

Forest plots for review question: For adults with a new episode of more severe depression, what are the relative benefits and harms of psychological, psychosocial, pharmacological and physical interventions alone or in combination?

Subgroup analyses

Subgroup analyses of older adults (60 years and older) compared to younger adults (younger than 60 years)

SSRIs versus placebo

Figure 21: Depression symptoms endpoint

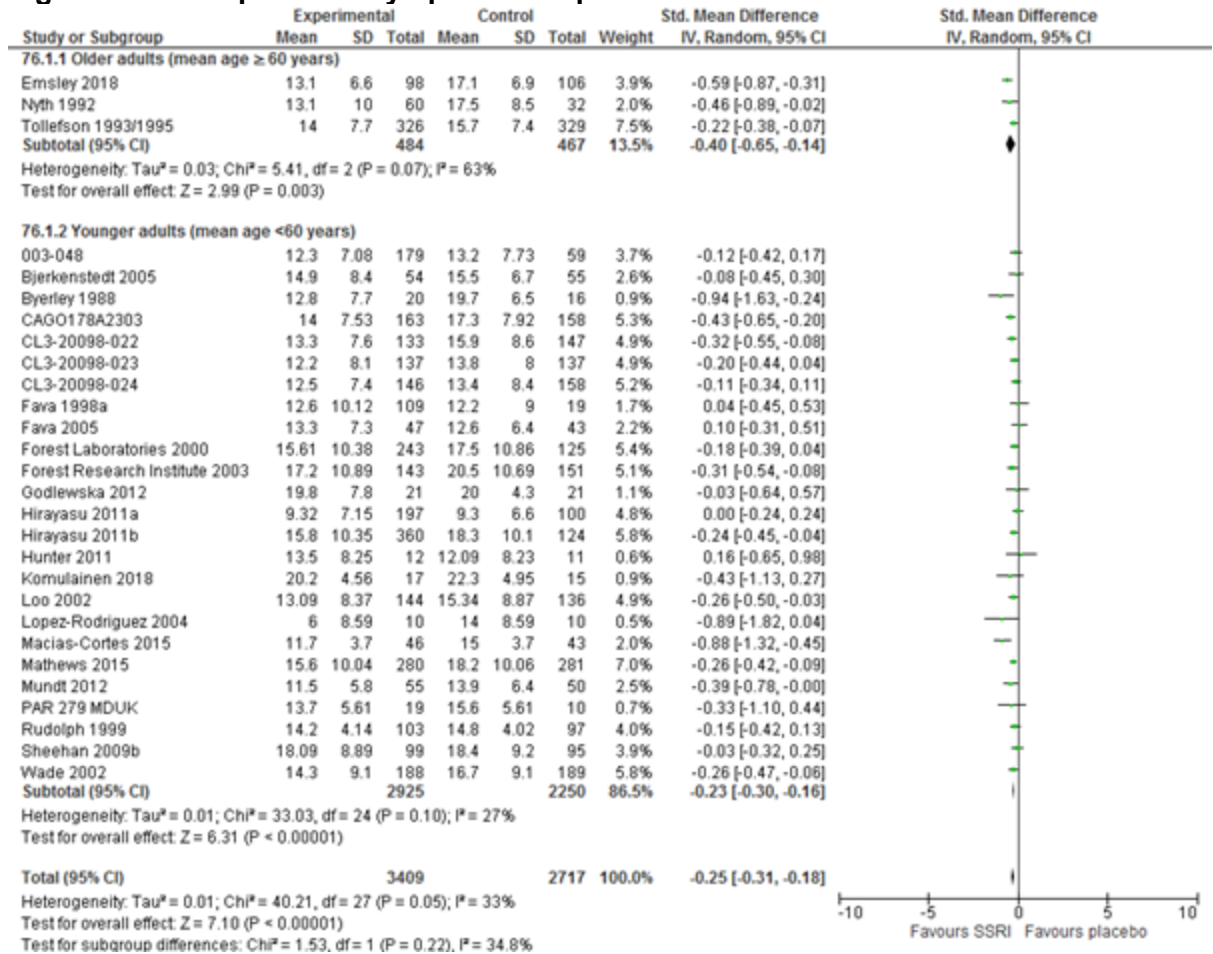


Figure 22: Depression symptoms change score

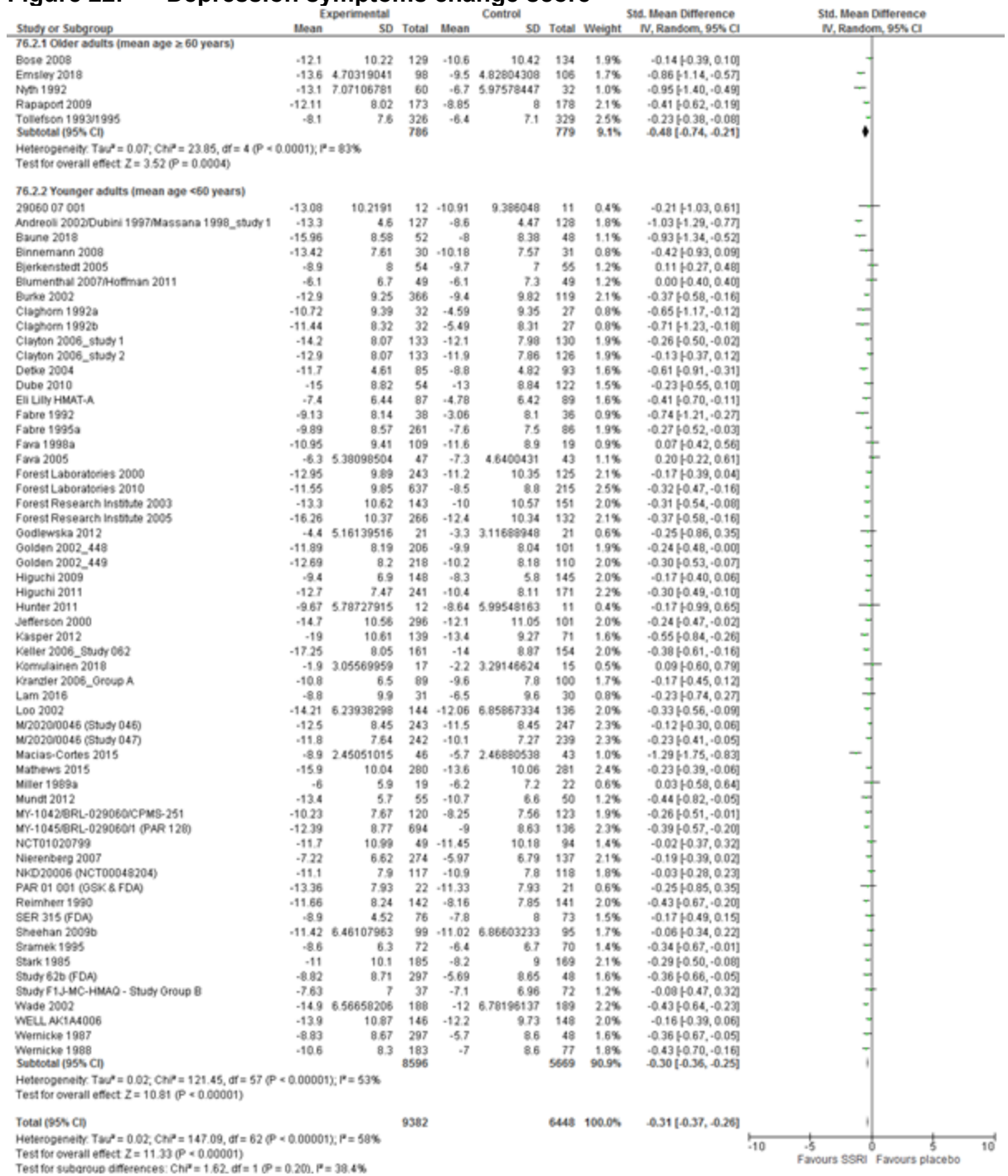


Figure 23: Remission

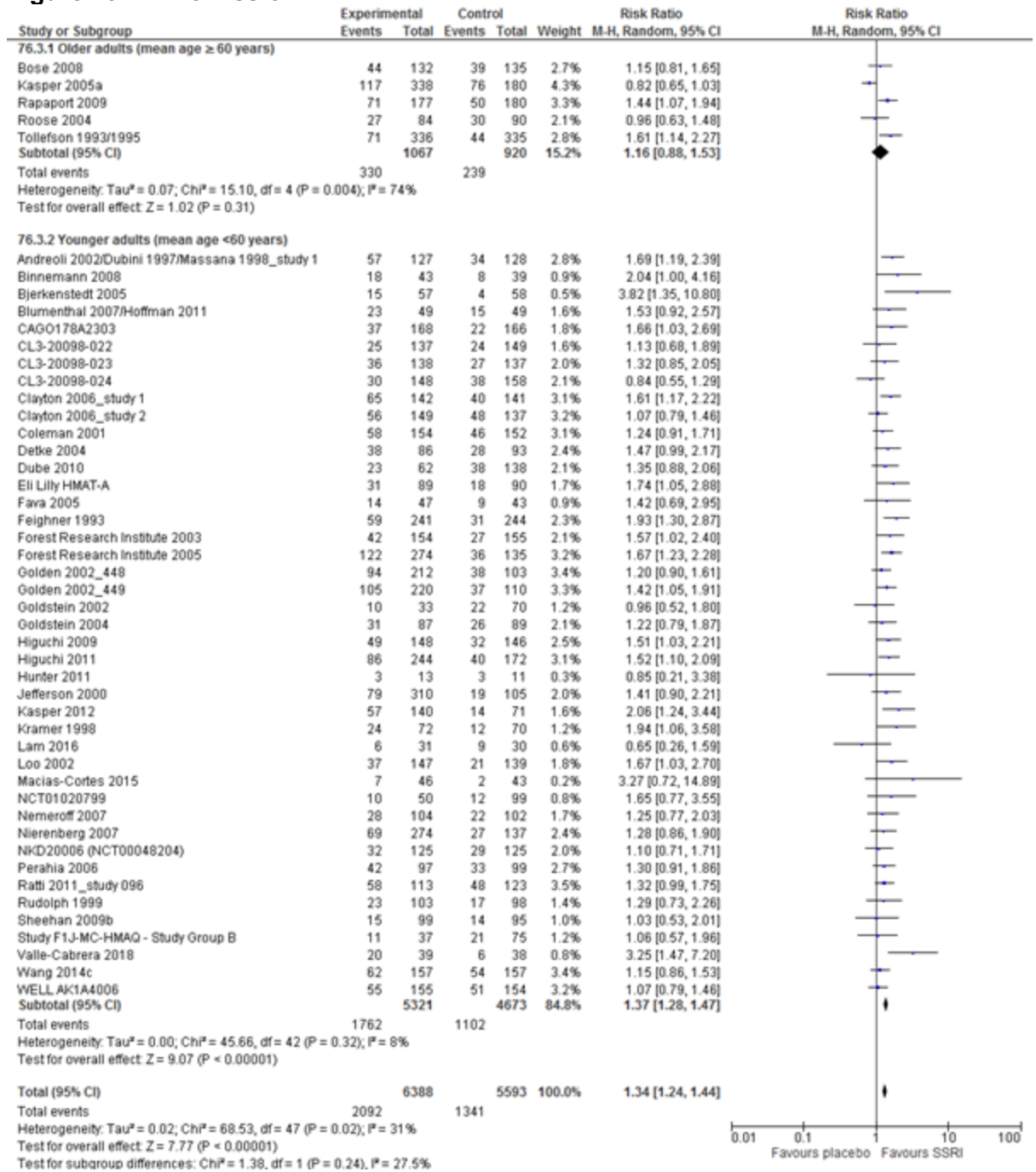


Figure 24: Response

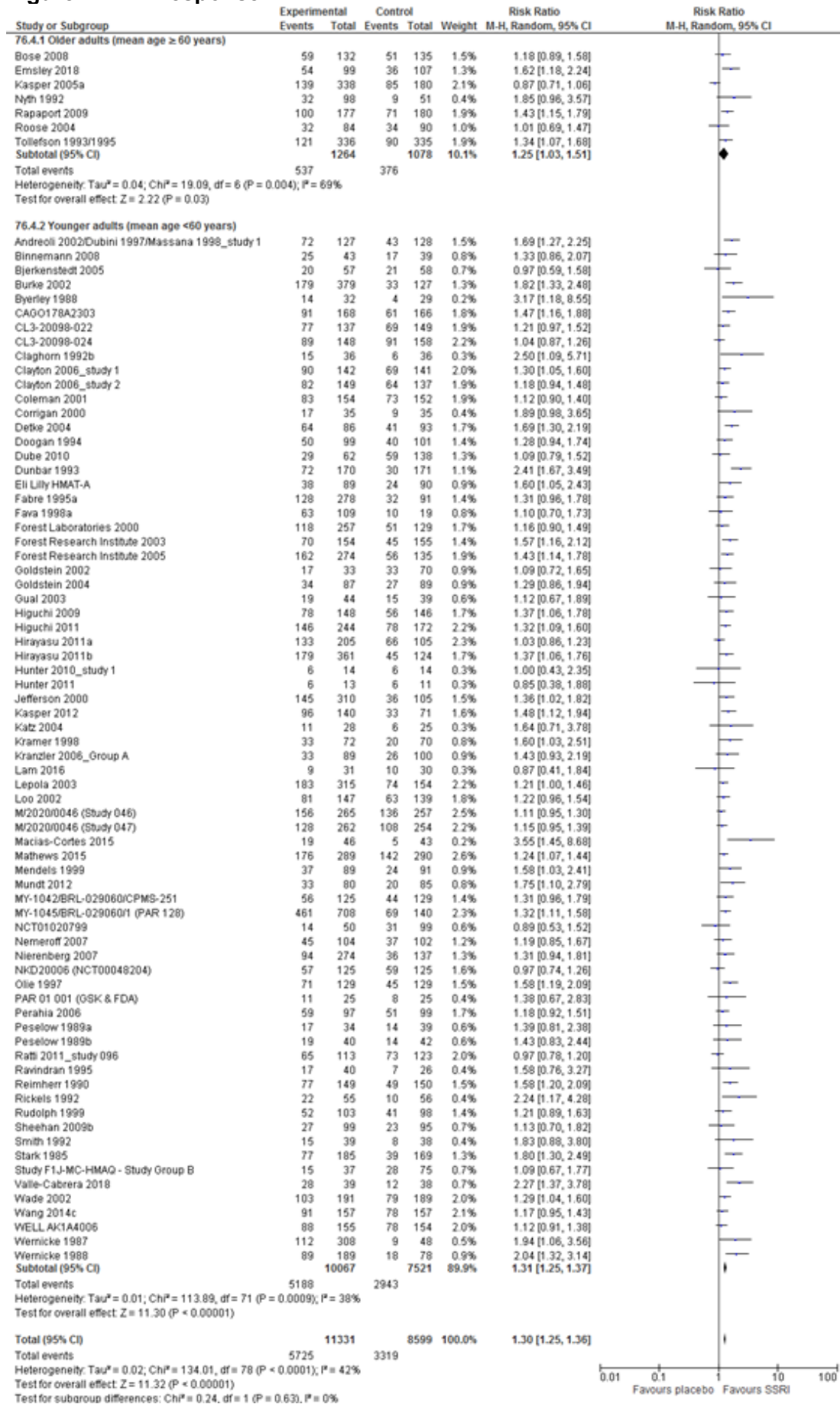


Figure 25: Discontinuation due to side effects

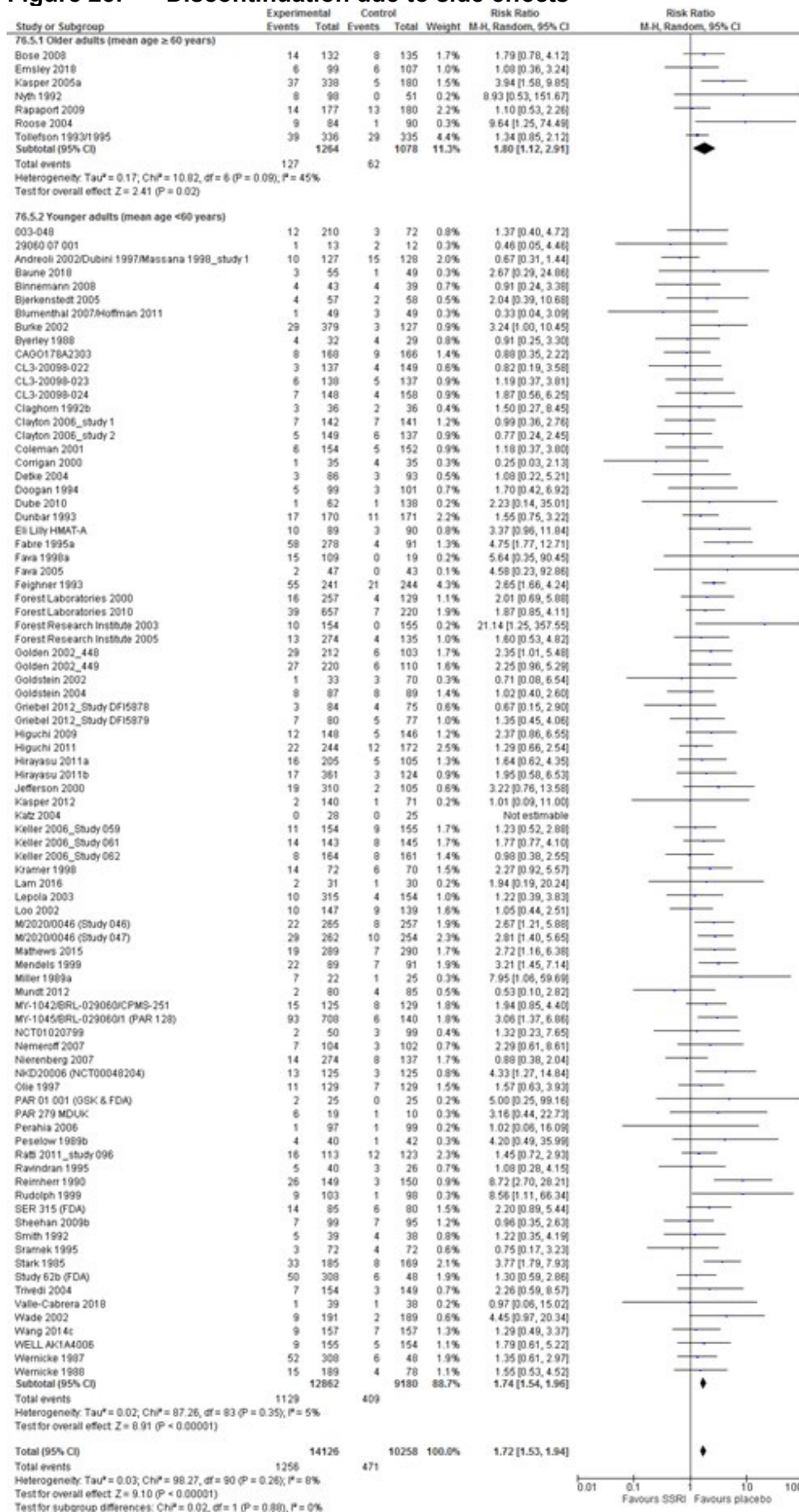
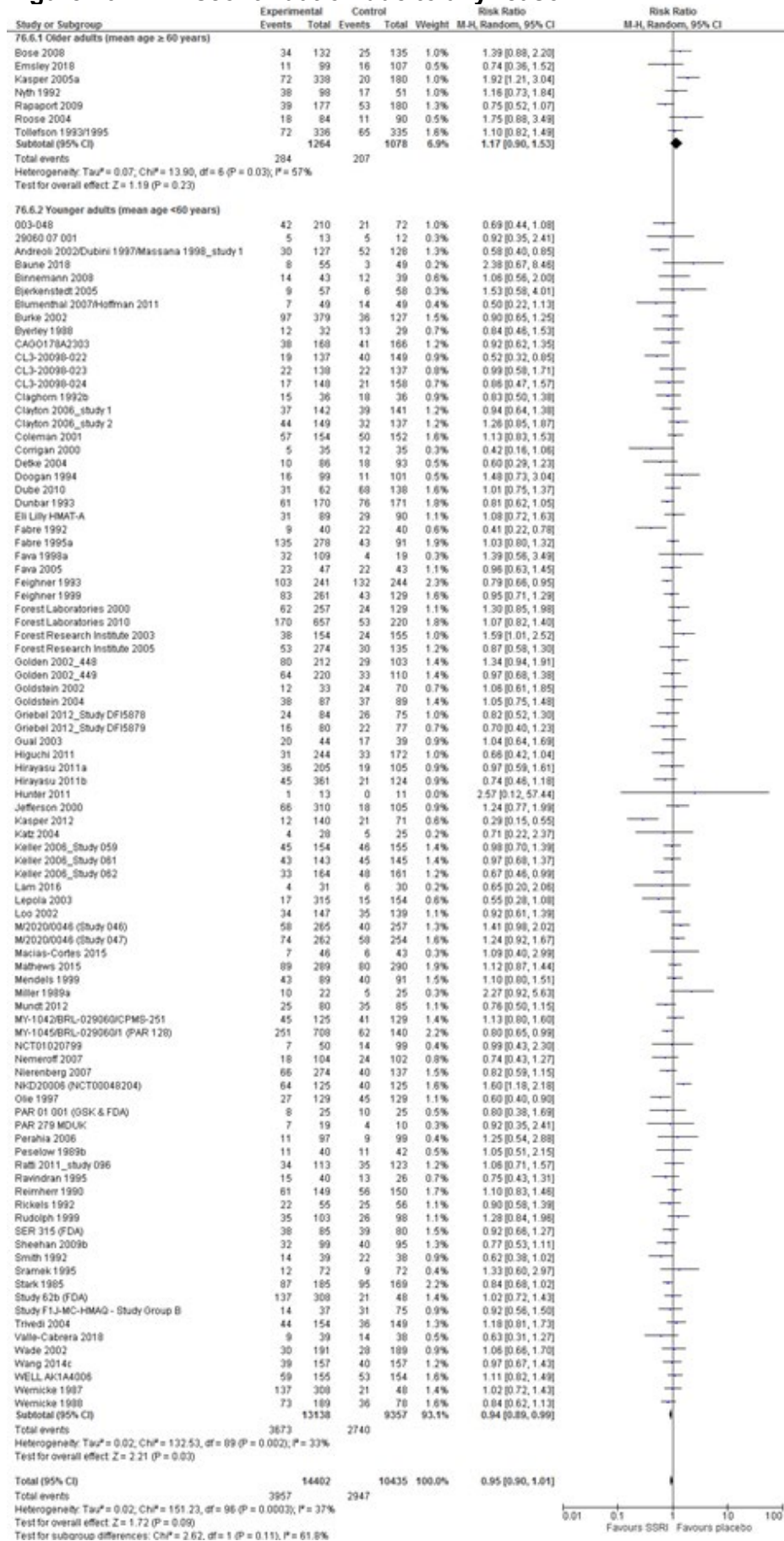


