Kim, 2014

Bibliographic Reference

Kim, E. K.; Jang, S. H.; Choi, Y. H.; Lee, K. S.; Kim, Y. J.; Kim, S. H.; Lee, H. K.; Effect of an oral hygienic care program for stroke patients in the intensive care unit; Yonsei Medical Journal; 2014; vol. 55 (no. 1); 240-6

Study details

| Secondary publication of another included study- see primary study for details | No additional information. |
|--|-----------------------------------|
| Other publications associated with this study included in review | No additional information. |
| Trial name / registration number | No additional information. |
| Study type | Randomised controlled trial (RCT) |

| Study location | South Korea (Daegu) |
|---|---|
| Study setting | People admitted to the intensive care unit of the neurosurgery department of a university hospital. |
| Study dates | No additional information. |
| Sources of funding | This research was supported by research grants from Yeung-nam University in 2010. |
| Inclusion criteria | First-ever stroke; had six or more teeth. |
| Exclusion criteria | Sign of infection with any contagious pathogen. |
| Recruitment / selection of participants | No additional information. |
| Intervention(s) | Oral hygiene intervention (once per day) N=45 |
| | Oral hygienic management administered by one dentist once every day for an average of 2.2 weeks (range 1-5 weeks). For people without consciousness, a mouth gag for dental care was used to keep the mouth open. A children's toothbrush and an interdental toothbrush were used for removal of plaque on the teeth, while a tongue cleaner was used to get rid of plaque on the tongue. Then, gauze soaked with 0.5% chlorohexidine was used to clean oral mucosa and tooth surfaces and to remove foreign bodies inside the mouth. |
| Comparator | Usual care N=45 No specific oral hygiene intervention. |
| Number of participants | 90 |
| Duration of follow- up | For the duration of their ICU stay (mean 2.2 weeks, range 1-5 weeks). Will consider the mean follow up time for analysis. |
| Additional comments | No additional information. |
| Subgroup 1: Severity (as stated by category or as | Not stated/unclear |

| measured by NIHSS scale) | |
|---|---|
| Subgroup 2: Type of stroke (using the Bamford scale) | Not stated/unclear |
| Subgroup 3: Dysphagia at baseline | Not stated/unclear |
| Subgroup 4: Type of intervention | Professional tooth cleaning |
| Subgroup 5: People who are nil- by-mouth at baseline | Not stated/unclear |
| Subgroup analysis - further details | Type of stroke: Reported infarction (6) compared to haemorrhage (50). |

Study arms

Oral hygiene intervention (once per day) (N = 45)

Oral hygienic management administered by one dentist once every day for an average of 2.2 weeks (range 1-5 weeks). For people without consciousness, a mouth gag for dental care was used to keep the mouth open. A children's toothbrush and an interdental toothbrush were used for removal of plaque on the teeth, while a tongue cleaner was used to get rid of plaque on the tongue. Then, gauze soaked with 0.5% chlorohexidine was used to clean oral mucosa and tooth surfaces and to remove foreign bodies inside the mouth.

Usual care (N = 45)

No specific oral hygiene intervention.

Characteristics

Arm-level characteristics

| Characteristic | Oral hygiene intervention (once per day) (N = 45) | Usual care (N = 45) |
|-------------------------------|---|---------------------|
| % Female | n = 16; % = 55.2 | n = 13; % = 48.1 |
| Sample size Mean age (SD) | 57.38 (14.22) | 56.15 (14.55) |
| Mean (SD) Ethnicity Nominal | NR | NR |
| Comorbidities Nominal | NR | NR |
| Severity Nominal | NR | NR |
| Infarct Sample size | n = 3; % = 10.3 | n = 3; % = 11.1 |
| Haemorrhagic Sample size | n = 26; % = 89.7 | n = 24 ; % = 88.9 |
| Dysphagia at baseline Nominal | NR | NR |

| Characteristic | Oral hygiene intervention (once per day) (N = 45) | Usual care (N = 45) |
|---|---|---------------------|
| People who are nil-by-mouth at baseline | NR | NR |
| Nominal | | |

Outcomes

Study timepoints

- Baseline
- 2 week (Will be included as ≤3 months)

