

**Forest plots for review questions: For adults with a new episode of less severe depression, what are the relative benefits and harms of psychological, psychosocial, pharmacological and physical interventions alone or in combination?**

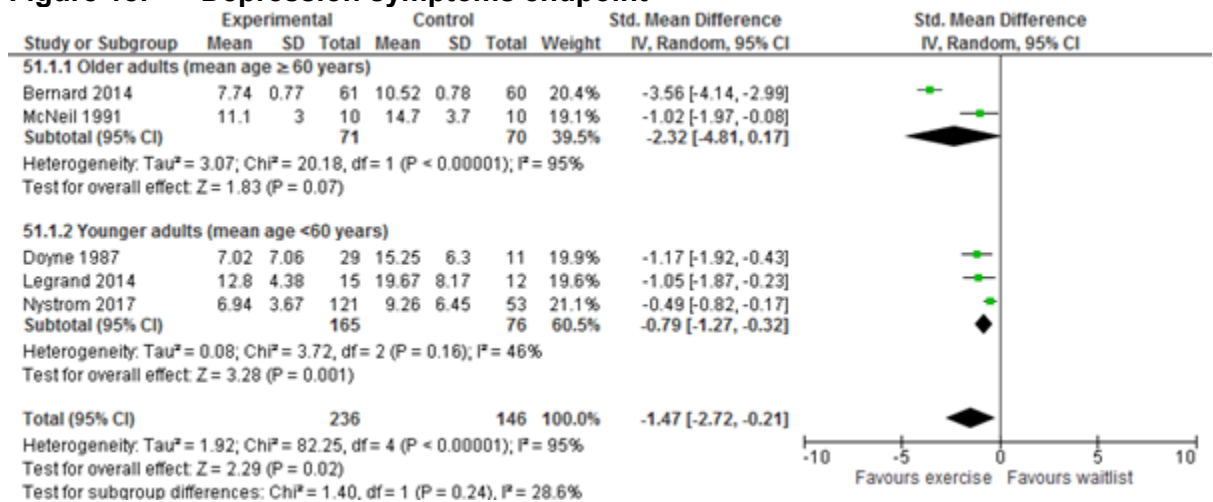
This section includes forest plots only for outcomes that were synthesised using pairwise meta-analysis but were not included in the NMA (couple interventions) and sub-group analyses.

**Subgroup analyses**

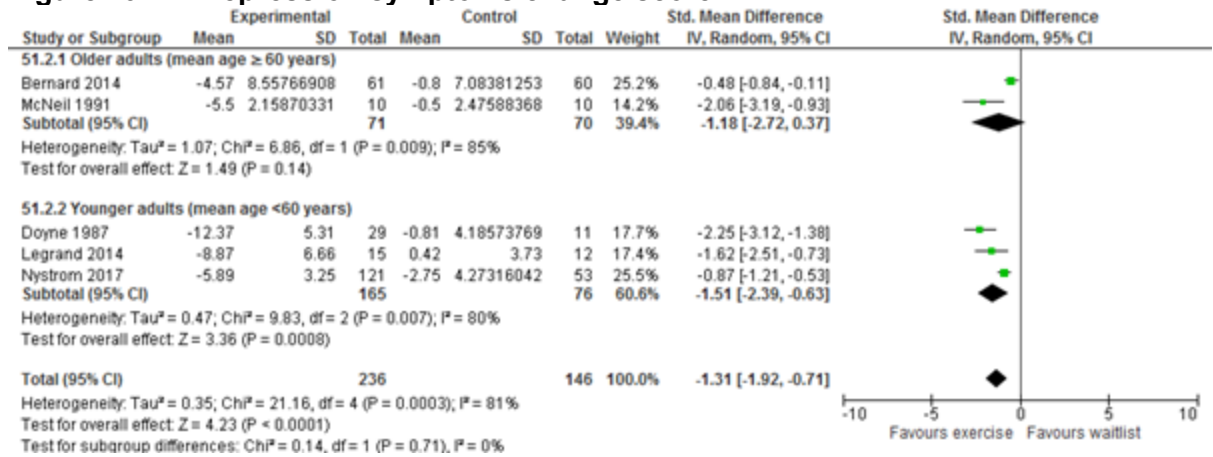
**Subgroup analyses of older adults (60 years and older) compared to younger adults (younger than 60 years)**

**Exercise individual versus waitlist**

**Figure 18: Depression symptoms endpoint**



**Figure 19: Depression symptoms change score**



**Figure 20: Discontinuation due to any reason**