Figure 26: Discontinuation due to any reason



SSRIs versus TCAs

Figure 27: Depression symptoms endpoint

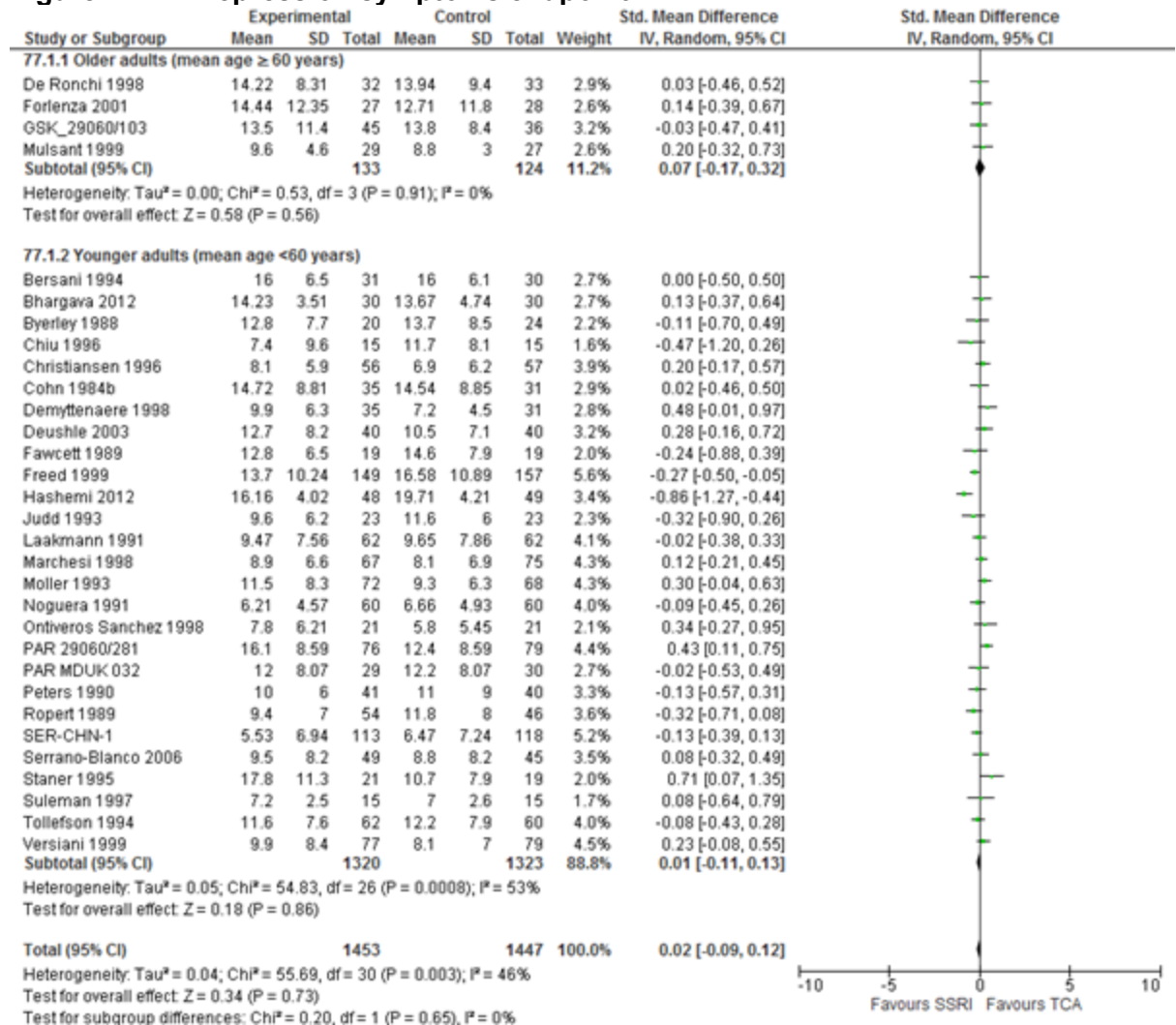


Figure 28: Depression symptoms change score

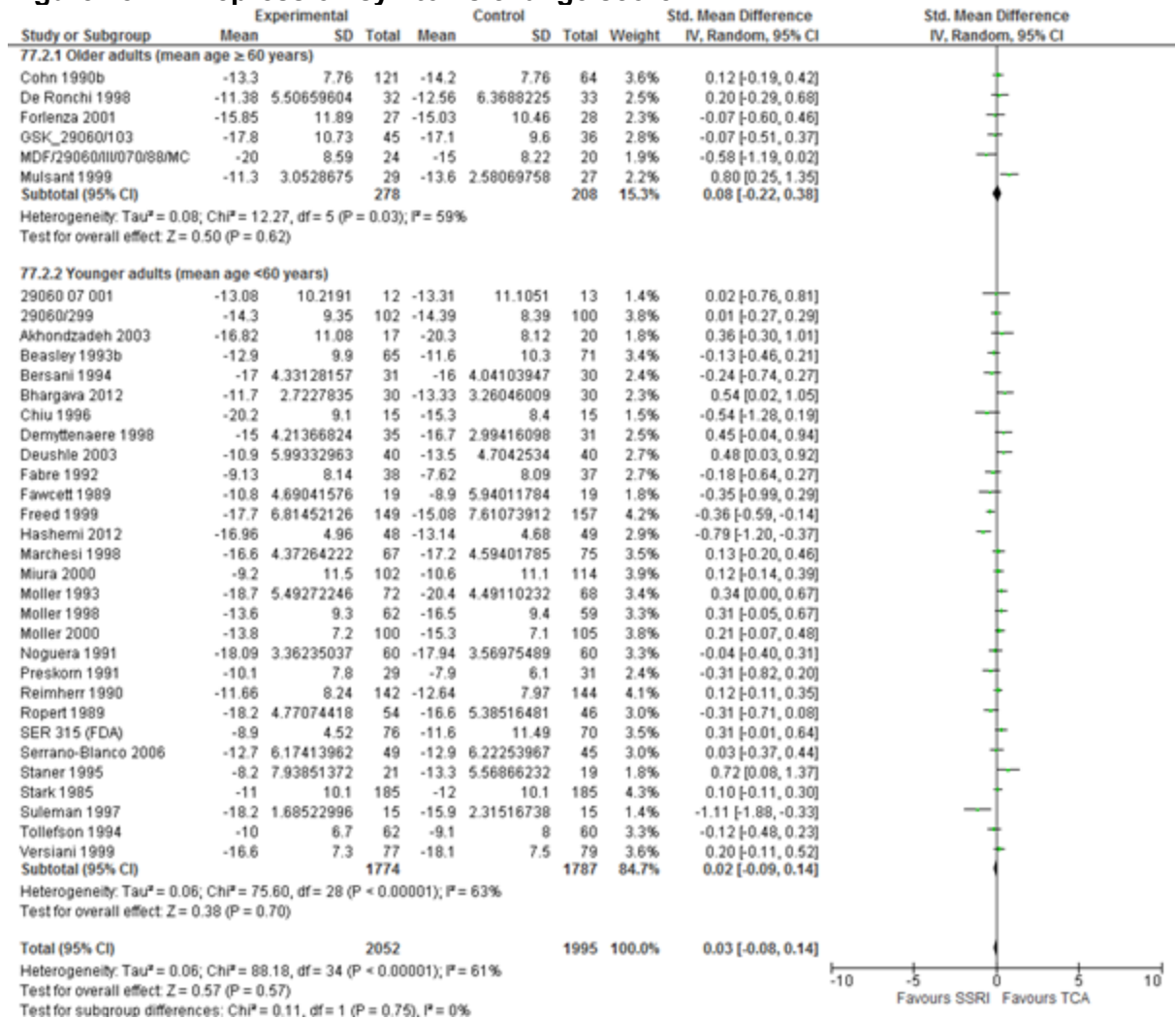


Figure 29: Remission

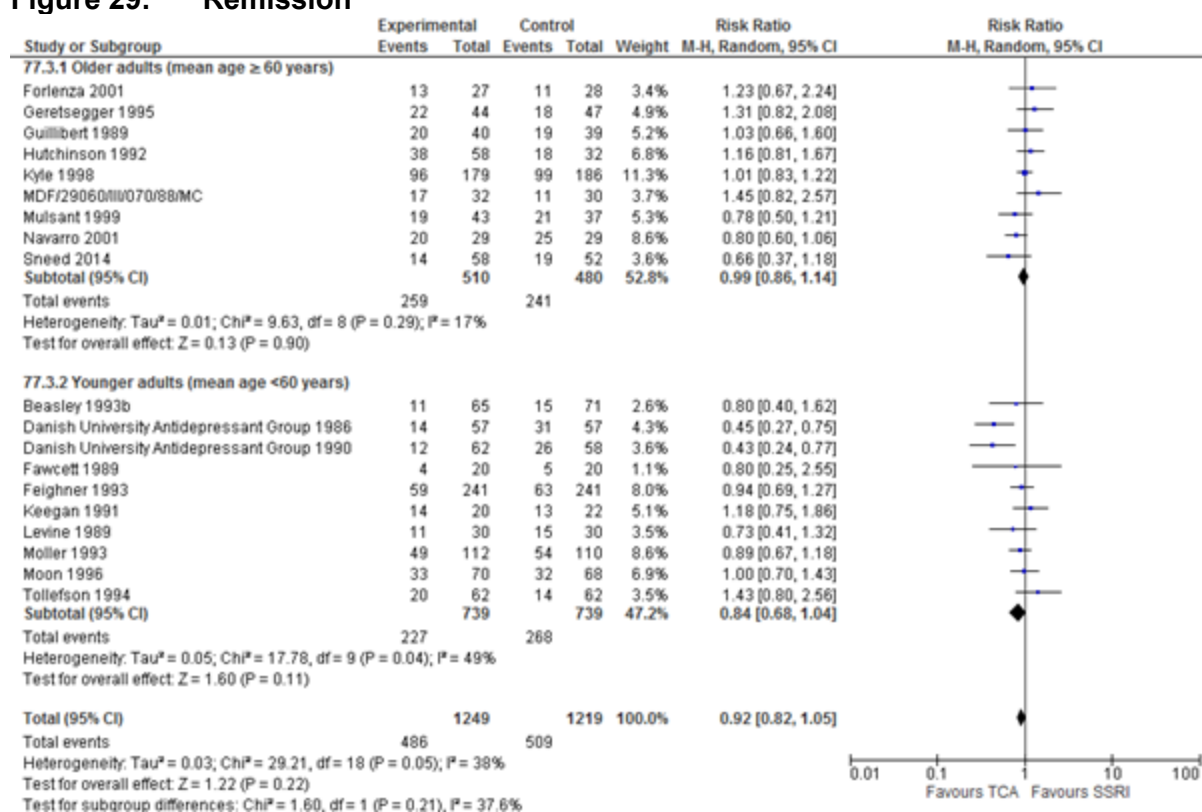


Figure 30: Response

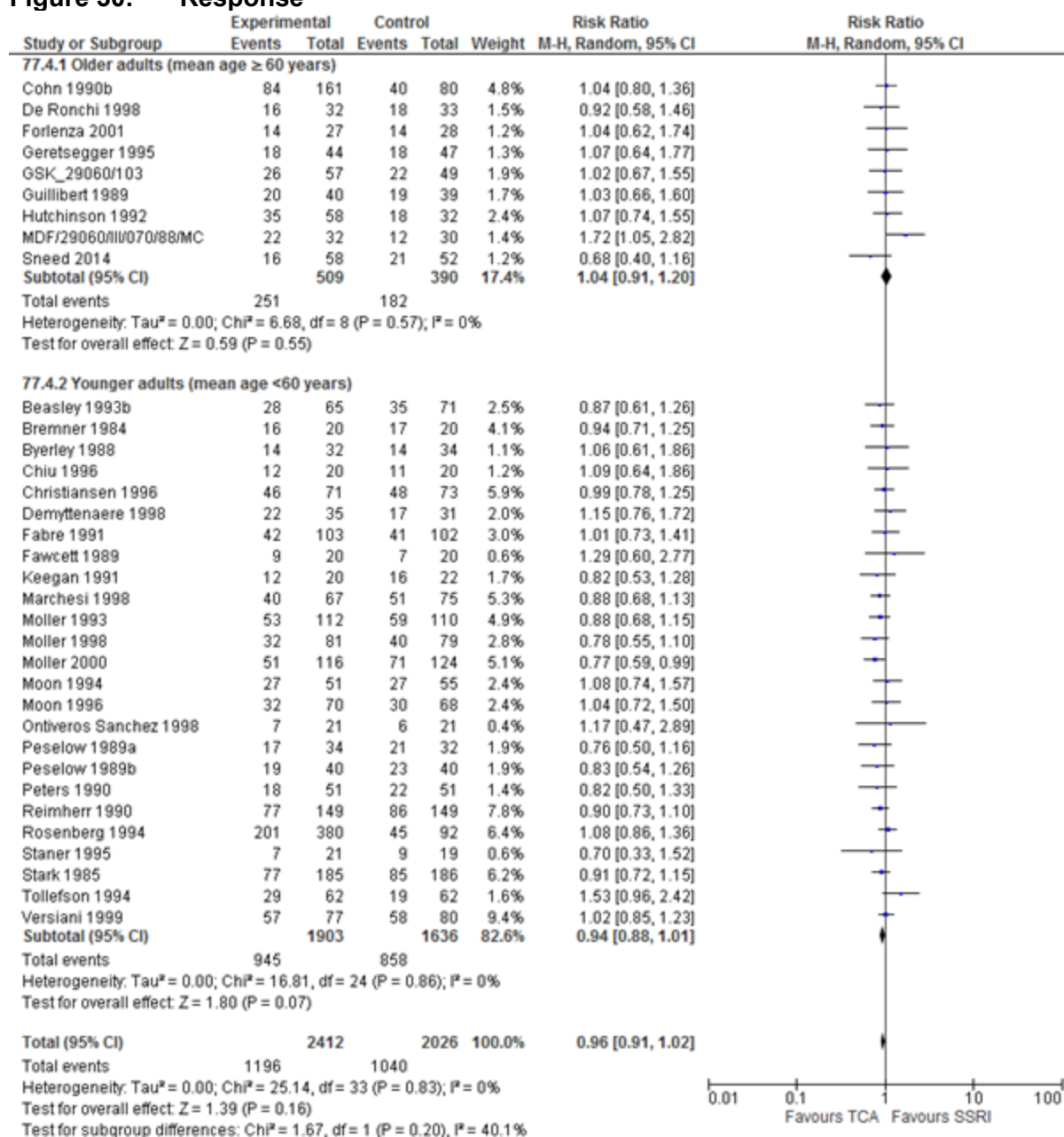


Figure 31: Discontinuation due to side effects

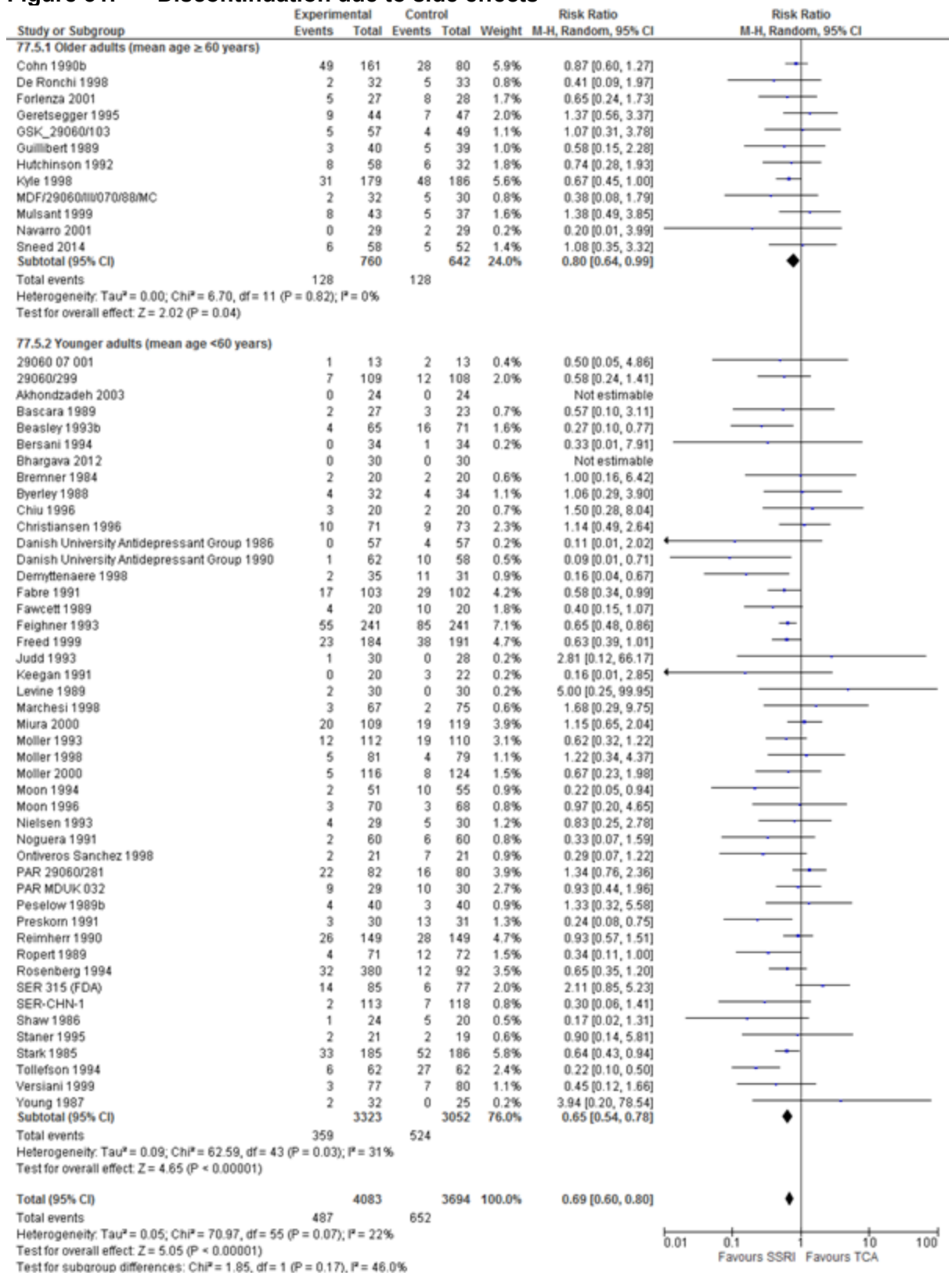
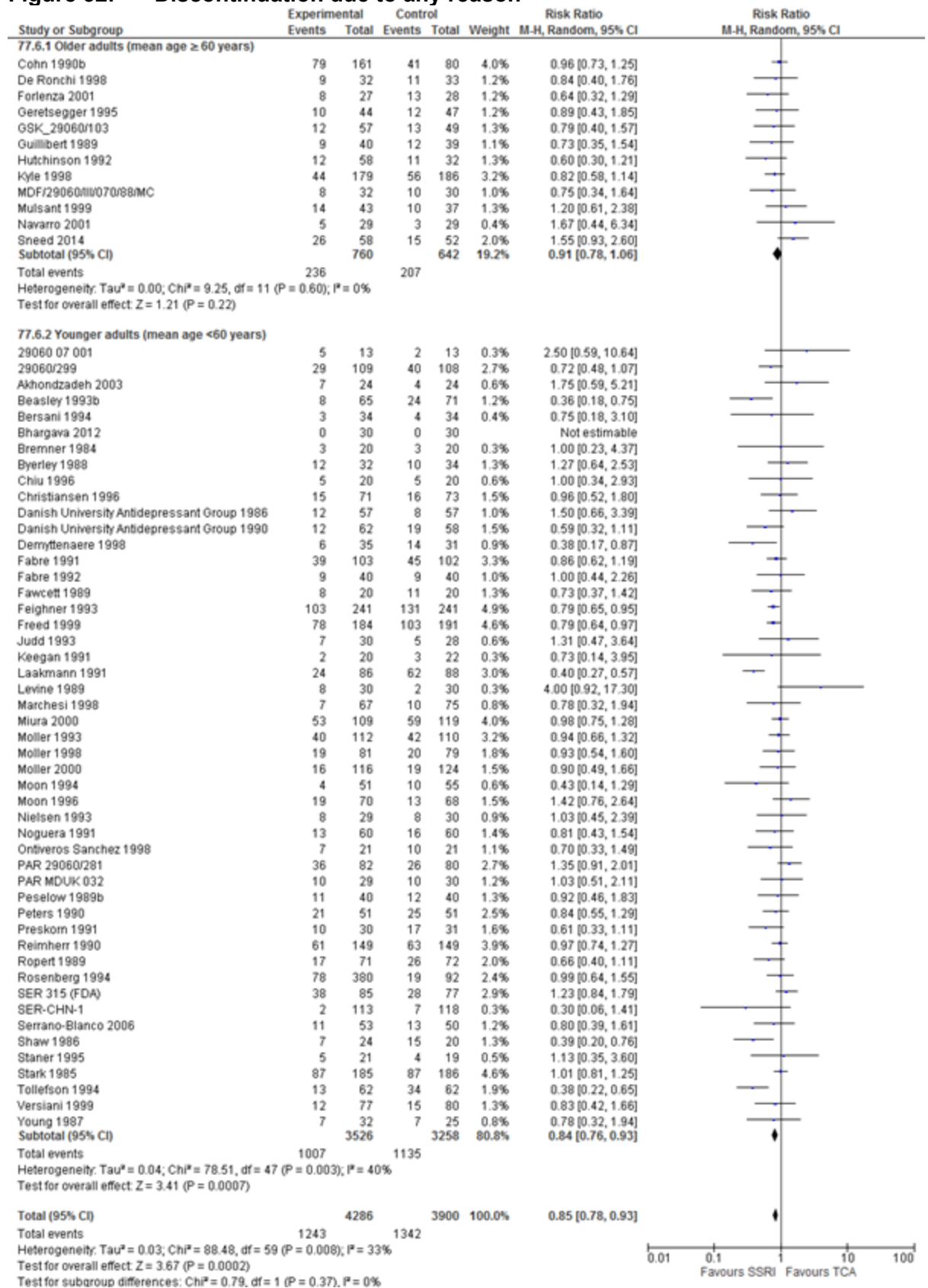