Oral hygiene intervention (once per week) compared to usual care at ≤3 months - dichotomous outcomes

| Outcome | Oral hygiene intervention (once per day), Baseline, N = 45 | | · | Usual care, 2 week, N = 27 |
|--|--|----|----|----------------------------------|
| Presence of oral disease (oral candidiasis) - tongue Including anyone with candida >grade 1. Intervention: Grade 1 = 6, grade 2 = 3, grade 3 = 14. Control: Grade 1 = 6, grade 2 = 9, grade 3 = 9. Nominal | NR | 23 | NR | 24 |
| Presence of oral disease (oral candidiasis) - saliva Including anyone with candida > grade 1. Intervention: Grade 1 = 6, grade 2 = 6, grade 3 = 10. Control: Grade 1 = 6, grade 2 = 7, grade 3 = 7. Nominal | | 22 | NR | 20 |

| Outcome | Oral hygiene intervention (once per day), Baseline, N = 45 | | | Usual care, 2 week, N = 27 |
|---|--|---|----|----------------------------------|
| Mortality Reported in study as 'expiration' | NR | 2 | NR | 3 |
| Nominal | | | | |

Presence of oral disease (oral candidiasis) - tongue - Polarity - Lower values are better

Presence of oral disease (oral candidiasis) - saliva - Polarity - Lower values are better

Mortality - Polarity - Lower values are better

Oral hygiene intervention (once per week) compared to usual care at ≤3 months - continuous outcomes

| Outcome | Oral hygiene intervention (once per day), Baseline, N = 45 | Oral hygiene intervention (once per day), 2 week, N = 29 | Usual care, Baseline, N = 45 | Usual care, 2 week, N = 27 |
|---|--|--|---------------------------------|-------------------------------|
| Presence of oral disease (gingivitis - gingival index) Continuous outcome. Will be downgraded due to indirectness. Scale range: 0-3. Mean (SD) | 1.54 (0.47) | 0.47 (0.64) | 1.3 (0.53) | 1.6 (0.61) |
| Length of hospital stay (length of ICU admission) (days) Downgrade for indirectness as only reporting ICU admission length Mean (SD) | NA (NA) | 15.69 (10.02) | NA (NA) | 18.15 (8.07) |

Presence of oral disease (gingivitis - gingival index) - Polarity - Lower values are better Length of hospital stay (length of ICU admission) - Polarity - Lower values are better

Critical appraisal - Cochrane Risk of Bias tool (RoB 2.0) Normal RCT

Oralhygieneintervention(onceperweek)comparedtousualcareat≤3months-dichotomousoutcomes-Presenceoforaldisease(oralcandidiasis)-tongue-Nominal-Oral hygiene intervention (once per day)-Usual care-t2

| Section | Question | Answer |
|-----------------------------|------------------------|---------------------|
| Overall bias and Directness | Risk of bias judgement | High |
| Overall bias and Directness | Overall Directness | Directly applicable |

Oralhygieneintervention(onceperweek)comparedtousualcareat≤3months-dichotomousoutcomes-Presenceoforaldisease(oralcandidiasis)-saliva-Nominal-Oral hygiene intervention (once per day)-Usual care-t2

| Section | Question | Answer |
|-----------------------------|------------------------|---------------------|
| Overall bias and Directness | Risk of bias judgement | High |
| Overall bias and Directness | Overall Directness | Directly applicable |

Oralhygieneintervention(onceperweek)comparedtousualcareat≤3months-dichotomousoutcomes-Mortality-Nominal-Oral hygiene intervention (once per day)-Usual care-t2

| Section | Question | Answer |
|-----------------------------|------------------------|---------------------|
| Overall bias and Directness | Risk of bias judgement | High |
| Overall bias and Directness | Overall Directness | Directly applicable |

Oralhygieneintervention(onceperweek)comparedtousualcareat≤3months-continuousoutcomes-Presenceoforaldisease(gingivitis-gingivalindex)-MeanSD-Oral hygiene intervention (once per day)-Usual care-t2

| Section | Question | Answer |
|-----------------------------|------------------------|--|
| Overall bias and Directness | Risk of bias judgement | High |
| Overall bias and Directness | Overall Directness | Partially applicable (Downgraded due to outcome indirectness (continuous scale for an outcome prespecified to be dichotomous in the protocol)) |

Oralhygieneintervention(onceperweek)comparedtousualcareat≤3months-continuousoutcomes-Lengthofhospitalstay(lengthoflCUadmission)-MeanSD-Oral hygiene intervention (once per day)-Usual care-t2

| Section | Question | Answer |
|-----------------------------|------------------------|---|
| Overall bias and Directness | Risk of bias judgement | High |
| Overall bias and Directness | Overall Directness | Partially applicable (Downgraded due to outcome indirectness (length of ITU stay rather than length of hospital admission)) |