians had access to the CMR data.</p>		Conservative Mx	Requiring surgery	Age:	50.8 (16.8) years	45.7 (18.7)	Systolic blood pressure, mmHg:	132.9 (19.3)	134.2 (16.0)	LVEF:	63.6 (8.7) %	62.9 (6.4)%	Regurgitant volume (ml):	27.5 (15.5)	74.7 (28.5)	Regurgitant fraction (%)	21.8 (9.8)	42.0 (9.5)
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Prognostic variable	<p>Aortic regurgitant fraction measured by CMR <math>&gt;33\%</math> (n=39) vs <math>\leq 33\%</math> (n=74)</p> <p>CMR-derived regurgitant volume <math>&gt;42</math> ml (n= not reported) vs <math>\leq 42</math> (n= not reported).</p>																		
Confounders	Unclear, likely RF, RV and LVEDV																		
Outcomes and effect sizes	Thirty-nine patients (35%) underwent aortic valve replacement during the follow-up period, having developed symptoms (n=19) or other established echocardiographic indications for surgery (excessive LV dilation, n=17; or reduced LV function [echocardiographic																		

Reference	Myerson 2012 <sup>191</sup>																
	<p>ejection fraction &lt;50%], n=3).</p> <p>RF ≤33% survival 93%            RF &gt;33% survival 34%</p> <p><b>Adjusted hazard ratios for indication for developing indication for surgery (initially asymptomatic)</b>            7.4 (3.0 to 18.6) for RF &gt;33% vs ≤33 on CMR            13.2 (3.8 to 45.8) for RV &gt;42 on vs ≤42 CMR</p> <p>Events were only counted if the reason for aortic valve surgery was for established indications (primarily symptoms, excess LV dilation, or LV dysfunction). A minimum period of 2 months was required between the CMR scan and the decision for surgery to avoid the potential bias of patients having a CMR scan en route to surgery that had already been planned.</p>																
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