Figure 32: Discontinuation due to any reason



TCA versus placebo

Figure 33: Remission

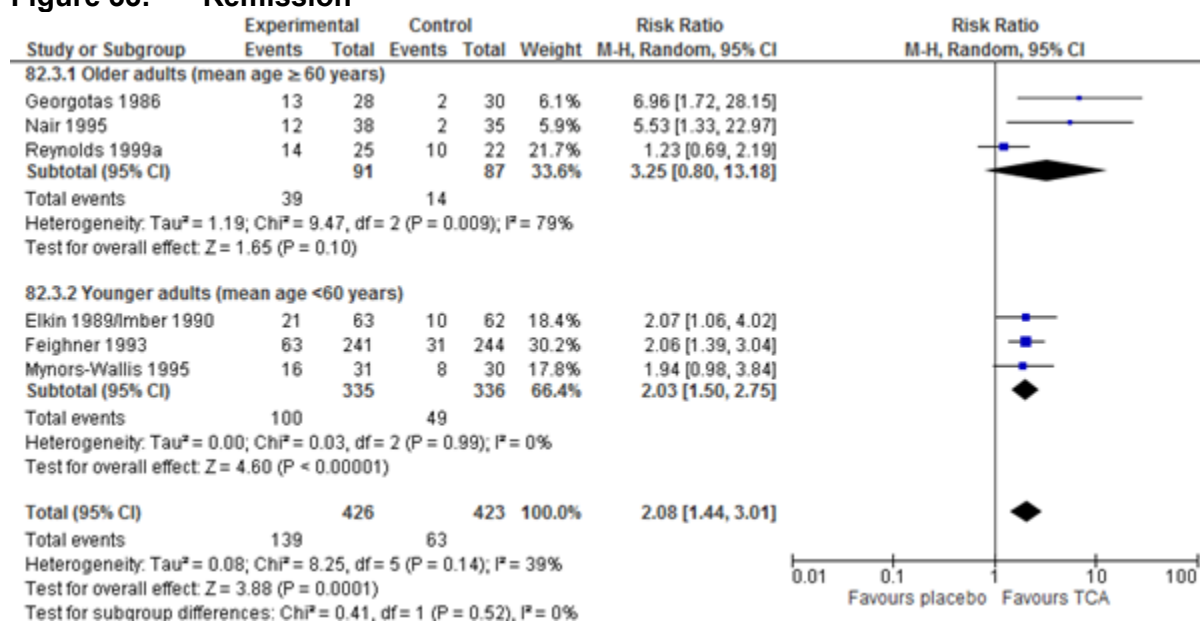


Figure 34: Response

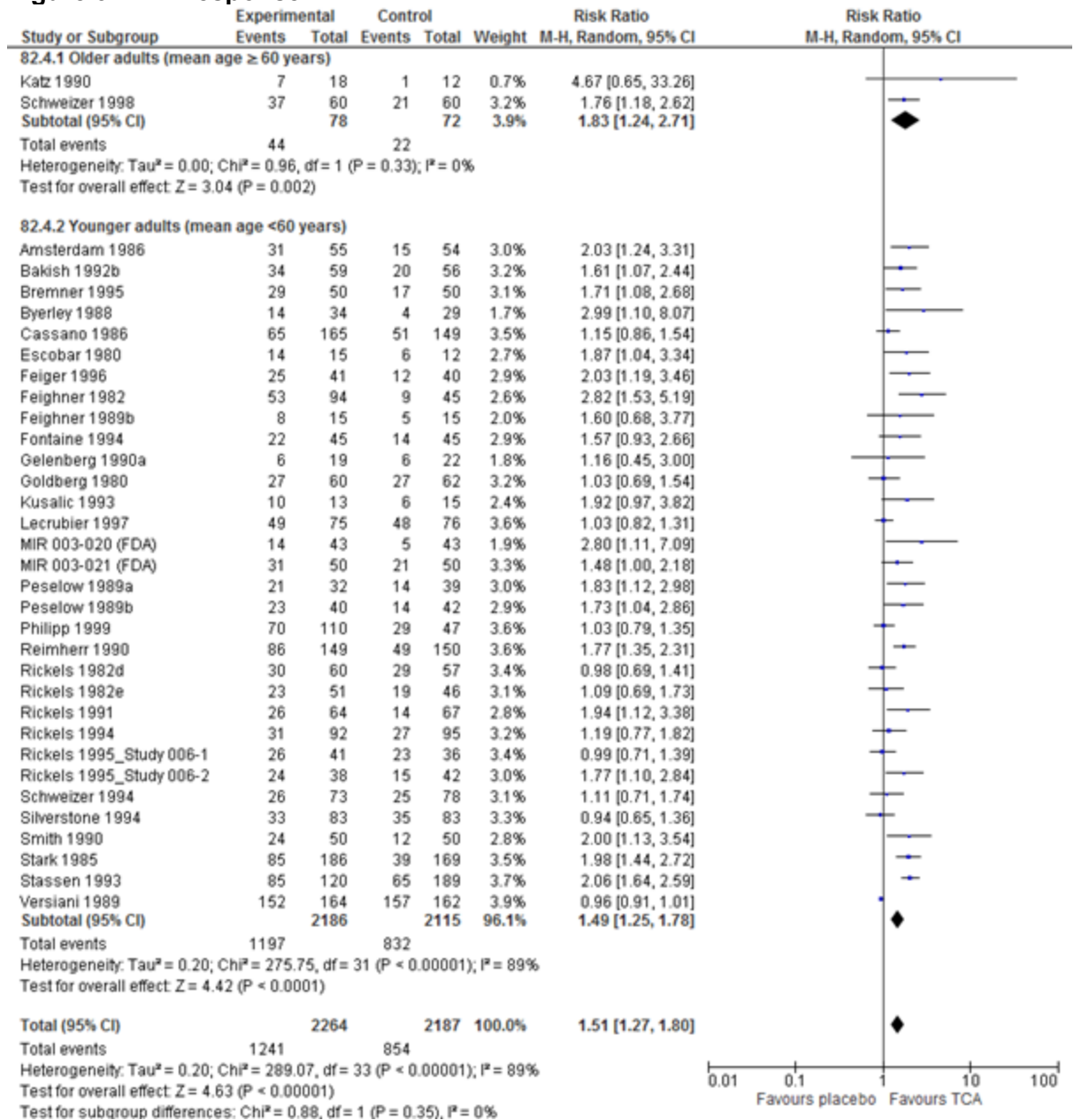


Figure 35: Discontinuation due to side effects

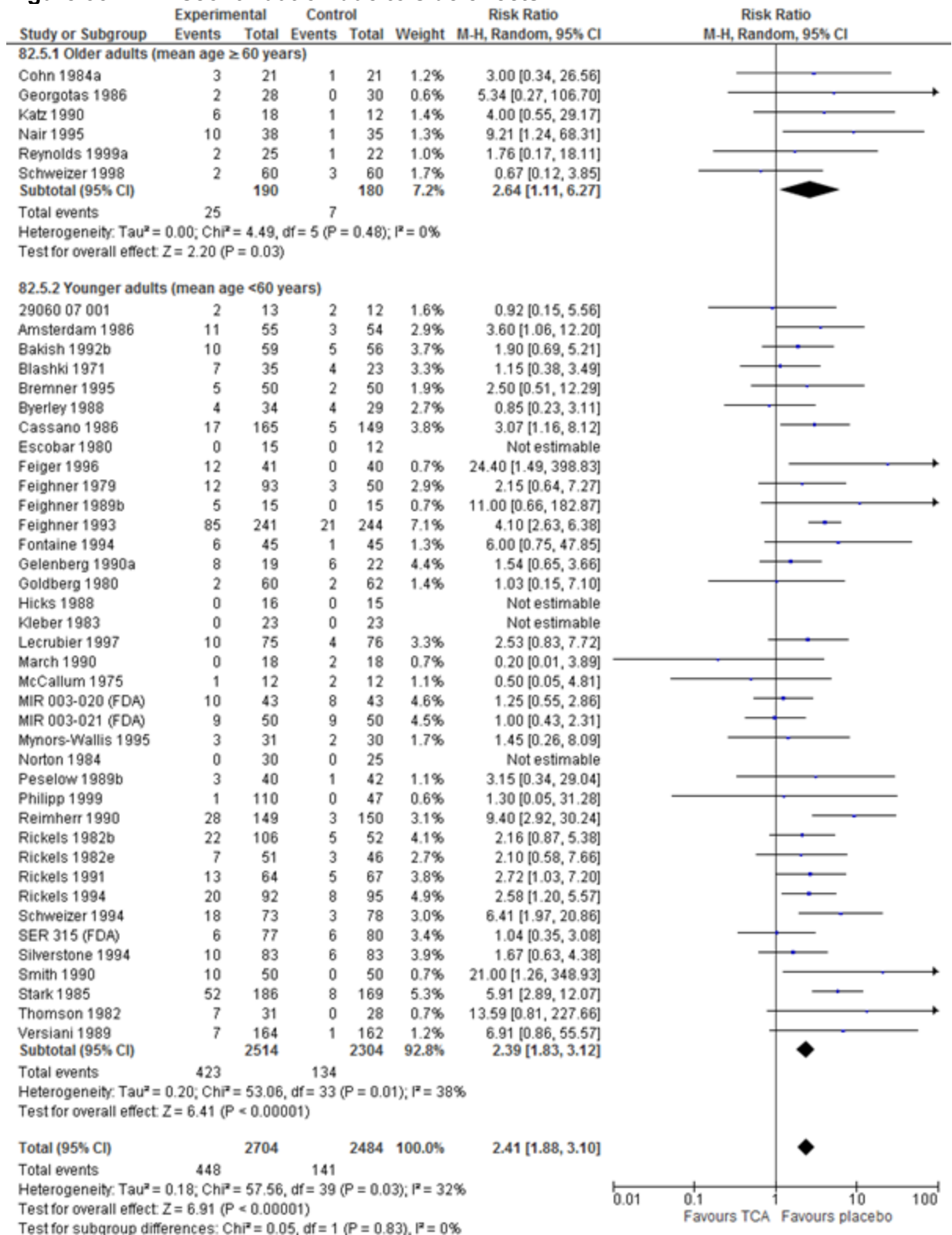
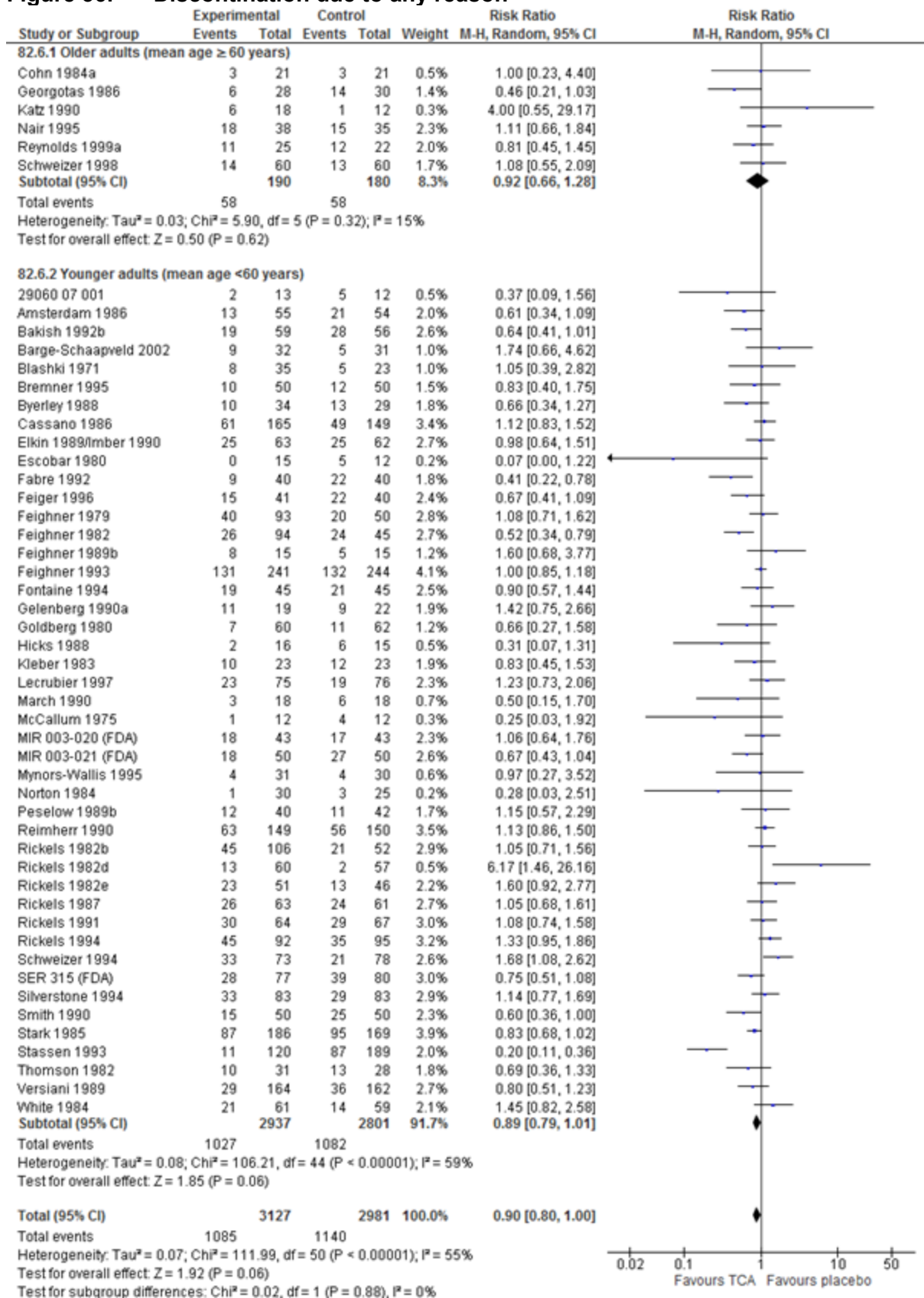


Figure 36: Discontinuation due to any reason



SNRIs versus placebo

Figure 37: Depression symptoms change score

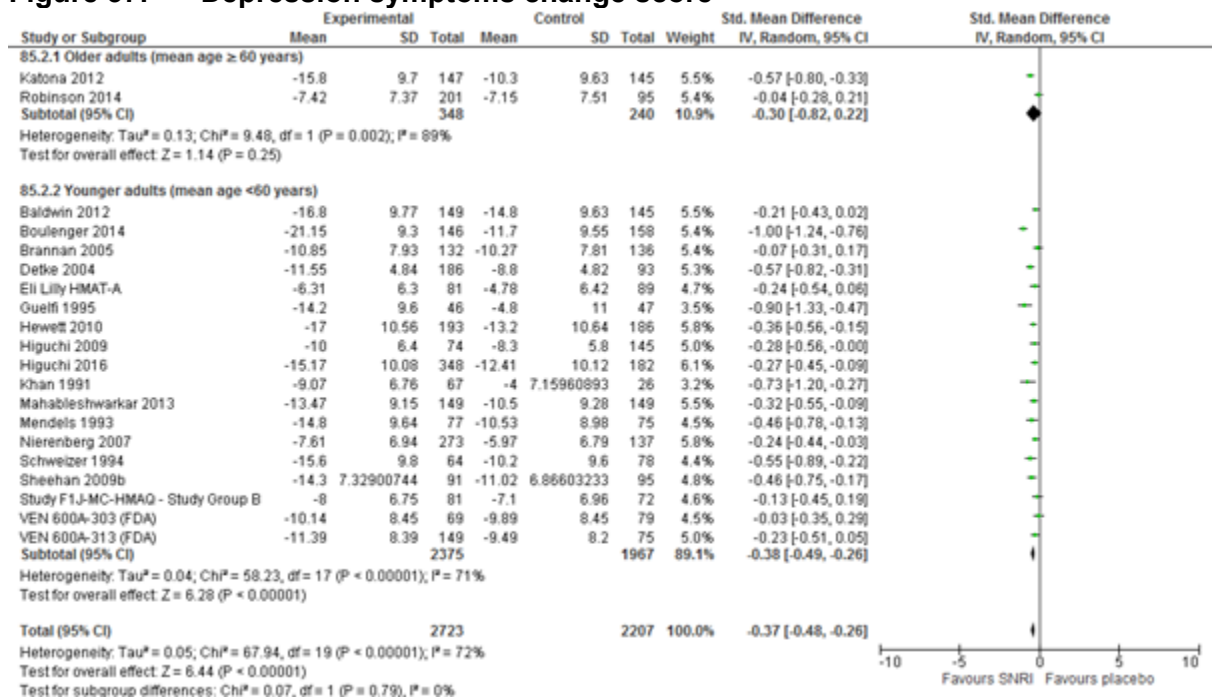


Figure 38: Remission

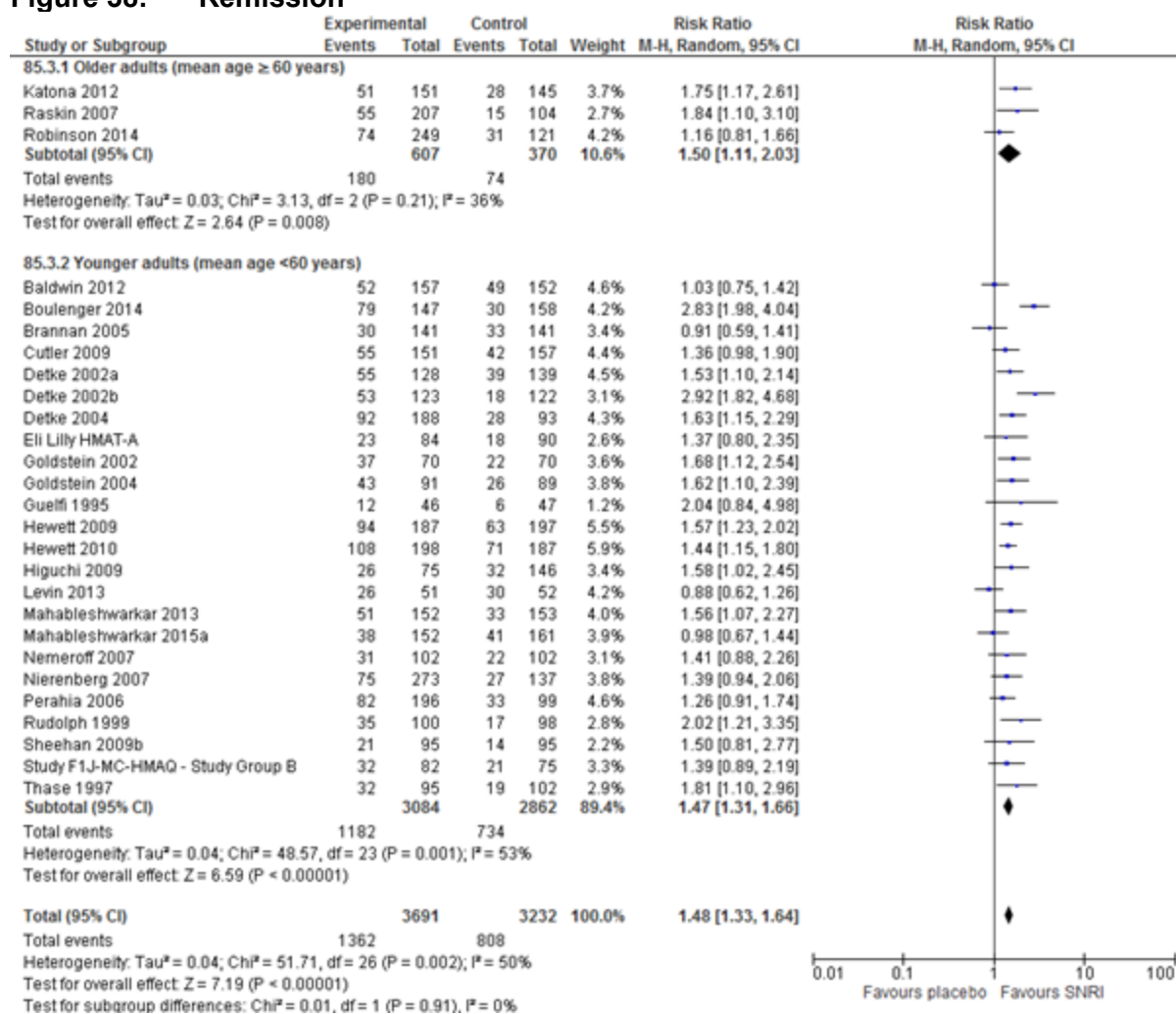


Figure 39: Response

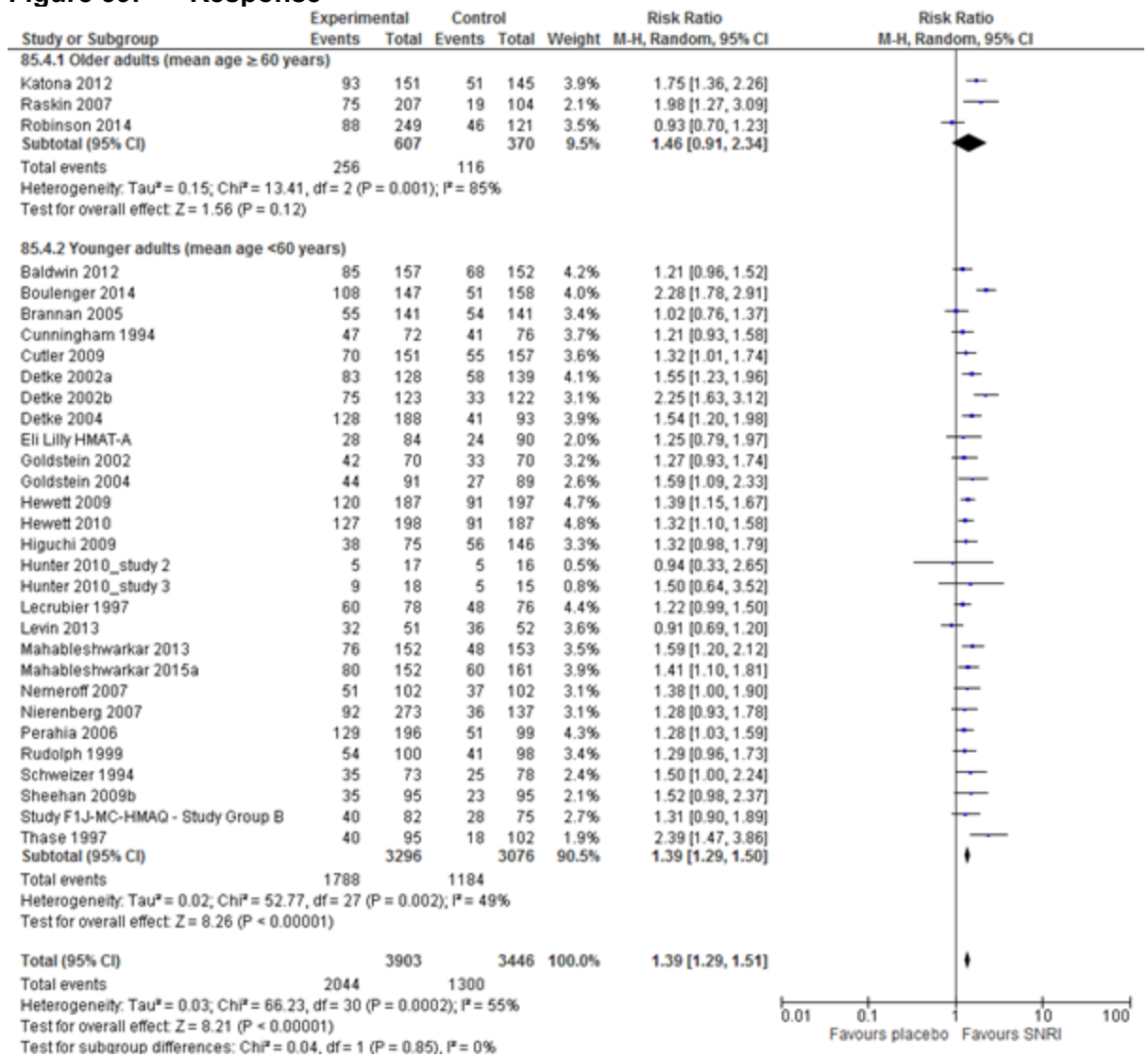


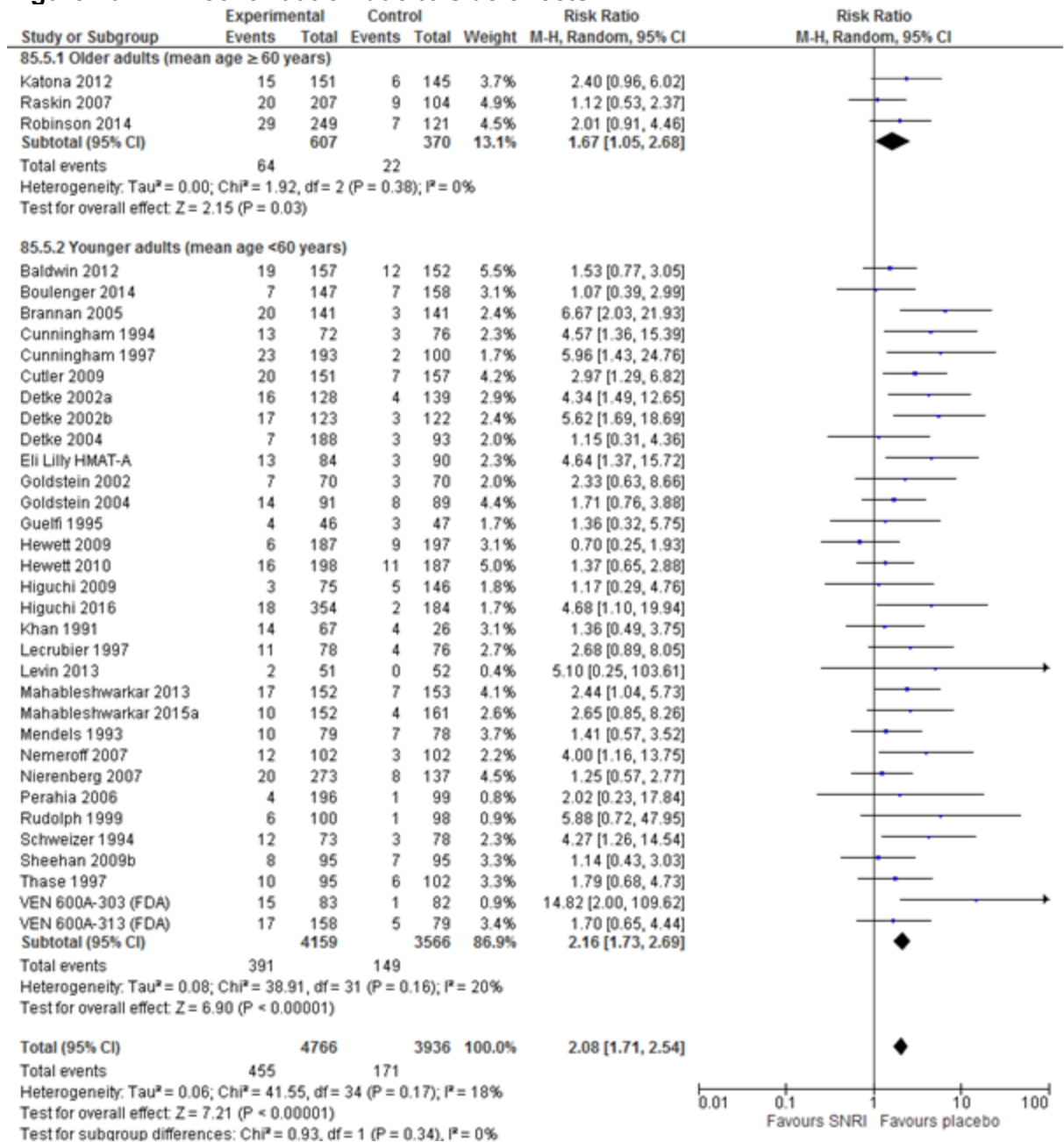
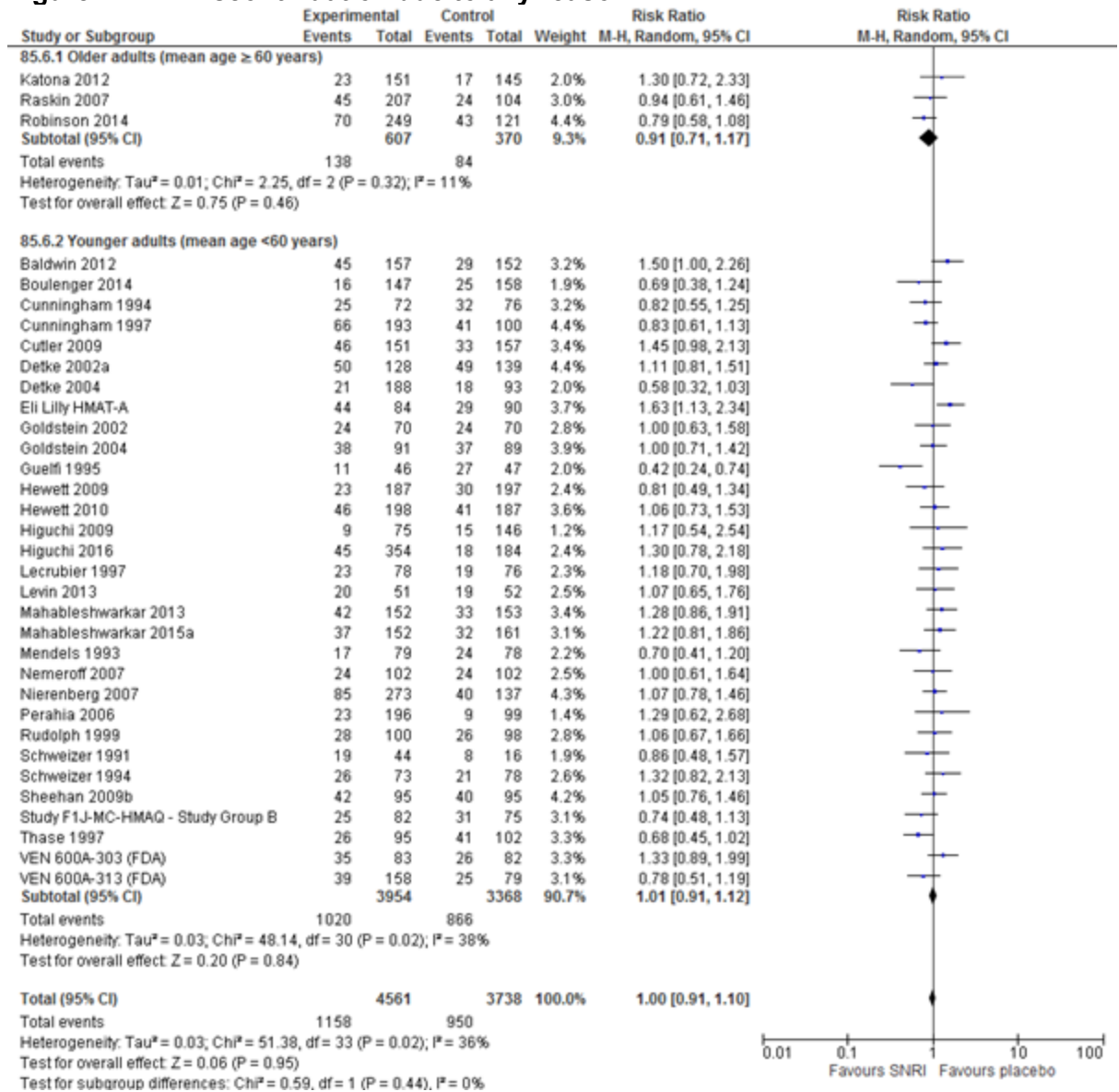
Figure 40: Discontinuation due to side effects

Figure 41: Discontinuation due to any reason

SNRIs versus TCAs

Figure 42: Discontinuation due to side effects

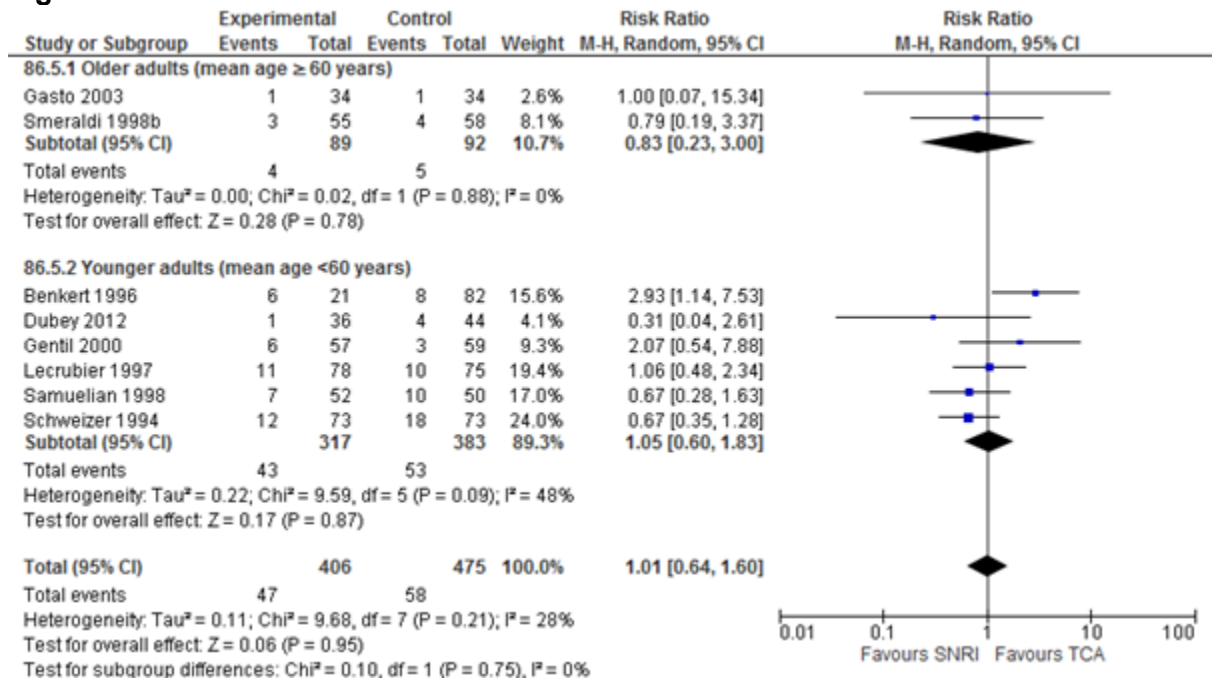
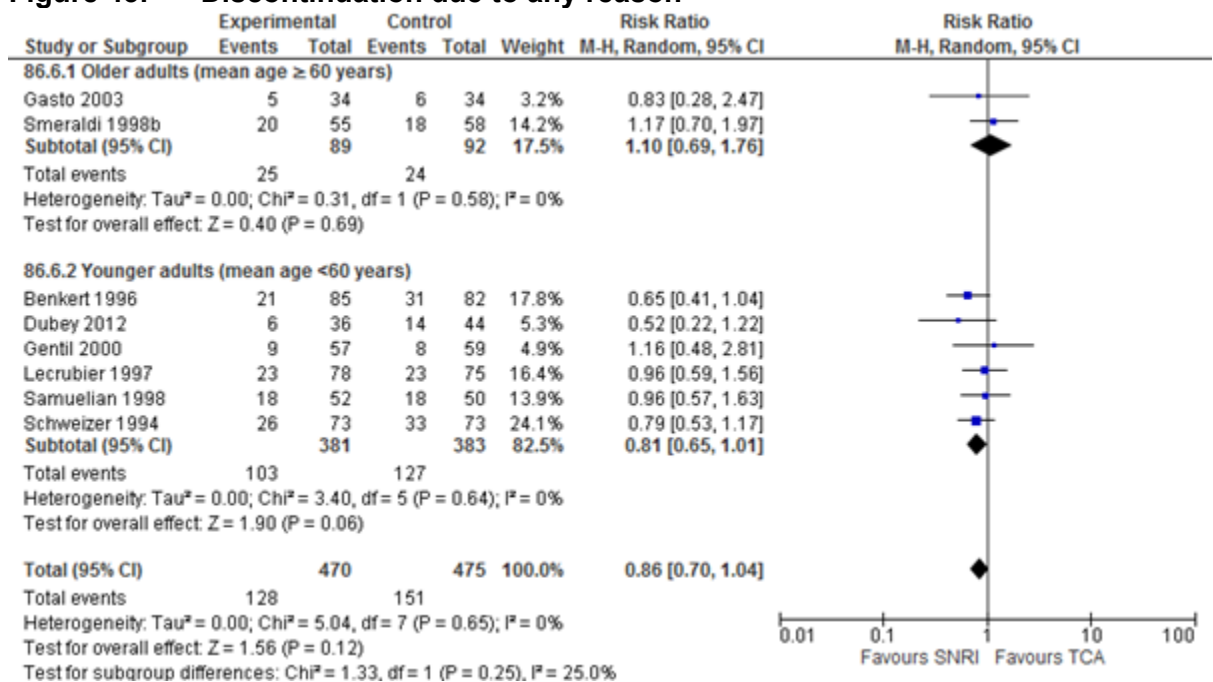


Figure 43: Discontinuation due to any reason



SNRIs versus SSRIs

Figure 44: Remission

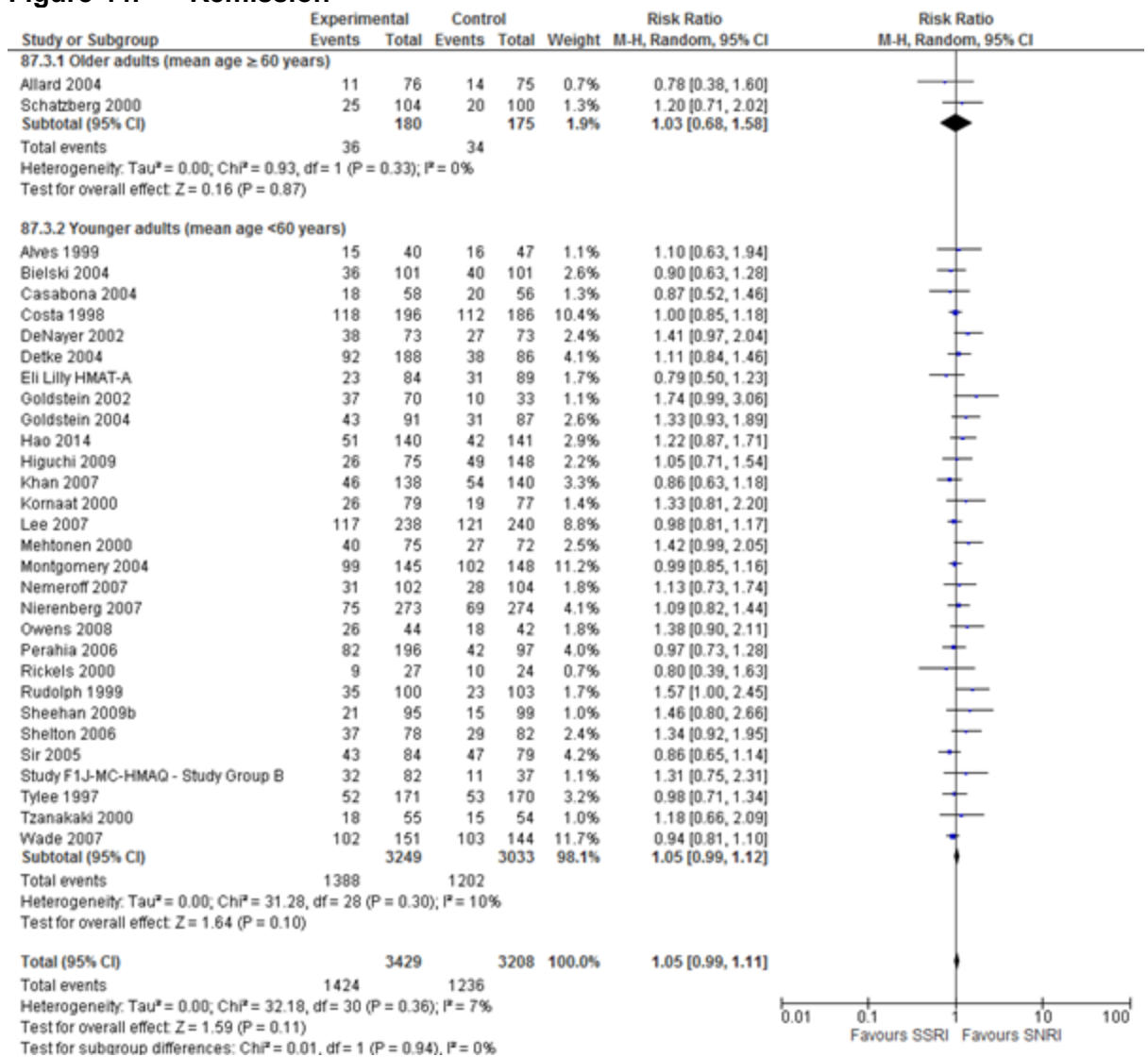


Figure 45: Response

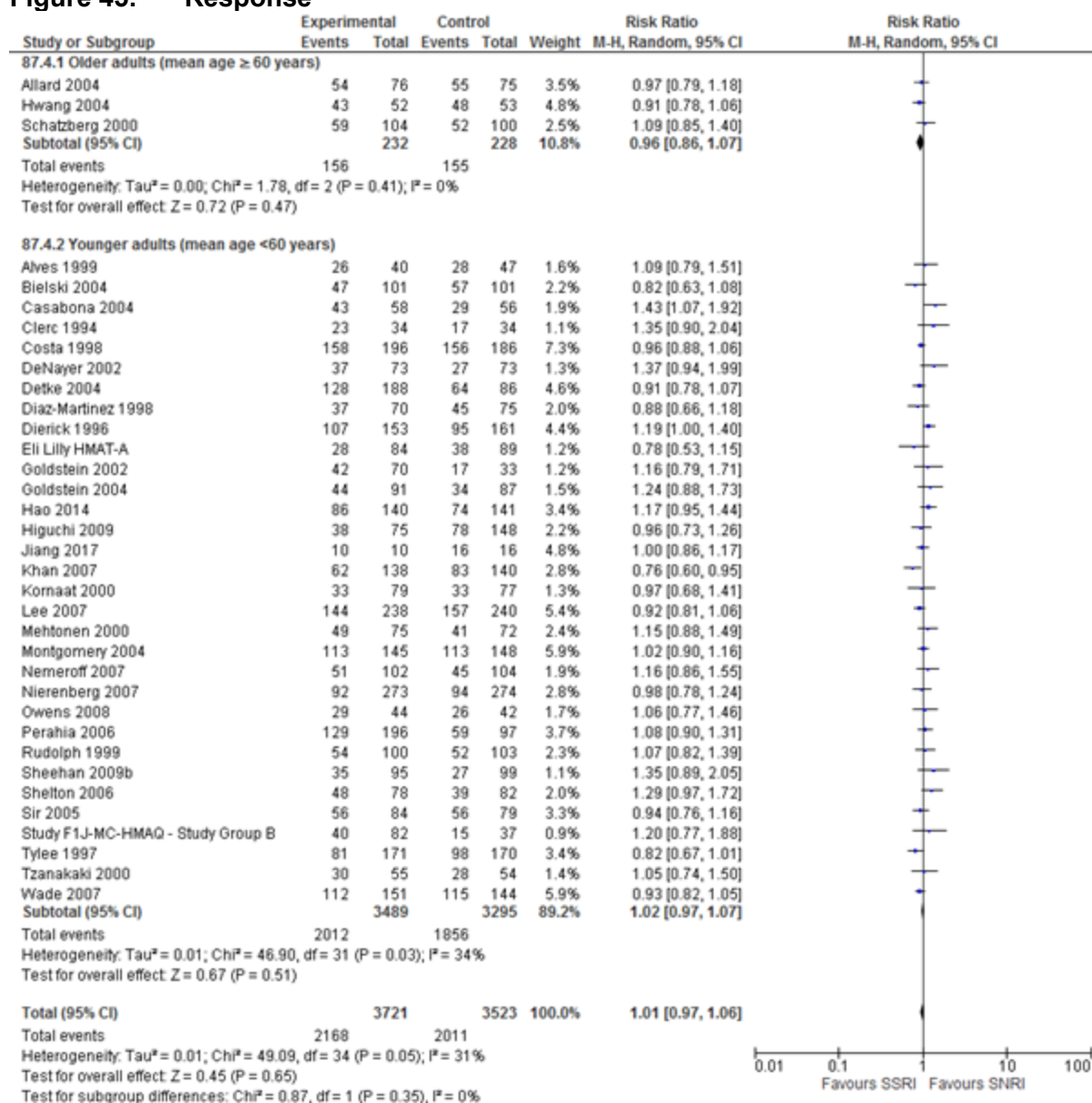


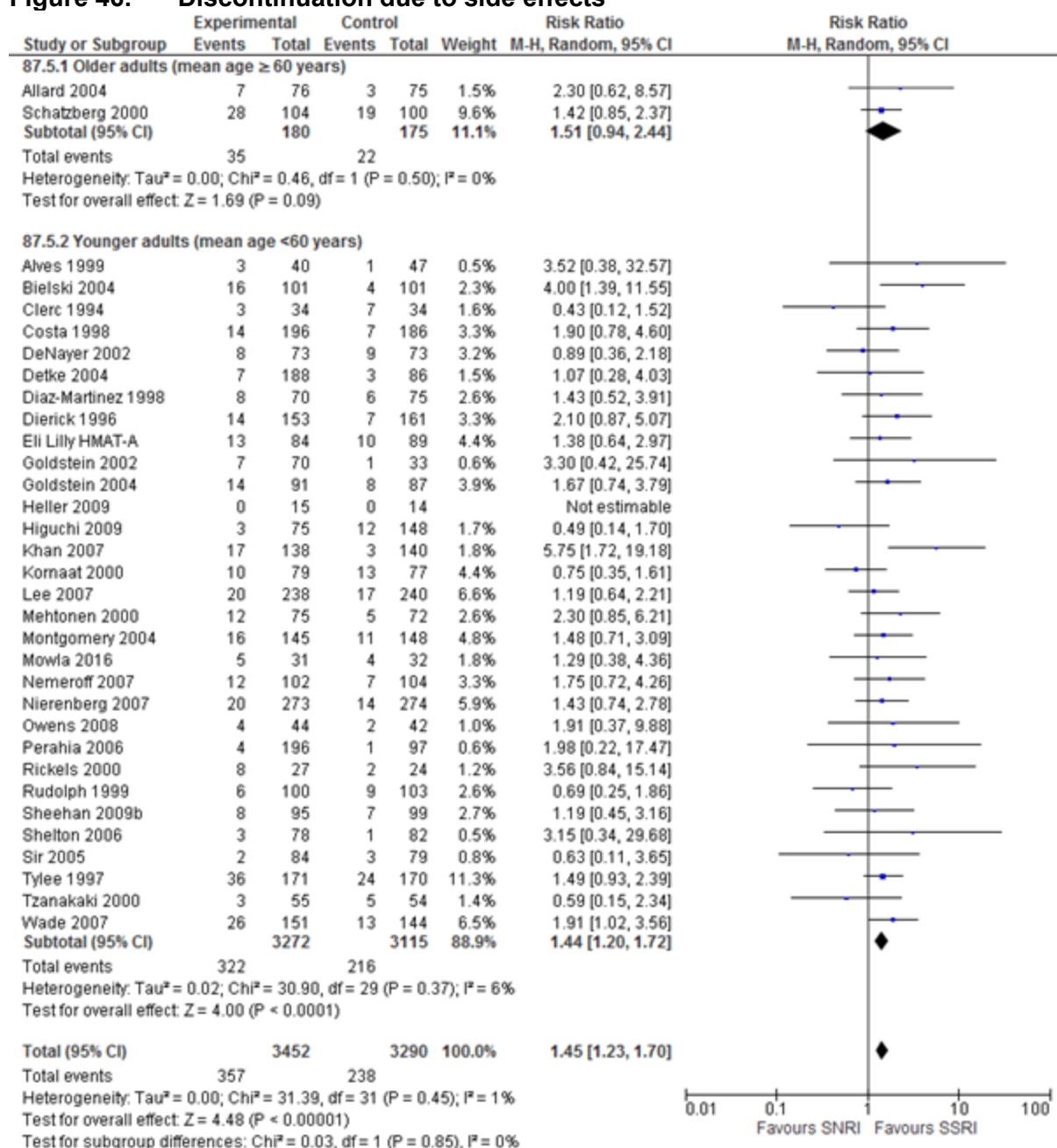
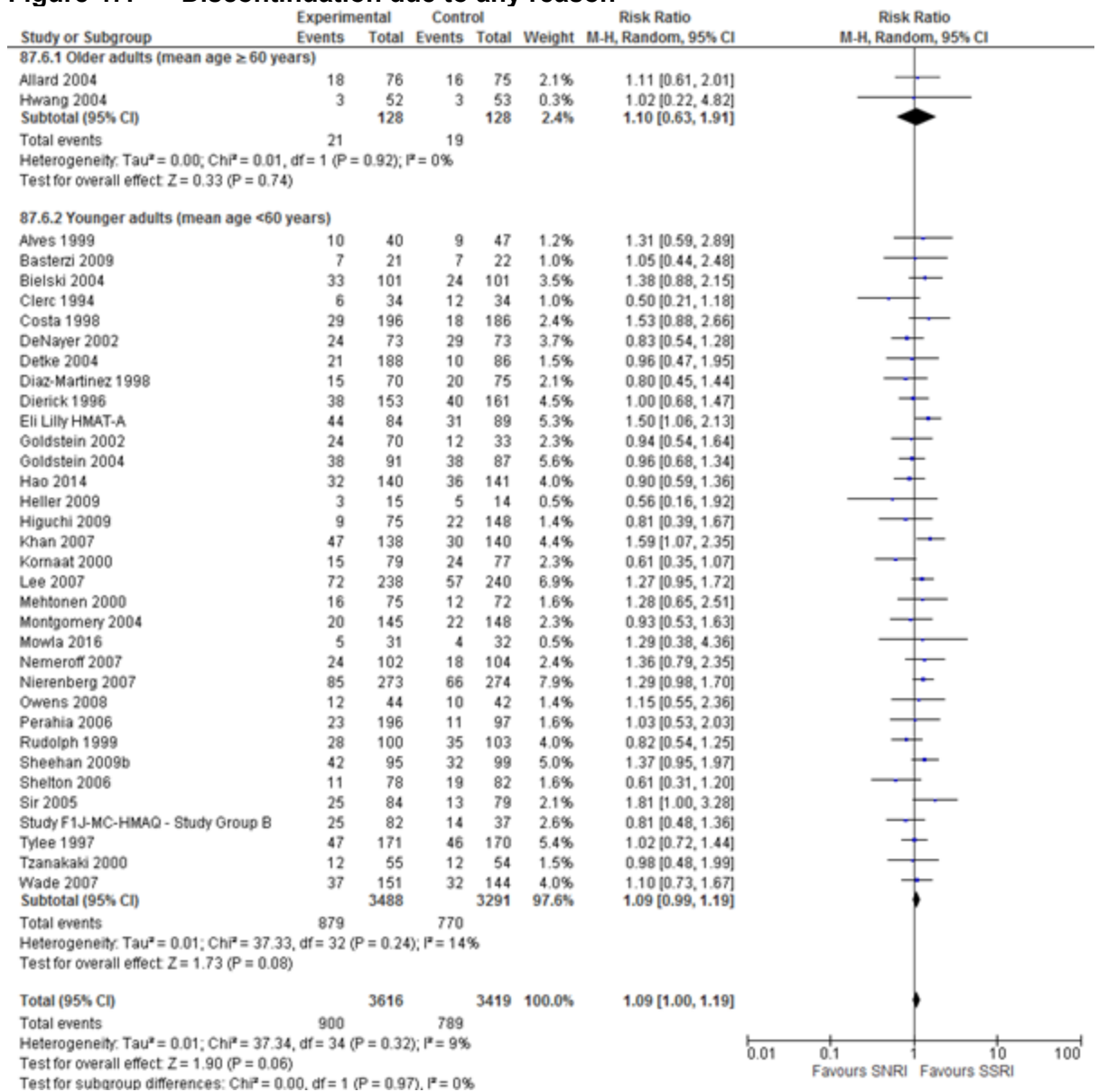
Figure 46: Discontinuation due to side effects

Figure 47: Discontinuation due to any reason



Trazodone versus TCAs

Figure 48: Discontinuation due to side effects

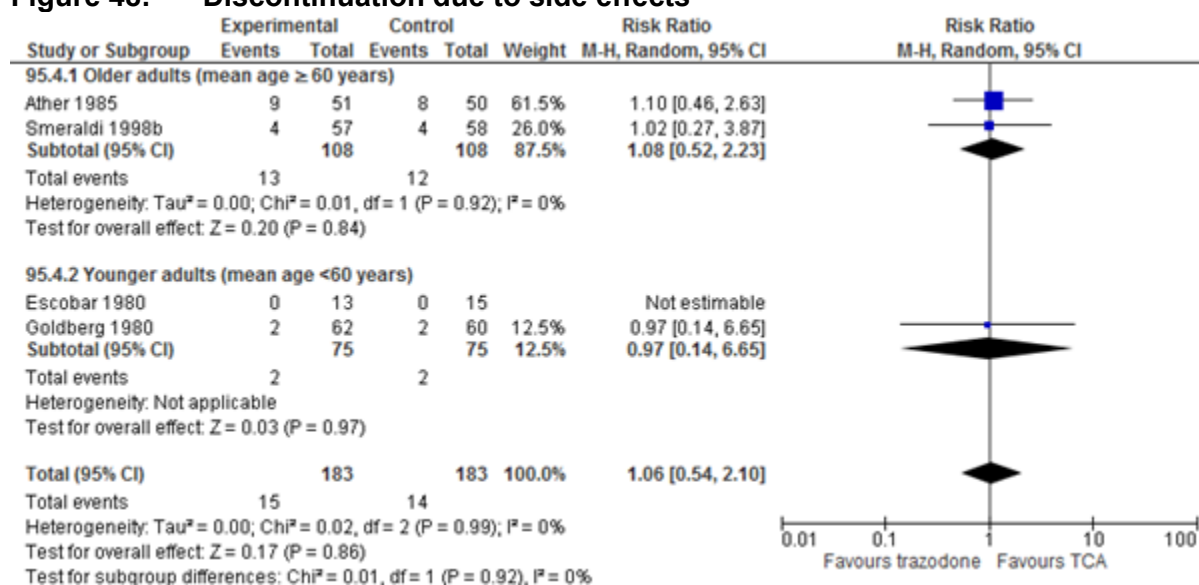
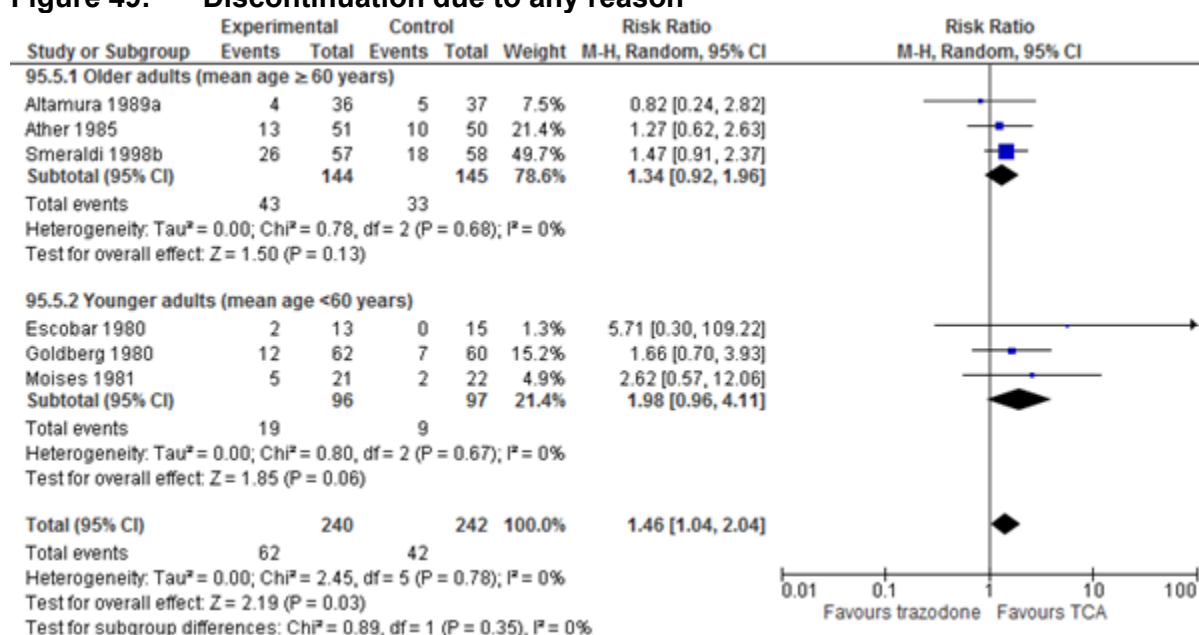


Figure 49: Discontinuation due to any reason



Pairwise meta-analysis of couple interventions (not included in the NMA)

Behavioural couples therapy versus waitlist

Figure 50: Depression symptoms endpoint

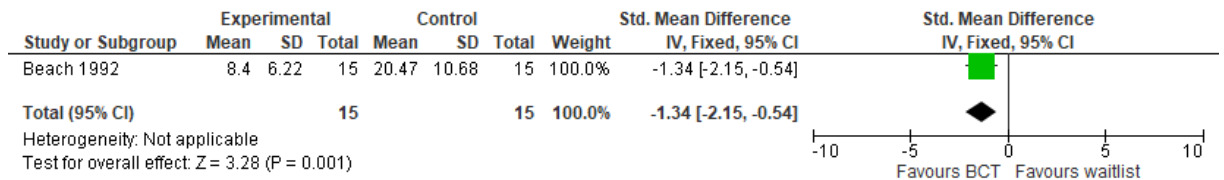


Figure 51: Depression symptoms change score

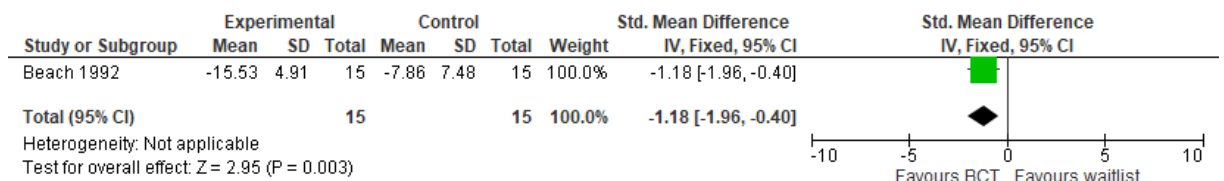


Figure 52: Marital adjustment endpoint

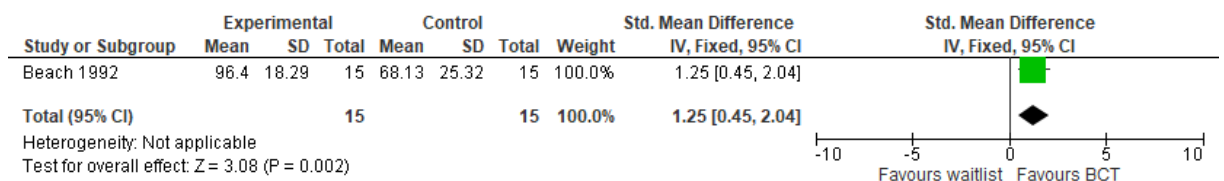
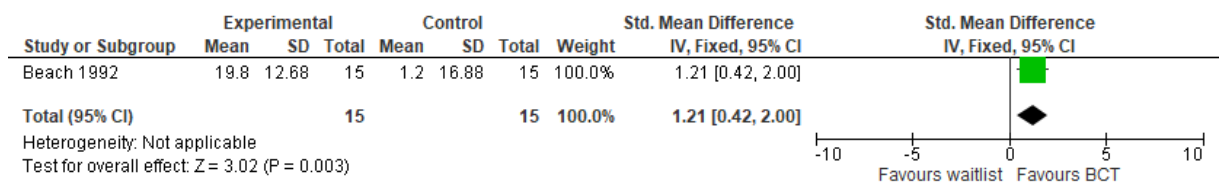


Figure 53: Marital adjustment change score



Behavioural couples therapy versus CBT individual

Figure 54: Depression symptoms endpoint

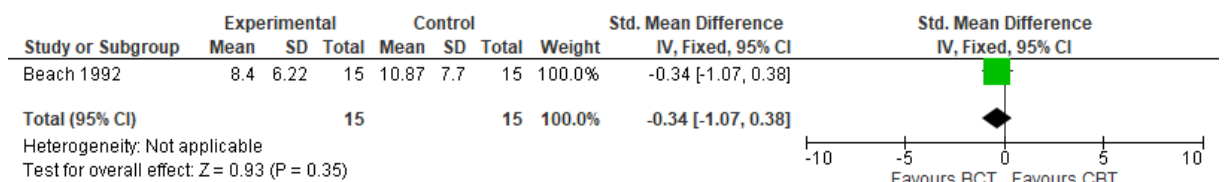


Figure 55: Depression symptoms change score

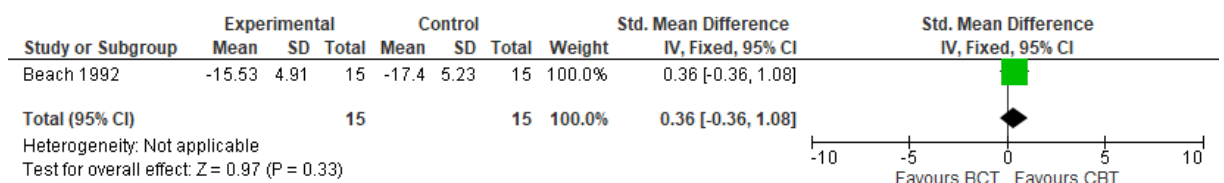


Figure 56: Marital adjustment endpoint

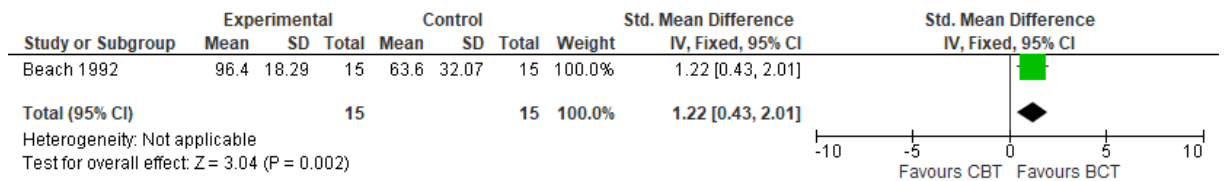
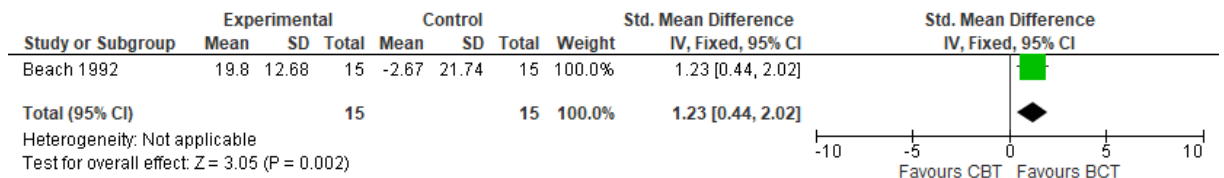


Figure 57: Marital adjustment change score



CBT individual versus waitlist

Figure 58: Depression symptoms endpoint

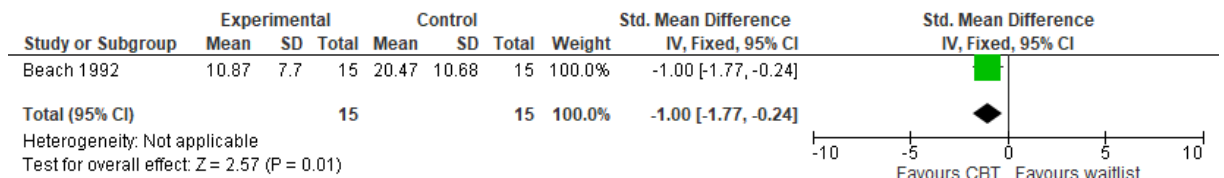


Figure 59: Depression symptoms change score

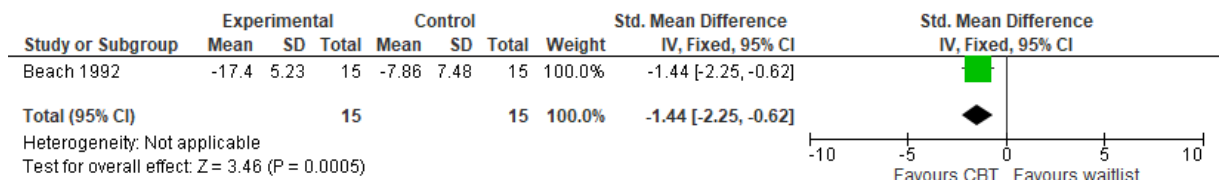


Figure 60: Marital adjustment endpoint

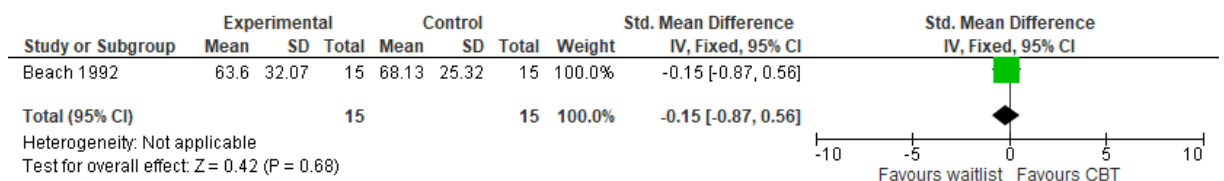


Figure 61: Marital adjustment change score

